

and

HOW TO ACCESS SUPPORT SERVICES

On January 4th, 2021, the Algoma Public Health Unit advised the Garden River First Nation of a potential highrisk exposure to the COVID-19 Virus to anyone who attended a New Year's Eve gathering at a residence on December 31st, 2020 on the First Nation. Algoma Public Health is advising the public of this exposure because they do not have all the information to contact all persons who may have been exposed. It is imperative that anyone who attended this gathering follow public health guidance to prevent possible spread of the virus.

Detailed information regarding this high-risk exposure can be found on the Algoma Public Health website at: <u>www.algomapublichealth.com</u>

Anyone who attended this gathering may have been exposed to the COVID-19 Virus and is advised to immediately self-isolate and contact the Algoma Public Health Unit at 705-759-5404 or 1-866-892-0172 ext. 5404. (If no one answers, please leave a voicemail and someone will return your call).

The Garden River First Nation is closely monitoring this situation and the Algoma Public Health Unit has made contact with members of the household in question. The Algoma Public Health Contact Management Unit are also completing contact tracing with known persons who attended the residence.

We continue to encourage community members to self-monitor for any COVID-19 symptoms and if symptoms develop, contact the Algoma Public Health Unit at 705-759-5404.

Community members are **highly** encouraged to contact the Pandemic Response Coordinator at 705-971-7833, if they are currently self-isolating or quarantining, require support services, have questions regarding the laws, regulations or orders and any COVID-19 related matters.

We kindly ask our members to refrain from posting on social media outlets as we do not want to create panic, fear, speculation or gossip about any community members who may have been exposed to the COVID-19 Virus, are self-isolating or are at risk of being affected.

This is a highly sensitive matter and we do not want to place blame, criticize one another or shame our neighbours. We need to support one another at this time.

Support Services can be provided to self-isolating persons, which include:

- Grocery shopping,
- Prescription pick-ups,
- Mental health support services,
 - Addictions services,
 - Daily well-being check-ups,
 - Personal care kits



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