



KETEGAUNSEEBEE  
**GARDEN RIVER FIRST NATION**

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**December 16<sup>th</sup>, 2020**

**COVID-19 HOLIDAY SAFETY MESSAGE FOR  
INDIVIDUALS VISITING THE COMMUNITY FOR THE HOLIDAYS**

We know that being home with family and friends is what the holidays is all about. Protect your loved ones by following the health recommendations prior to returning to the Community. Travel increases the chance of getting and spreading COVID-19.

Individuals living away from home, including those studying at colleges and universities, should consider doing a self-quarantine or drastically reducing close contact with others 10-14 days before returning to the Community for the Holidays.

Individuals unable to reduce close contact with others before returning home, should limit close contact with others, especially elders and individuals who are immunocompromised or have underlying medical conditions, upon their return.

If you are hosting family members who are travelling from outside the Algoma District, we urge you to be prepared before they arrive. While visiting, we recommend:

- Using a separate bedroom and a separate washroom (if available) while visiting;
  - Monitor for COVID-19 symptoms throughout your entire stay;
  - Limit contact with only those persons in the household;
  - Have a plan if you become sick while you are visiting for the Holidays;
- Do not go visiting and have another person pick up essential items you may need;
- Clean/disinfect high touch surfaces, such as faucets, doorknobs, counter tops, etc, regularly;
- Have a plan in case someone becomes ill, even with mild symptoms. What are your plans for self-isolation, health care and travel home?

International students are **STRONGLY URGED** to quarantine upon their arrival in the Community



OJIBWAYS OF ROBINSON-HURON TREATY OF 1850