

Leaves changing
colour moon
September 2022



Waabaabagaa-giizis



Garden River First Nation

The Creator's Garden

Volume 22
Issue: 9

Community Newsletter

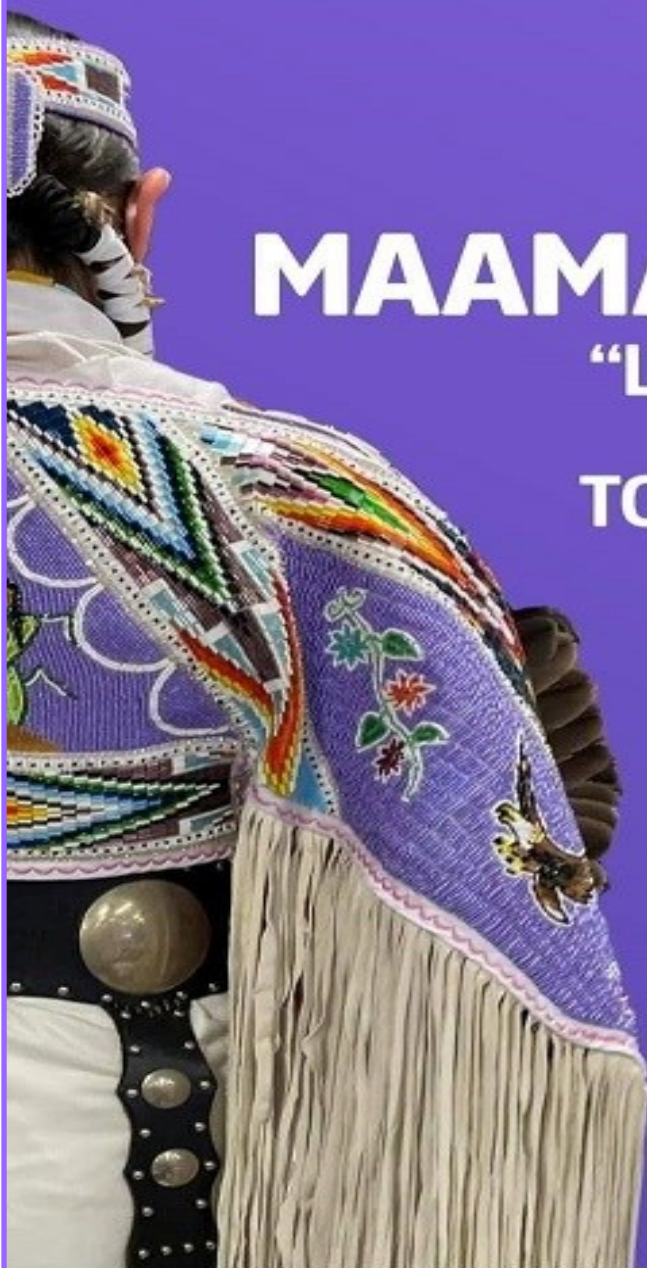


SAULT COLLEGE
POWWOW

MAAMAWIZIDAA

“LET’S ALL
COME
TOGETHER”

SEPT 10
2022



Head Female Dancer **Mikaela Agawa**
Head Male Dancer **Naakwam Shawanda**
Host Drum **Bear Creek**
Co Host Drum **Under the Pines**
MC **Joel Syrette**
Arena Director **Kevin Syrette**
Head Veteran **William Morin**

SAULT COLLEGE
HEALTH & WELLNESS CENTRE GYM
GRAND ENTRY 12:00PM & 7:00 PM

For any questions please contact Sarah Grant:
705.759.2554 ex. 2758
sarah.grant@saultcollege.ca



Words from the Chief...



Aaniin, boozhoo elders, youth, and citizens!

September is already here, the leaves are changing, it's getting dark in the evenings and our children are back to school. The month of August has been a busy one in relation to the events we've held here in the community and it's nice to have visited with members along the way. It has been a long 2 years full of many changes and a few challenges along the way. No matter what the situation, we continue to move on as a community and push forward through these times as a collective.

I'd like to start off by thanking the Recreation Department and Health Department and all those individuals who made the 3 Nolan's Hockey Camp a success here in Garden River. The team worked extremely hard coordinating their arrival here in our community with so many of our kids participating in the event. It was special moment to have our own members, Ted, Brandon and Jordan Nolan be able to return to the community and offer the camp which has taken place throughout other First Nations communities across Canada. Ted, Brandon and Jordan shared many stories and experiences with our youth including many of the parents and community members who came out to support. It was an exciting 2 days of clinics, games and speaking forums surrounding the sport of hockey, the experiences and personal messages of encouragement. The 3 Nolan's have been quite successful in blazing trails for our people and

continue to contribute back to our communities. We are quite thankful that they are proud Garden River members and continue to do good work for our people in this country. Miigwetch Ted, Brandon, Jordan and Sandra for coming to Garden River. A special thanks go out to some of our upcoming athletes as well, who laced up the skates to assist the camp.

Plans have been under way to solidify some of the projects we have submitted on behalf of Garden River. We are currently working and awaiting word on a Transitional Home funding application we've had into our funding partners since earlier this year. The need for temporary housing is so critical in order to provide our members with a hand up to get them on their way. We recognize, acknowledge and understand the challenges of limited housing opportunities here in our own community but also the need to provide stability to assist our members. We are hopeful that we will be afforded the opportunity to construct such a project that will help with this work.

Our Tiny Homes initiative is slowly coming together. We intended to have shovels in the ground this year but with the limited access to serviceable lots and land availability, we're having to collectively work together as departments to find suitable locations for this project. We have so much good work that is happening behind the scenes with so many other developments that departments are working on. We will continue to update the community once we determine the location.

The Highway 17 B Resurfacing project

is slowly winding down and coming to an end. The work throughout the last couple of years has been steady and productive and we'd like to say thank you to our members for being patient and considerate. Our partners, Miller Paving and Shke Mikan has done a tremendous job of completing the project on time and ahead of schedule. Some of the finer details will be focused on the minor work along the route will continue to occur. I have talked with many of our members who live along the highway and there have been some concerns regarding ditching, drainage, culverts and driveways which has been forwarded onto our partners. Unfortunately, these improvements and changes don't rest with our Joint Venture relationship but with MTO and the province as they are the ones who have developed the plans and blueprints for this project. We are quite hopeful that the recommendations and improvements that need to happen in relation to these issues will be addressed accordingly.

The Water Main project along the Ojibway Subdivision has been moving along consistently. There have been some challenges along the way, however, with our Water Department working collectively with Boyer Construction the project should be completed soon. The enhancements and improvements to the water systems around the Ojibway subdivision is something we will focus on for the rest of the community with

hopes that we increase capacity creating new areas for development.

I had the honour to share a few words at the Benbowopka Treatment Centre's open house along with other Gimaa's along the North Shore. Benbowopka is located in Blind River, Ontario and currently provides Recovery and Addiction services for our people. They have plans to re-develop the centre with a new and improved facility which hopes to be operational in the next few years. These services are vital in our communities as we continue to face rising addiction issues within our respective communities.

Garden River in partnership with Nogdawindamin relocated the Teaching Lodge that once stood at the Garden River Education Department. The new location is right next to the Garden River Community Centre and will accommodate the needs of our community for spiritual and traditional ceremony. We'd like to acknowledge and thank the Anishnabe Aadiziwin team for assisting and helping with the construction and development of the lodge. We'd also like to thank the Public Works and Water Department who helped prepare the site, including some of our members who came out to assist the construction. The teaching lodge is available and open to all our community members for usage. It's a place to conduct ceremony, a place to hold safe and healthy conversations and an opportunity to encourage healing. We intend to

use the lodge and will encourage our leadership to hold meetings and discussions for different events.

We had the honour and privilege to welcome notable lawyer Jack Woodward who has been involved in some highly prolific Indigenous Court cases in this country. Members of Council had the opportunity to sit down with Jack to talk about the Pennefather Treaty including long standing issues regarding land and other notable matters surrounding Garden River. Among this area of interest is our desire to finalize the Squirrel Island ATR process. We have been in discussion with both the province and federal government to expedite this long-standing matter with the hope that we continue to move closer of reclaiming these lands back to Garden River. Leadership has also met with the cottagers from Squirrel Island for a respectful dialogue and to communicate our intentions. We will continue to update the community as we move forward with these important developments.

On August 19, 2022, the Annual Chief and Council Golf Tournament took place at Silver Creek. We had many golfers come out for the event as it turned out to be a beautiful day. We'd like to acknowledge and thank many of our sponsors who contributed to the tournament and look forward to next year. The following day was the start of our Powwow, "Reviving the Spirit". With our host drum Bear Creek and a 2 other groups,

we managed to start the celebration off in a good way. We had many dancers, good weather and a lot of vendors throughout the weekend. Many thanks go out to the Powwow Committee who worked feverishly throughout the year up until the event to ensure that the powwow was a success. Following powwow weekend was a comedy night and feast that was open to the community. I am already excited for next year's event and looking forward to what the committee has in store in 2023.

It has been a busy summer for leadership but also the entire community. A lot of good work has been happening in Garden River and we look forward to the upcoming months. We are excited for the projects we are working on and hopeful that we continue to bring good opportunities to Garden River First Nation. It is my hope that we maintain the momentum of progress and continue to build off the success of our achievements. Special acknowledgement and appreciation go out to all our staff and departments who have been working diligently to improve services and programs for our members. Our goal is to continue to strive for the betterment of our Nation in all respects. Until next time my friends, best of luck to all the students, be safe and enjoy the start of our Fall season.

Miigwetch,

Chief Andy Rickard
Nameh doodem





GRFN Staff Directory



Human Resources Department - 705-946-6300

Vance Boyer	Human Resources Manager	Ext. 297	vboyer@gardenriver.org
Rayeann Williams-Jones	Human Resources Officer	Ex. 278	rwilliams@gardenriver.org
Jessica Roach	Payroll and Benefits Clerk	Ext. 204	jroach@gardenriver.org
Jayselen Moore	Human Resources Assistant	Ext. 252	jamoore@gardenriver.org

Wellness Centre—705-946-5710

Management/Office Support

Jessica Grawbarger	Manager of Health	216	jessicag@grhc.ca
Ashley Boissoneau	Finance/Personnel	220	aboissoneau@grhc.ca
Janice Belleau	Receptionist	201	jbelleau@grhc.ca
Marissa Jones	Office Administrator/Finance Clerk	209	mjones@grhc.ca
Paige Sauve	Digital Health Lead	227	digitalhealth@grhc.ca
Trinity Neshawabin	Administrative Assistant	222	adminassist@grhc.ca
Jay Zack	Maintenance/Groundkeeper		jzack@grhc.ca

Health Services

Amy Allison	Health Educator/Patient Navigator	229	aallison@grhc.ca
Brett Corbiere	Community Health Nurse	207	chn@grhc.ca
Dannielle Roach	Clinical & Client Care Coordinator	226	
Nicole Pelletier	Clinical Support Nurse	250	npelletier@grhc.ca
Robin Lesage	Medical Transportation Coordinator	221	rlesage@grhc.ca
Rose Sayers	Early Childhood Devt./ Healthy Babies/Healthy Children	223	rsayers@grhc.ca
Selena Belleau	Elders Social Activities Worker	267	sbelleau@grhc.ca
Tessa Belleau	Home & Community Care Coordinator	225	tbelleau@grhc.ca
Vicki Boissoneau	Non-Insured Health Benefits Clerk	202	vboissoneau@grhc.ca

Mental Health & Addictions

Megan Morris-Page	Counsellor/Outreach	238	meganmp@grhc.ca
Becky Day	Case Manager	243	bday@grhc.ca
Brittney Depasquale	Case Manager	264	bdepasquale@grhc.ca
Carla Dilabio	Child and Youth Counsellor	235	cdilabio@grhc.ca
Cheryl Deneault	Administrator/Intake Worker	245	cdeneault@grhc.ca
Lisa Clark	Addictions/Mental Health Nurse/Intake	242	lclark@grhc.ca
Pauline Lecuyer	Child & Youth Intensive Treatment Counsellor	244	plecuyer@grhc.ca
Sarah Jackson	Addictions Counsellor	204	sjackson@grhc.ca

Dan Pine Healing Lodge—705-248-2231

Frances Pine	Coordinator	208	fpine@grhc.ca
Kimberly Pelletier	Traditional Healer Helper	215	kpelletier@grhc.ca
Laurie Souliere	Intake Worker	228	lsouliere@grhc.ca

Wellness Centre—Continued

Jordan's Principle

Kim Duguay	Jordan's Principle Initiative	273	kduguay@grhc.ca
Alona Keeshig	Registered Practical Nurse/Intake	231	akeeshig@grhc.ca

G'Naadmaagoom -- GR Child & Family Services - 705-450-5071

Luanne Povey	Child & Family Services Manager	210	lpovey@grcfs.ca
Dawn Roach	Intake Worker/Reception	210	droach@grcfs.ca
Melissa Grawbarger	Community Outreach Supervisor	205	mgrawbarger@grcfs.ca
Kiana Hill	Community Outreach/ IHFS Worker	222	khill@grcfs.ca
Marie T. Pine	Community Outreach/ IHFS Worker	214	mtpine@grcfs.ca
Jordie Thibault	Youth Outreach Worker	209	jthibault@grcfs.ca
Kelly Musgrove	Early Years/Registered Early Childhood Educator	206	kmusgrove@grcfs.ca
Belinda Camera	Early Years/Registered Early Childhood Educator	202	bcamara@grcfs.ca
Alexandra Rendell	Band Representative Clerk/Administrative Assistant		CURRENTLY ON LEAVE
Kim Mianskum	Band Representative Supervisory	204	kmianskum@grcfs.ca
Christelle Tegosh	Band Representative		CURRENTLY ON LEAVE
Jared Musgrove	Band Representative	223	jmusgrove@grcfs.ca
Natalie Nielsen	Band Representative	219	nnielsen@grcfs.ca
Stacey Mclean	Band Representative	225	smclean@grcfs.ca
Alicia Tousignant	In-Home Family Support Worker	218	atousignant@grcfs.ca
Lana Grawbarger	Youth In-Home Family Support Worker	226	lgrawbarger@grcfs.ca
Tamara Musgrove-Boissoneau	In-Home Family Support Worker	224	tmusgrove@grcfs.ca
Jo-Ann Grawbarger	Finance Clerk	212	jgrawbarger@grcfs.ca
Kevin Boissoneau	Maintenance		kboissoneau@grcfs.ca

GR Lands & Resources—705-253-0225

Aaron Jones	Fish & Wildlife Coordinator	201	ajones@gardenriver.org
Sebastian Belleau	Lands and Resources Technician	207	sbelleau@gardenriver.org
Stephanie Seymour	Acting Manager	206	sseymour@gardenriver.org
Alexis Vanderheyden	Lands and Resources Officer	202	avanderheyden@gardenriver.org
Terri Tice	Membership Officer	205	ttice@gardenriver.org
Richard Perrault	Environmental Coordinator	203	rperrault@gardenriver.org
Cole Nolan	Lands and Resources Technician		colenolan@gardenriver.org

Notes

Old Ways
won't open
New Doors



Garden River Education Unit—705-946-3933			
Adults In Motion			
Natalie Barry	Teacher/Coordinator & Acting Manager	206	adultsinmotion@gardenriver.ca
Leanne W. Pine	Teacher	212	lwpine@gardenriver.ca
Deb Nolan	Teacher's Assistant	213	dnolan@gardenriver.ca
Trixie Jones	Administration Assistant/Receptionist	205	tjones@gardenriver.org
Kim Jefferies	Teacher		kjefferies@gardenriver.ca
Education Administrative Staff			
Irene Gray	Resource Centre Worker	210	irene.gray@gardenriver.ca
Sherri Kitts	Education Support Services Worker	217	skitts@gardenriver.ca
Deanna Jones	Elementary Liaison Worker	201	dejones@gardenriver.ca
Stephanie Jones	Secondary Liaison Worker	208	sjones@gardenriver.ca
Morgan Roach-Pine	Post-Secondary Liaison Worker	216	morgan.roachpine@gardenriver.ca
Anne Marie Jones	Post-Secondary Counsellor	202	amjones@gardenriver.ca
Charla Whalen	Administration Support Worker	219	cwhalen@gardenriver.ca
Jeremy Gamble	Janitor/Maintenance		jgamble@gardenriver.ca
GRFN Elementary School—705-946-3933			
Mona Jones	Teacher/Coordinator		mjones@gardenriver.ca
Amanda McCabe	Literacy Teacher		amccabe@gardenriver.ca
Angele Desormeaux	Numeracy Teacher		adesormeaux@gardenriver.ca
Miisheen Shawanda	Land Based/Language Teacher		mshawanda@gardenriver.ca
Niketta Boissoneau	Early Childhood Educator		Niketta@gardenriver.ca
Lexus Biedermann	Early Childhood Educator		
Erin Findlay	Early Childhood Educator		efindlay@gardenriver.ca
GR Recreation Centre—705-942-4006			
Chris Morettin	Recreation Manager	221	cmorettin@grfnrec.com
Roy Billingsley	Sports and Recreation Coordinator	204	rbillingsley@grfnrec.com
Hailee Jones	Fitness Attendant	200	
Zac Zeppa	Fitness Attendant	200	
Donnie Harris	Fitness Attendant	200	
Avery Perrault	Fitness Attendant	200	
Alaska Hicks	Fitness Attendant	200	



Public Works



The Garden River First Nation Transfer Station located at 216 Noonday Drive is **OPEN**



TUESDAY, 9 am—5 pm (Closed 12-1 pm for lunch)
WEDNESDAY, 9 am—5 pm (Closed 12-1 pm for lunch)
THURSDAY, 9 am—5 pm (Closed 12-1 pm for lunch)
FRIDAY, 9 am—5 pm (Closed 12-1 pm for lunch)
SATURDAY, 9 am—5 pm (Closed 12-1 pm for lunch)
CLOSED SUNDAY AND MONDAYS



Wiindamaage

Happy Birthday
Peyton Neveau!
We hope you have a
great day!
Love, Auntie Amber,
Kierra and Terry

**Mino-dibishkam noongom,
Mino-dibishkam noongom,
Mino-dibishkam ()!
Mino-dibishkam noongom!**

September Facebook Birthdays

Roy Billingsley	Dillan Meighan-Chiblow
Deanna Trudeau	Rick Hnakuik
Veronica Wemigwans	Cynthia
Joanne Perrault	McCutcheon
Jace Hill Pine	Cheyenne Jones
Jo-Ann Grawbarger	Bev Wierzbicki
Nella Gregoire	Linda Pine
Cecilia Holzwarth	
Albert Lariviere	

Happy 4th Birthday
to miss
Autumn Thibault
Mom and dad & your
sisters love you so
much! Xoxo

Gichi-inendam

Nokomis Corner:

I want to give a Shout Out n Acknowledgement for my Eldest Grand Daughter Journey Day, on her Basketball Excursion to the Indigenous Games in Ottawa this August 2022. Her Team came in Second Place, great Work Journey. She is also featured in the Indigenous Wellness Article, wtg.

I also want to give a shout out to Langston Day on her Baseball Season as she played for the SSM IFC and enjoyed it immensely. Wtg Langston, we are still looking for a Left Glove, putting it out there for you.

I also want to put a shout out for Kionna



Indigenous Sport & Wellness Ontario

Day who danced Jingle
dress at the GRFN
Powwow 2022, you
looked beautiful.

Love You All.



IF YOU SEE IT REPORT IT

**1-888-310-1122
1-800-222-TIPS(8477)**

"Our communities are suffering at the hands of outsiders taking advantage of our people. We are plagued by drugs, gangs, shootings, overdoses, and violence. Let's not forget that these same people are responsible for taking away young women from our communities for human trafficking. These people prey on us because we have been silenced by our own fears. Police need actionable information."

If you see it, report it.

You will remain anonymous, but your information will not go unheard."

What is actionable information?



DO

Call a dispatcher
Alert Crime Stoppers
File a police report
Provide first hand info

DON'T

Call the Band Office
Tell info for a friend
Wait too long to call
Post on social media

Ketegaunseebee YOUTH WELLNESS PROGRAM

GARDEN RIVER COMMUNITY CENTRE

- ADDRESS RISKS AND/OR INSTANCES OF HUMAN TRAFFICKING VULNERABILITY
- REVITALIZATION OF CULTURAL IDENTITIES
- LEARN ABOUT TRADITIONAL ROLES AND RESPONSIBILITIES, SACRED TEACHINGS AND HOW TO DISMANTLE CONVERSATIONS ABOUT VIOLENCE AND HUMAN TRAFFICKING
- GUEST SPEAKERS FROM A VARIETY OF SOCIAL SECTORS
- FOOD AND BEVERAGES PROVIDED

10 SPOTS AVAILABLE IN COLLABORATION WITH THE GRFN
AGES 13-29 ELDERS MENTORSHIP PROGRAM

AUGUST 22ND 2PM-4PM
SEPTEMBER 7TH 4:30PM-6PM
SEPTEMBER 19TH 4:30PM-6PM
OCTOBER 5TH 4:30PM-6PM
OCTOBER 19TH 4:30PM-6PM
NOVEMBER 2ND 4:30PM-6PM

REGISTER NOW

(705) 946-6300 ext. 242
(705) 297-3621
shelbylesage@gardenriver.org





ROBINSON
HURON
TREATY OF
1850

TREATY GATHERING 2022

Restoring the Balance

September 7 to 9, 2022

36 Semo Road, Nipissing First Nation

Robinson Huron Waawiindamaagewin and the Robinson Huron Treaty Litigation Fund invite you to join us for the 2022 Treaty Gathering to be held in Nipissing First Nation and co-hosted by Dokis First Nation.

The hybrid event will feature guest speakers and information booths. Learn all about the Treaty, Annuities Case and the Treaty Governance.



For more information, contact:

Jolene Recollet
Communications Coordinator
Jolene@waawiindamaagewin.com

FOR COMMUNITY MEMBERS - How to apply to become appointed as an estate Administrator or Executor (for deceased status individuals who were living on reserve at the time of their passing)

- 1) Obtain any **one** of the following to report the death:
 - ✓ death certificate
 - ✓ cremation certificate
 - ✓ obituary along with (2) statutory declarations from people that attended the funeral
- 2) Determine if there was a Will
- 3) Call 1-800-567-9604 or email aandnc.estates-successions.aandnc@canada.ca to begin the process

IMPORTANT INFORMATION FOR EXECUTORS/ADMINISTRATORS:

A The estate executor/administrator is responsible for managing all the financial and legal matters of the estate and is accountable to the beneficiaries named in the will or to the heirs. If you are applying to be an estate executor or administrator, check out the "ISC General Information for Administrators"



FOR MORE INFORMATION ON FILLING OUT THE CLAIM FORMS VISIT:



**FEDERAL INDIAN DAY SCHOOL
CLASS ACTION**

Claims Process and legal support:

For any questions about the Claim Form or Claims Process, please call **1-888-221-2898**. You will be given the option either to seek support from the Administrator on submitting a Claim, or legal support and help filling out the Claim Form from Class Counsel

Lands & Resources

APPLYING AS AN ESTATE REPRESENTATIVE

A deceased Claimant is eligible for compensation if he/she attended a school on Schedule K and passed away on or after July 31, 2007.

July 31, 2007

An authorized representative of an eligible deceased Claimant may submit a Claim on behalf of the estate. The representative must be an Executor or Administrator.



Please note that the local Public Trustee Office may already be administering the deceased's estate. You may wish to contact them before taking further steps.



If there is a Will then there may be an appointed Executor. When submitting the Claim Form, the Executor must include a copy of the Will and Death Certificate.



If there is no Will, then different estate rules apply depending on where the deceased ordinarily lived.

**ON RESERVE?
OR
OFF-RESERVE?**

If the deceased had no Will and lived **on reserve** (not subject to modern treaty) please contact CIRNAC for information on how to be appointed as the "Administrator" of the estate.

If the deceased had no Will and lived **off-reserve** or in a First Nation community with a modern treaty, then a representative must be appointed by the provincial/territorial court, or if in Quebec, the appointment of a liquidator by the heirs.

For more information, please visit indianschools.com/en/fac/



1-800-567-9604 (EN)
1-800-263-5592 (FR)



**PLEASE NOTE THIS TIP SHEET WAS DESIGNED TO HELP UNDERSTAND THE GENERAL PROCESS OF ESTATE APPLICATIONS IN THE DAY SCHOOL CLASS ACTION. IT IS NOT LEGAL ADVICE AND SHOULD NOT BE RULED ON AS A SUBSTITUTE, INDEPENDENT LEGAL ASSISTANCE MAY BE NEEDED. CLASS COUNSEL DOES NOT PROVIDE CLAIMANTS WITH PERSONAL ESTATE LEGAL SERVICES.

POWER LINE CLEARING AND BRUSH CONTROL



This letter is to notify you of Algoma Power Inc's (API) right of way maintenance work that will be undertaken during late summer and early spring of this year.

Work to be completed as follows:

- Brush will be removed below and on either side of the power line (15' in either direction from the power line)
- Trees below and on either side of the power lines will be removed or pruned (15' in either direction from the power line)

In order to assist us in serving you better:

- Please indicate if there are any property concerns that we should be aware of such as: wells, septic beds, survey stakes, ornamental shrubs, etc.

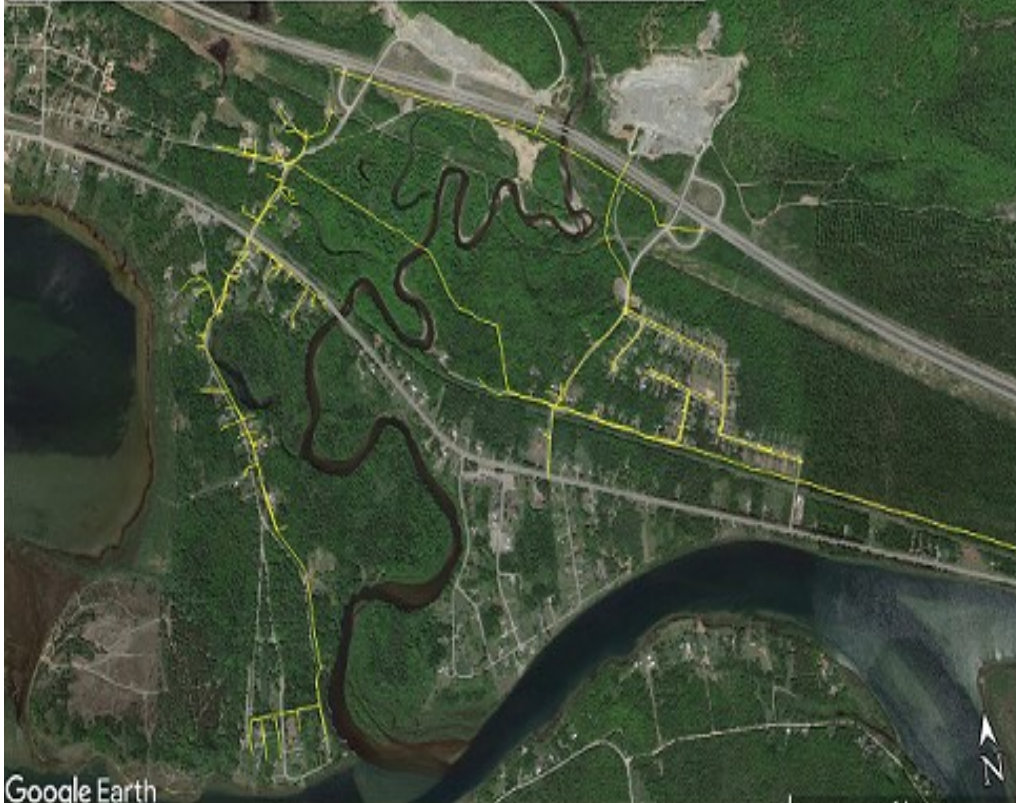
If you have any questions regarding the work being planned in your area, please do not hesitate to contact **Richard Perrault** of the Garden River Lands and Resources Department at **705-253-0225, ext: 203**

API's Power Line Maintenance Work

Algoma Power Inc. (API) will be clearing brush and trees away from the areas of power lines shown in the map below. Brush control will be taking place in the following areas: Point Charles Road, Jardun Mine Road, Ball Park Road, Eagle Street, Shushugoushi Street, Mzigan Street, Dreamcatcher Road, Sage Street, East Whiskey Jack Drive, and Echo River Road.

Legend

- Areas that need to be trimmed/cleared



Garden River First Nation Membership Office

Aaniin Boozhoo,

Garden River First Nation in conjunction with the Membership Committee have retained Tijernia and Associates to oversee revisions to the existing Membership Code. While these discussions are occurring, the Membership Committee will not be processing band membership applications. At a duly convened meeting held on June 8, 2022, the Garden River First Nation Chief and Council have agreed to place a moratorium on processing band membership applications until January, 2023.

Please watch for dates and times for future community engagement on the revisions of GRFN's Membership Code.

Please plan to attend these meetings to have your voice heard!

FYI—As of July, 2022 there are 3245 total number of registered citizens with Garden River First Nation. This number includes all births and new registrants.

MEMBERSHIP OFFICE HOURS

Monday—Thursday

8:30 a.m.—4:30 p.m.

(closed for lunch

12:00 p.m.—1:00 p.m.)

It's very important to update your contact information so you can be provided any information pertaining to First Nation and Membership information.

For further information or to change your address, please contact:

Terri Tice,

Indian Registration Administrator
Lands and Resources Dept.

183 Noonday Road, Garden River, ON

Phone 1-705-253-0225 ext. 205

E-mail: ttice@gardenriver.org



Education



Adults In Motion

We would like to extend a huge thank you and our sincerest appreciation to the following businesses for their generous support for the Elders In the Classroom program.

Adults In Motion Staff, Elders and Students



Introducing AIM's New Secondary Teacher

Hi! My name is Kim Jefferies and I am the new Secondary Teacher with Adults in Motion. I am very excited to be teaching courses in Science and Mathematics, as this reflects my qualifications and experience in teaching. I have been involved in Education since 2004 with extensive experience in secondary science education and outdoor education. I am originally from southern Ontario and moved to the Soo in 2009 and have held various roles in Adult, Secondary and Elementary teaching. I feel very fortunate to be a part of the land-based education program here at AIM and am honoured to learn more about indigenous culture and work alongside the Garden River First Nation Knowledge Keepers. I hope to share my skills in canoe tripping and love of the land with the AIM students.

Miigwetch, Kim



Adults In Motion

ARE YOU A FEW CREDITS SHORT OF OBTAINING
YOUR GRADE 12?

COME IN AND SEE US, WE WILL BE MORE THAN
HAPPY TO ASSIST YOU!

- \$100.00 FOR EVERY CREDIT EARNED
- TRANSPORTATION PROVIDED
- HOT BREAKFAST WEEKLY
- SMALL CLASS SIZE
- TEACHER ASSISTANT SUPPORT
- OTHER INCENTIVES

SEPTEMBER 12, 2022
FROM 9 AM - 3 PM

HAVE ANY QUESTION PLEASE CONTACT US AT (705) 946-3933

Made with PosterMyWall.com

Post Secondary

Aaniin and Welcome to the new school year **2022/2023** !

Some of you are new to college or university and the rest of you are returning/continuing students. So, I just wanted to take this time to remind all of you that it remains the utmost importance to be a **RESPONSIBLE STUDENT** by attending all of your classes on time, by completing & submitting all of your required course work on time, by studying for every quiz/test/exam, by writing all quizzes/tests/exams on the day scheduled, and just as importantly, by actively participating in all of your classes... believe it or not, active participation (answering questions, asking questions, participating in class discussions, etc.) help you to be successful. *Being a responsible student and being successful every semester, will help you keep your higher priority for future sponsorship.*

As you know, sponsorship is never guaranteed for the length of your program you are required to RE-APPLY every school year and your priority will be reassessed at that time.

Please remember to read/review the online copy of the GRFN PS Operating Guidelines thoroughly as they outline your responsibilities as a post-secondary student.

IMPORTANT Reminders :

- ◆ to all students, you should have **already provided me with your login/password to your online student account** so that I can print and review your official schedule
- ◆ if, at any time, you had to **change your educational plans by either revising your schedule by adding or dropping a course OR you transferred programs OR whatever changes you have made**, you **must** notify me so I can print out your revised schedule
- ◆ you must **maintain a full-time registration with a "normal**

fulltime course load and credits" (check with the Registrar's Office if you are unsure) **to be eligible for your continued monthly allowance.** GRFN does not use the student loans definition nor the special needs definition to determine the minimum number of courses/credits to be full-time.

- ◆ **DID YOU MOVE?** Make sure you call or email me with your new address, phone, cell # and/or email address ASAP
- ◆ Budget your money wisely! *Check and see if your bank has student accounts so you don't pay any fees.* You will need to bring a copy of your schedule as proof that you are student.

NEW COLLEGE AND UNIVERSITY STUDENTS!!!

Your school and this office regards you as an adult and we will not be able to communicate with your parents about your academic work and responsibilities unless you give written permission to do so.

I encourage you to handle your own student responsibilities with my office, the school AND to also communicate with your parents/family about your "real" progress in school.

Do you have a Documented Disability?

If you have been diagnosed by a qualified healthcare professional in the past or recently, there may be extra supports and resources for you at your school if you **SELF-IDENTIFY** as per the school's policies. You will have to provide a copy of your latest **psychoeducational assessment or if**

medical, your doctor may have to complete a special form. Please make an appointment at your school, Accessibility Office or Student Services, right away to get the process started. You will need to bring a copy of your most recent documentation so that they can work on your individualized plan to put "supports, modifications and accommodations" in place for you to remove or lessen any barriers that you may face for your success.

Accommodations are determined by the recommendations within the documentation from your qualified healthcare professional. By saying "supports, modifications and accommodations" it means things like a modified curriculum or classroom environment, modified quizzes/tests/exams, or extra time to write quizzes/tests/exams, quiet room to write, other extra resources supports at the school like a note taker, or regular appointments with a tutor or with the Accessibility Office.

Definitions:

MODIFICATION usually means a change in what is being taught to or expected from the student. Making an assignment easier so the student is not doing the same level of work as other students is one example of a modification.

An **ACCOMMODATION** is a change that helps a student overcome or work around the disability. Allowing a student who has trouble writing to give his answers verbally is an example of an accommodation. This student is expected to know the same material and answer the same questions as fully as the other students but doesn't have to write the answers to show that s/he knows the information.

If you qualify for Accessibility Services for a documented disability or medical reason with your college or university, you may be eligible for an

additional year of full-time sponsorship. Please contact me to discuss this more.

ADJUSTING: BEAT THOSE HOME-SICK BLUES

(from an article in the Toronto Star)

Going to college or university can be a bittersweet experience. On the one hand, this opportunity to strike out on your own is a step toward independence. On the other hand, leaving your friends and loved ones can be difficult.

As first year students adjust to their homesickness, it's natural to feel that way, of course. But rather than let those emotions overwhelm you, check out these tips from students who have been in your shoes.

- ◆ **Familiar Surroundings.** Surround yourselves with things that remind you of home.
- ◆ **Get Involved.** Another way to tackle those homesick blues is to take advantage of campus clubs and organizations. Joining an organization is a great way to meet fellow students. From intramural sports teams to computer gaming clubs, your school is sure to have a variety of organizations to choose from.
- ◆ **Be patient.** Above all, give yourself time to get used to your new surroundings. It takes a while to make new friends and become accustomed to your college/university life.
- ◆ **PHONE CALLS, FACE TIME or VIRTUAL MEETINGS** I encourage you to check out all the options to stay in touch with your loved ones at home in the most economical way. I am sure that even though you can text/message them, they would appreciate seeing your lovely and handsome face once and awhile. Most cell providers have special "STUDENT"

packages...make sure you ask for the best package for you.

If you haven't already done so, include my email address in your list of contacts so that you will receive my emails and please clean your account regularly so messages don't get bounced!

TIPS TO GUIDE YOU TO A SUCCESSFUL YEAR!

HIT THE BOOKS

Your *first semester at college or university really does count* and studying is not only suggested, it is *expected of you as a responsible sponsored student*. This does not mean that you have to spend every waking hour at the library or bonding with your professors. It simply means that you should include time every day to study, do your homework, complete your readings before class and to review your notes.

Studying for one to two hours a day is a much more sane option than studying for endless hours the night before an exam. Cramming does not work. No matter how many cups of coffee or energy drinks you drink during an all-night study session, the chances of remembering the material are far less than if you **paced yourself over a few days or weeks when studying and you really do better with a good night's rest... get some sleep.**

NEVER UNDERESTIMATE THE IMPORTANCE OF DOING WELL IN ALL OF YOUR COURSES... all poor and fail grades will negatively affect your overall gpa. And if you didn't know, in order to graduate you must have a specific gpa or you won't be allowed to graduate until you raise your overall gpa.

GIVE YOUR BEST EFFORT to your academic work. This **may sound pathetically obvious**, but you will have a lot of conflicting demands on

your time, and there will be many temptations. **The surest way to keep your future academic and career options wide open is to have a good academic record when you complete your studies** (whether it is a certificate, diploma, undergraduate degree, or graduate studies).

If you aren't into studying alone, get a **study buddy**. While study groups are not for everyone, going over test material with a few friends might help you discover ideas or arguments you hadn't noticed before.

For those of you who prefer peace and quiet, don't be embarrassed to tell your friends you want to go solo. Simply find a room or lobby where people don't gather.

The main idea is to **figure out which style of studying works for you and stick with it**. ALSO, if you are confused about anything discussed in class, **don't be afraid to ask questions in classes or talk to your professor** about it during his or her office hours. Don't wait until it is too late to ask for help.

No matter how you end up studying, **don't slack off. Failing grades count in college and university** — professors rarely drop test grades. Besides, **if you slack off now**, you may find yourself in the real world earlier than you expected - without the certificate, diploma or degree that you hoped to complete.

Most of all, don't sweat it. Your school years are supposed to be one of the most memorable times in your life. So enjoy life, take advantage of every opportunity.

Tips from Garden River graduates & former students:

- ✓ **GO TO CLASS!** (Trust me on this one)...I messed up by thinking I could miss whenever I wanted to.
- ✓ Learn to take proper notes and how to write better! Go to those "how to" sessions at your school....

use the Writing Lab to review your papers well in advance of the deadline to submit. Having honed these skills while in school will definitely help you when you start your career or if you decide to move up to your next level of education.

- ✓ Don't be afraid to access Student Services on-campus. They are there to help you.
- ✓ If you walk a long distance at night, take advantage of your campus Walk Home / on-campus security program.
- ✓ Although you may want to fit in as much partying this year as possible, you **don't HAVE** to go out every time people ask you. It's okay, and often necessary, to spend a Saturday night or entire weekend studying.
- ✓ **Keep on top of your readings.** Two hundred pages of 'dry' readings spread out over a couple days or a week is a lot easier on your eyes and brain than reading those same 200 pages the night before your class, tests, midterm or exam.
- ✓ Get to know your city and check out the different local events.
- ✓ **BUDGET!** Live within your means... don't overspend!!
- ✓ **Residence too noisy?** Library too stuffy? Head to a local café and treat yourself to a latte, coffee, or tea while you are reading.
- ✓ Instead of grabbing a chocolate bar when you get test or exam munchies, go for a piece of fruit or some light popcorn instead.
- ✓ Mom and Dad, your siblings, your cousins, gramma & grampa, your aunts & uncles miss you. **Call them once in a while.**
- ✓ **Have respect for yourself and your body.**
- ✓ You've probably already heard that your marks may or will drop. This is likely. What makes this even more brutal is you'll never work so hard for such low marks. You will invest blood, sweat and tears in what you think is a brilliant essay and end up getting a disappointing mark. **Don't get discouraged.** Once you learn how to write at this new level of school, and once you know what each professor expects from you,

your marks will steadily improve.

MOST IMPORTANTLY, ALWAYS BELIEVE IN YOURSELF !

If you ever need help along the way, **PLEASE DON'T EVER BE AFRAID TO ASK FOR HELP.** There are many people ready to help, but you have to take the first step and ask.

ISC ACADEMIC ACHIEVEMENT SCHOLARSHIPS

The second release of the ISC *Academic Achievement Scholarships* will be on **September 30th, 2022. To be eligible you must have been:**

- a student that was enrolled and sponsored by the GRFN Post-Secondary program, full-time from September 2021 to April 2022 in an academic program (if you attended during the Summer 2022, your grades will be factored into your overall gpa calculation)
- must have achieved an overall average of "B -" or higher for the entire year
- **Your official final grades (no temporary or incomplete grades) to be provided no later than September 16th.** Reminder: one year GAS programs and other preparation type programs are ineligible.

Other Scholarships, Bursaries, Awards and OSAP Grants

As a Garden River sponsored student at college or university, please know that you are allowed to apply for and receive scholarships, bursaries, awards and OSAP Grants. We encourage you to apply to as many as you can.

Check the POST-SECONDARY pages of the GRFN Education website... I have provided links for search engines and specific scholarships, bursaries and

awards. Your school should also have lists of specific scholarships, bursaries and awards (sometimes they include this information right on your student portal) along with all the other information available online via a simple google search.

Trust me when I say that it is worth it to APPLY, APPLY, APPLY!! Please pay close attention to the application deadlines, the requirements and supporting documentation required.

I recommend that you take some time now before you get too busy to write yourself a great biography/essay about yourself, save it and then just revise it for each new one that you apply for.

It is important to remember that the committee in charge of selecting the winners **DO NOT KNOW YOU PERSONALLY.** You must introduce and describe yourself to show them that you would be a great candidate. Highlight positives in your life as well as any struggles that you have overcome or are still struggling with.

IMPORTANT: All colleges and universities receive money for an **Indigenous Post-Secondary Education and Training Bursary** from the Ministry. If you anticipate experiencing or you start to have financial difficulties throughout the school year, please inquire about this bursary right away. This could be help for unexpected expenses or to help you replace a laptop or something else that you did not save for. You will need to submit proof of your personal financial situation, confirmation of sponsorship, child care benefit, etc. along with estimates or receipts for rent, phone, utilities, etc. with your application.

If you ever have any questions or concerns, please never hesitate to contact me. I enjoy receiving both **"I am doing great calls/emails"** as much as the **"I need help"** calls/emails. So, **please keep in touch regularly.**

I can always be reached toll-free at 1-866-518-7806, or locally at (705)946-3933 ext. 202 or by email at amjones@gardenriver.ca ... or send me a virtual meeting request or if you are in the area, feel free to make an appointment here at my office.

Good Luck this school year!

Anne Marie Jones
Post-Secondary
Counsellor



*****IMPORTANT*****

PLEASE HAVE FUN and PLEASE BE RESPONSIBLE !

For all new students to the post-secondary level (and some returning students), remember that throughout this exciting time when you will be meeting new friends, experiencing your new freedom (from under your parents' house rules) and the many new challenges, **EFFECTIVE TIME MANAGEMENT** and **PRIORITIZING** will help you to juggle your school work/studying and your family/social life.

It is important to be involved in school and social activities but you must **always remember** that along with all of these new experiences, you are a **sponsored post-secondary student** and as such **you have a responsibility to Garden River to attend all of your classes (even those nasty early morning classes), to complete and submit ALL of your assignments on time, to write every quiz and test, and of course, to write your final exams as scheduled.** It is never an option to pick and choose which ones you want to do - Garden River expects you to do all of them.

As a sponsored post-secondary student, it is also **your responsibility** to report if you make any changes to your schedule/registration and if anything should interfere with you getting to your classes and/or finishing your required school work. Don't wait until it is too late to report this and to ask for help.

From Anne Marie, your GRFN Post-Secondary Counsellor

GRFN Public Library aka Resource Centre

GRFN Library Window Contest

I want to give 2 GRFN band member artists (age doesn't matter) to showcase their painting art work on one of 2 library windows (one is already done).

Paintings can be library related, culturally related or a combination of both.

Please email a copy of your images to: irene.gray@gardenriver.ca by Monday, October 24, 2022 by 12 noon.

Miigwetch!!!
Irene

Anishinaabemowin Word Scramble

English

salt

T I I A A A G Z N

pepper

A A A W G S N G

sugar

I S I B A Z A W D O K

bread

K Z H G A E N B I W

egg

O A A N W W

Anishinaabemowin

Students can print for free in the library!!

Email to irene.gray@gardenriver.ca then come in for pick up
or come in and print from usb!

The Library has its VR set up!!!

You can book times to come and explore all it has to offer!! There are quite a few gaming options to explore, for sure there is Spiderman "coming home" I believe. You can use it to explore Google earth, take a birds eye tour of places you dream of visiting! I took a tour of the Grand Canyon and a museum in England.



Come and play!!

Contact Irene @
irene.gray@gardenriver.ca for
available times



Anishinaabemowin

Words for the Month:

Giikaji
(is cold)



Goshkwendam
(is surprised)



Mashkawii
(Is strong)



Weather Verbs

G	M	A	A	N	S	H	I	G	I	I	Z	H	I	G	A	N	K
I	G	I	Z	H	A	A	T	E	N	O	O	D	I	N	B	H	N
M	I	N	O	G	I	I	Z	H	I	G	A	N	J	Y	P	W	D
I	B	I	N	E	S	I	I	K	A	A	K	I	F	N	V	P	A
W	V	A	N	I	N	G	O	K	W	A	N	J	W	P	Q	K	K
A	H	A	M	W	G	I	I	Z	H	A	W	A	A	Y	A	A	A
N	C	B	Z	N	I	I	S	K	A	A	D	A	N	U	I	R	A
S	P	A	E	Z	A	A	G	A	A	T	E	T	R	Q	R	Q	Y
Y	Y	W	C	B	V	E	G	I	Z	H	I	D	E	J	W	G	A
V	P	A	D	M	I	N	O	D	I	B	I	K	A	N	U	Z	A
P	A	A	O	G	I	S	I	N	A	A	A	Z	M	U	E	E	A
V	X	J	V	U	U	Z	O	O	G	I	P	O	N	L	N	R	T

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

AABAWAA (its mild)

BINESIIKAA (its a thunder storm)

DAKAAYAA (it's cool)

GIIZHAWAAYAA (it's warm)

GIMIWAN (it's raining)

GISINAA (it's cold)

GIZHAATE (it's warm)

GIZHIDE (it's hot)

MAANSHIGIIZHIGAN (it's a bad day)

MINODIBIKAN (it's a beautiful night)

MINOGIIZHIGAN (it's a beautiful day)

NIISKAADAN (it's wet)

NINGOKWAN (it's cloudy)

NOODIN (it's windy)

ZAAGAATE (it's sunny)

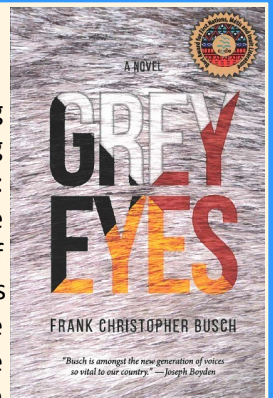
ZOOGIPON (it's snowing)



Recommended Books available in the Library


Grey Eyes. Frank Christopher Busch. ~ From the moment the Grey-Eyed boy is born, everything changes for the seven clans of the *Nehiyawak*. With only one other Grey-Eye in the village—the aging Eagle matriarch—the birth of an heir to the magic promises a line of defense against their greatest foe: the menacing Red-Eyes, whose name is rarely spoken but whose presence is ever felt. ~ But the momentous event brings unexpected results. Instead of protecting the village and raising the standing of their struggling Bear clan, the boy's existence invites dangerous attentions from friends and strangers alike.

Under their influence, lines of power shift and new leaders emerge, and the desires of a few threaten to rip the village apart—just when standing together is the only things that will save them. Will the *Nehiyawak* remember the teachings in time? Will the Grey-Eyed boy learn to control his power? And will it be enough to save them from the Red-Eyes, and from themselves?



Dream On. Chrystos. "Complex, rich and wide, Chrystos' poems are stories that sing in my heart—terrible stories, passionate stories, stories in song so beautiful they hurry the hope of my own healing." ~ Dorothy Allison. "I give thanks to Chrystos and to the power of her words. She transcends issues to speak with heartfelt pain, thoughtful conviction and timeless passion. Her voice blends ancient wisdom, honesty and humor to highlight the colors of our lives" ~ Kitty Tsui






G'NAADMAAGOOM
Garden River Child and Family Services


BUILDING STRONG FAMILIES AND COMMUNITIES FOR OUR CHILDREN

Buffalo Riders

The Buffalo Riders program enhances and strengthens community-based capacity to provide youth with early and brief interventions and support services in reducing substance using behavior.



For ages 10-13 and 14-18



Out of town band members are encouraged to participate

Registration forms can be found on our website at www.grcfs.ca


Program is every Wednesday starting September 21st for 10 weeks ending November 23, 2022

Meal provided

Transportation available for participants who reside on reserve

All participants will receive an incentive

To register please contact Dawn Roach at:
705-450-5071 ext 215





G'NAADMAAGOOM
Garden River Child and Family Services VIRTUAL Program Calendar
S e p t e m b e r 2 0 2 2

Phone: (705)450-5071

To continue practicing safe social distancing -
Most programs will be on a virtual platform.

Off reserve band members are encouraged
to participate!

STAFF CONTACT INFORMATION

KH - Kiana Hill – khill@grcfs.ca/705-989-8189

MP – Marie T. Pine – mtpine@grcfs.ca/705-971-7116

JT - Jordie Thibault – jthibault@grcfs.ca/705-971-7165

BC – Belinda Camara – bcamara@grcfs.ca/ 705-542-9200

KM - Kelly Musgrove – kmusgrove@grcfs.ca/705-987-1645

MG – Melissa Grawbarger – mgrawbarger@grcfs.ca/705-971-9079

HOW TO REGISTER FOR A PROGRAM

Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!

****PLEASE REGISTER ONE DAY IN ADVANCE**
AS SPACES ARE LIMITED**

PROGRAM INCENTIVES/DRAWS

PROGRAMS – Participants will receive an incentive for every program they attend.

FAMILY CHALLENGES – Every family that participates will receive an incentive.

LEARNING ACTIVITIES (LA) – Each family that participates in the Learning Activities will receive an incentive

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
Please Note: Virtual program participants will not be let in to Zoom more than 5 minutes after program start time	(LA) = Learning Activity		1 BC/KM – LA: Anishinaabemowin - Miigwans Parents/Caregivers & Children 0-6 MG – Thankful Thursdays 4:30 Children 7-12 yrs	2 LA: Anishinaabemowin Family Challenge *Due by noon from August 30th	3/4
5 Labour Day	6	7	8	9	10/11
		<----- Back to School ----->			
12 KH - LA: Anishinaabemowin Family Challenge Sign Up 8:30-4:30	13 BC/KM – Outdoor Obstacle Course 4:30 Parents/Caregivers & Children 0-6 JT – Establishing Routines 4:30 Youth 13-24 yrs KH/MP – Back to School 5:30 Parents/Caregivers of children 0-12	14 JT – Governance *In Person w/ Guest Speakers 4:30 Youth 13-24 yrs	15 JT – Why Breakfast is Important 4:30 Youth 13-24 yrs MG – Thankful Thursdays 4:30 Children 7-12 yrs	16 LA: Anishinaabemowin Family Challenge *Due by noon	17/18
19 KH - LA: Anishinaabemowin Family Challenge Sign Up 8:30-4:30	20 BC/KM – Autumn Handprint Tree 4:30 Parents/Caregivers & Children 0-6 JT – Anti-Bullying 4:30 Youth 13-24 yrs KH/MP – Establishing Routines Parents/Caregivers of children 0-12	21 BC/KM – Story & Song w/ Kelly & Belinda 4:30 pm Parents & Children 0-6 yrs	22 BC/KM – LA: Anishinaabemowin - Dagwaagin Parents/Caregivers & Children 0-6 JT – Orange Shirt Day 4:30 Youth 13-24 yrs MG – Thankful Thursdays 4:30 Children 7-12 yrs	23 LA: Anishinaabemowin Family Challenge *Due by noon	24/25
26 KH - LA: Anishinaabemowin Family Challenge Sign Up 8:30-4:30	27 BC/KM – Orange Shirt Day 4:30 Parents/Caregivers & Children 0-6 KH/MP – Healthy Discipline 5:30 Parents/Caregivers of children 0-12	28 BC/KM – Story & Song w/ Kelly & Belinda 4:30 pm Parents & Children 0-6 yrs Family Culture Night 5:00 pm *In Person – location to be determined	29 BC/KM – LA: Anishinaabemowin - Aniibish Parents/Caregivers & Children 0-6 MG – Thankful Thursdays 4:30 Children 7-12 yrs	30 LA: Anishinaabemowin Family Challenge *Due by noon	



DEVELOPMENTAL CLINIC

Aanii,

My name is Lisa Millroy and I have recently started working at the Garden River Wellness Centre in the Infant & Child Development Program. I am coming from Algoma Public Health where I worked in the Infant & Child Development Program for 27 years. I have worked with many families across the Algoma district, supporting them in their parenting journey with their child(ren).



WHO?

This clinic is designed for children birth to school entry who may be experiencing difficulties in one or more areas of development.

WHEN & WHERE?

It will be held at the Garden River Wellness Centre (23 Shingwauk Street) on October 17th. The clinic will take place between the hours of 1:00pm - 4:30pm.

ABOUT THE CLINIC

Appointments will be 1 hour and 30 minutes. During this time I will provide a developmental screening as needed and referrals to other programs and service providers. Developmental screenings include direct play with your child, observations, and parent reports.

HOW TO BOOK AN APPOINTMENT

If you have questions about your child and their development, please call me to book an appointment at
(705)946-5710 ext. 230

Welcome to School Readiness

Do you have a child starting JK in 2023?

Invite to all School Boards

Garden River Child Care Centre & Infant & Child Development Program are presenting...

Where : Child Care Centre
When : October 20, 2022 (tentative)
When : 5:00 pm - 6:00 pm/6:30

We can help you plan your child's entry into Junior Kindergarten for the 2023 academic year

Does your child have all the skills they need for starting school?

FOR MORE INFORMATION

Lisa Millroy
IDCP
705-946-5710 ext. 230

Sara McCabe
Manager, CCC
705-256-5400



Garden River Wellness Centre

COVID-19 VACCINATION Clinic

Thursday
September 29

Garden River Wellness Centre
23 Shingwauk Street
from 9:30AM - 11:30AM

* Please bring your health card with you

How to Register

Call Brett

Scan the QR Code on the Poster

Visit the Link:

<https://forms.office.com/r/yUfGy6p8TF>

1st, 2nd, 3rd and 4th doses

* Booster now available for all eligible clients and children 5 - 11 years old



FOR MORE INFO:

Brett Corbiere
705-946-5710 Ext. 207

Please register, Limited Walk-ins - For ages 5 years and older



September Upcoming Events

6 12:00	Elders 65+ Drop in/Social Lunch served @ 12 Music Snacks Board Games Cards Dice Puzzles Crafts Draws
14 TBD	SKG Medicine Garden Tour Limited Spaces, Registration Required Tour Shingwauk Kinoomaage Gamig Gardens Lunch Provided
20 12:00	Mini-Grocery Bingo for our elders 65+ Lunch Served @ 12 Bingo @ 1:00 Don't forget to bring your Daubers
TBD 12:00	Miss Marie Soo Lock Tour Limited Spaces, Registration Required Tour the Locks
28 11:00	Elders Luncheon Community Centre Starting @ 11 AM Curbside Pick up available

For More Information or the register,
Contact Selena Belleau 705-946-5710
Ext. 267



Housing



Carbon Monoxide (CO)

- ☒ NO taste
- ☒ NO colour

What is carbon monoxide?

Gas produced during combustion

Who is at risk?

Anyone is at risk

Typical sources of carbon monoxide are (but not limited to):

- ☒ Heating appliances (furnace, gas water heater)
- ☒ Fireplaces/Wood stoves
- ☒ Cars
- ☒ Cooking and household appliances (gas stove, barbecue, gas dryer)
- ☒ Gas powered generators
- ☒ Gas powered equipment (lawnmower, snowblower)
- ☒ Cigarettes

Carbon monoxide has:

- ☒ NO smell

Health effects of CO:

- ☒ Low concentration
- ☒ Dizziness/confusion
- ☒ Headaches
- ☒ Chest pain
- ☒ High concentration
- ☒ Loss of consciousness
- ☒ Coma
- ☒ Death

To prevent CO poisoning

1. Install a certified CO alarm near bedrooms
2. Clean chimney
3. Don't use barbecue or power generator indoors
4. Don't idle car or run gas-powered equipment in garage
5. Maintain stoves/fireplaces and have your furnace checked annually

What to do if alarm sounds

- Leave immediately
- Call 9-1-1
- Do not re-enter

For more information:

healthycanadians@indoorAir
air@hc-sc.gc.ca

Greg Solomon
Construction Maintenance
Coordinator
Housing Department

7 Shingwauk Street
Garden River First Nation
Garden River, ON P6A 6Z6
Phone: 705.946.6300 Ext. 289
gsolomon@gardenriver.org





Miijim Gaamig



Great things to donate to GRFN-MIIJIM GAAMIG-Food Bank

Peanut Butter & Jam

Pasta (dry or canned)

Pasta Sauce

Can tomatoes

Tuna or Salmon

(Other canned meats: chicken, ham or turkey flakes)

Kraft Dinner, Sidekicks, Mr. Noodles

Hot & Cold Cereal

Canned Soup

Rice/Flour/Oatmeal

Coffee (Instant or Ground)

Tea

Juice Boxes

Donations can be dropped off @ Miijim Gaamig- Food Bank located at the GRFN Band Office

For further information please contact,

Michelle @ 705-946-6300 Ext. 227



MIIGWETCH FOR YOUR SUPPORT



Hours of Operation

Monday 9:00 am – 4:00 pm

Tuesday – CLOSED

Wednesday 9:00 am – 4:00 pm

Thursday – CLOSED

Friday – 9:00 am – 4:00 pm

PLEASE NOTE: CLOSED (12:00 – 1:00 pm)

SUMMMER HOURS – June – September

Regular Hours except on

Fridays: 9:00 – 12:00 pm - CLOSED in Afternoon

Food Bank access is limited to one visit per month

For Further information, please contact Michelle @ MIIJIM GAAMIG
(705) 946-6300 Ext.# 227

Food and Monetary Donations are always greatly appreciated



Sports



DREAMCATCHER
CHARITABLE FOUNDATION

Lochlyn would like to thank the Dreamcatcher Fund in assisting with his 2021-2022 Hockey Season.



I would like to thanks the 3 Nolan's for providing my son with an excellent hockey camp he had a blast, I hope this will be an annual event

Thank you, Michelle McCoy-Smith





HALLOWEEN Monster Bingo

Doors open @ 530pm
Bingo starts @ 700pm

NO LIVE
NO Night Owl

\$20.00 per strip

Minimum 4 strips
to play (\$80)

Over \$10,000 in prizes

OVER
\$70,000
in prizes

8 specials of \$7000

16 page bundle includes all specials and regular games.

(all you need to purchase is your Toonie stamp, Mini's, U-Pik-Em, Late Bird
& Digi Balls) Extra Specials are \$1.00 each

Sunday October 30th, 2022

break time 30min
dress up in costume
get entered for chance
to play plinko (3)
top prize \$100 BB

205yrette Lake Rd, Garden River ON. P6A 6Z3 (705) 253-8718 ext. 227 or 234. Info at grfnbingo.com

Mini Monster Bingo

Sunday Sept 25th

12:45

6:30

player's club draws
In hall ONLY

Tuesday Sept 27th

6:30

ONLY

In hall & Online

\$2.00/GUESS 3/\$5.00

~DRAWN WEEKLY
MONDAYS @ 3PM

~ENVS ARE ACCEPTED
ace@grfnbingo.com

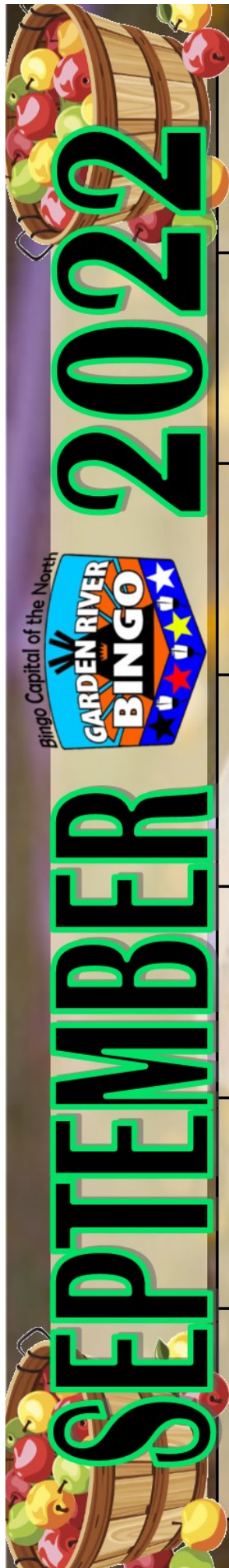
INCLUDE: Name, Phone#, Envelope#
CASH & CREDIT CARD ALSO ACCEPTED



PLAYING OUT PREVIOUS EXISTING JACKPOT

House of ACE





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NO LIVE Sun. Mon.	1 BALLS! 9:45pm bingo FREE STRIP DAY IN HALL ONLY MATINEE & MAIN	GARDEN RIVER PROGRESSIVE DRAWN MONDAYS 9:45pm bingo FREE STRIP DAY ONLINE ONLY MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	1 Chase the ACE sales start MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	2 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	3 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	
4 9:45pm bingo MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	5 9:45pm bingo FREE STRIP DAY IN HALL ONLY MATINEE & MAIN	6 *first day of school* FREE STRIP DAY ONLINE ONLY MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	7 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	8 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	9 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	10 Double Points MATINEE, PAY AS YOU PLAY & MAIN SESSIONS
11 9:45pm bingo MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	12 9:45pm bingo FREE STRIP DAY IN HALL ONLY MATINEE & MAIN SESSIONS	13 FREE STRIP DAY ONLINE ONLY MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	14 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	15 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	16 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	17 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS
18 9:45pm bingo MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	19 9:45pm bingo FREE STRIP DAY IN HALL ONLY MATINEE & MAIN SESSIONS	20 Double Points FREE STRIP DAY ONLINE ONLY MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	21 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	22 Autumn MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	23 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	24 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS
25 9:45pm bingo 3x \$1000 12:45pm 4x \$1000 6:30pm MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	26 9:45pm bingo FREE STRIP DAY IN HALL ONLY MATINEE & MAIN SESSIONS	27 FREE STRIP DAY ONLINE ONLY 4x \$1000 6:30pm online included! MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	28 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	29 MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	30 Orange Shirt Day MATINEE, PAY AS YOU PLAY & MAIN SESSIONS	

BINGO HOTLINE (705) 253-8718 PRESS #1

GRFN Chief & Council Portfolio Holders	
Chief Andy Rickard	Community Trust, NSTC, Robinson Huron Treaty Trustee
Councilors	Portfolio
Tim Johns Jr.	Community Safety, Educational Programs, Infrastructure, Social Services
Darwin Belleau	Administration, Business, Infrastructure, Lands & Resources
Brandi Nolan	Administration, Business, KGPI, Lands & Resources, Nogdawindamin
Cindy Belleau-Jones	Business, Governance, Infrastructure, Membership, Nationhood, NSTC, APS
Dan Tice	Community Safety, Governance, Social Services, KGPI, Business
Trevor Solomon	Community Safety, Administration, Lands & Resources
Chris Thibodeau	Business, Lands & Resources, Social Services
Tyler Pine	Education, Governance, Nationhood
Kassidy Armstrong	Community Safety, Governance, Indigenous Women Anti-Violence Task Force, Nationhood
Chester Langille	Community Safety, Education, Nationhood
Albert Williams	Administration, Infrastructure, Social Service
Karen Bell	Educational Programs, Infrastructure, Nationhood, Environmental Committee

GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator
 GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1
 Phone: 705-946-3933 Ext 210, Fax: 705-946-0413
 Email: irene.gray@gardenriver.ca Website: <https://urlis.net/xvdb0>

Garden River First Nation

Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

N'bwakaawin— Wisdom

Zaagidwin—Love

Mnaadendmowin— Respect

Aakdehewin—Bravery

Gwekwadziwin—Honesty

Dbaadendizin—Humility

Debwewin—Truth

October 2022 Newsletter

Submission Deadline:

September 23, 2022

Anishinabek Police Service

1-888-310-1122



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Avoid using the local administrative lines unless it is for Criminal Records Checks or to reach our Court Administrators.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.
 Miigwech for your understanding.

Leaves changing
 colour moon
 September 2022



Waabaabagaa-giizis

