



Ketegaunseebee - The Creator's Garden

Garden River First Nation Community Newsletter



Community DAYS 2023



AUG
14



CARNIVAL NIGHT

5pm - 8pm @ Recreation Centre
Free Event, Bouncy House, Bubble Soccer, Dunk Tank,
Foam Canon, Balloons, Food & Drinks

AUG
15



CULTURAL EVENING

5pm - 8pm @ Community Centre
Free Event, Best Bannock Contest - 1st, 2nd & 3rd Prize,
Spirits Journey, Drum Teaching, Minnow Races, Feast

AUG
16



INDIGENOUS FASHION SHOW

5pm - 8pm @ Recreation Centre
Free Event, Appetizers

AUG
17



TALENT SHOW

5pm - 8pm @ Community Centre
Free Event, All Talent Welcome, Karaoke, Lip Sync,
1st, 2nd & 3rd Prize, Food & Drinks

AUG
18



GOLF CLASSIC

9am @ Silver Creek Golf Course
Register by Aug 11th by Email:
adminassistant@gardenriver.org

AUG
19|20



GRFN POW WOW

GRFN Ball Fields
Saturday 12pm & 7pm (Free Event)
Sunday 1pm (Free Event)

CONTACT: adminassistant@gardenriver.org OR communications@gardenriver.org

Wild Rice Moon August 2023

Minoomini Giizis



Aanii/Boozhoo Elders, Youth and Fellow Citizens!

Summer is halfway done and I'm hoping that you and your families have been enjoying the weather. It's been a busy month attending a number of meetings which I will report on in this summary. I want to take this time to acknowledge and thank Chief Dean Sayers for his contributions to not only his own community but many of our other communities during his tenure as Chief. I want to congratulate newly elected Gimaa Mark McCoy and the new leadership in Batchewana and look forward to working with him and their community up until our elections.

We welcomed the Mizhinawe team to Garden River to discuss the Robinson Huron Annuities file. Justice Harry S. Laforme along with the Litigation Management team was on hand to provide an analysis, historical background and to answer questions. Former Chief Duke Peltier, a member of the Negotiation team was also on hand to provide some input and answer some questions. Based on the conditions set out by the Litigation Management team and the agreements in place, the discussion was limited to band members. I've expressed our concerns in terms of communication with relation to the Annuities team in needing to provide more ongoing developments to our communities so that everyone is informed. Because of the sensitivity of the negotiations, the Litigation Management Team has continuously stated the importance of confidentiality and the need to hold those internal government

discussions confidential until it is ready to be shared to leadership and then to the communities.

The Annuities discussion continues, as the agreement in principle has yet to be signed and we are hoping that a date soon will put the issue of past compensation to rest. The other matter before the court is the "go forward" basis with both the federal and provincial government. The treaty pay of \$4.00 is something that both levels of government are keen on addressing and I am hopeful that negotiations will see an increase in future treaty compensation per treaty member based on rates that reflect today's economy. The engagement sessions that are occurring in the 21 communities, are strictly on past compensation in regard to Annuities.

Garden River is hosting the 1850 Treaty Gathering which will be a significant event as we are expecting large delegations from each of the 21 communities including their leadership. September 7th, 8th, and 9th are the dates of the gathering and if you'd like to volunteer during that week, you can get in touch with Kristen to provide your name which we will forward onto the planning committee. We will be focusing on developing the site of the Community Centre as the main area which will include tents, our teaching lodge, and several other areas for us. With the number of visitors coming to Garden River, treaty week will focus on teachings, historical discussions, ceremony, and many other events that we are hoping to host, entertain and enlighten the people who will be

visiting our community.

The potential opportunity of working with 8 other First Nations in the energy sector is quite promising. Our partnership with Hydro One is something that we are focusing on which will hopefully allow us to participate in the energy sector through employment but also having a stake in these large-scale projects. Generating long term economic benefits is always a focus for this Council and we understand the positioning of the energy sector in the Algoma region. We are trying to position Garden River to capitalize on the work to enhance the energy grid but also developing meaningful partnerships that will open up more doors to our people including employment and investments. We are quite confident on our position and look forward to more opportunities that come to our community.

Members of Council including myself travelled to Halifax, Nova Scotia for the Assembly of First Nations Annual General Assembly. With the internal challenges within the National Chief's Office, it was primarily the focus of the meeting. An HR investigation was launched to sift through the claims and determine the facts which was presented to leadership across Canada. Many of the Chiefs voted overwhelmingly to remove the National Chief from her position and focus on a new direction to address the many issues that were arising coast to coast to coast. Aside from these matters, National Chief has advocated over the years for a forensic audit which from the AFN meeting will move forward but

also a look at the internal structure of the AFN. The issues that National Chief has brought up, have been ongoing concerns for many years within our communities, however, with the HR matters that surfaced, it complicated matters for many communities in relation to major issues not being addressed or advocated on. In the end, from my understanding is that the Chiefs wanted to move forward with addressing the needs of our communities.

I was invited by the Steel Union Workers who were hosting a National Gathering in Flagstaff, Arizona. I was asked to join virtually to offer some words but also provide the members with an example of our partnership in terms of bridging that relationship. I spoke about the need to ensure Indigenous people have safe spaces and places within the confines of these projects and other companies. I hear at times of insensitive, discriminatory, and racial remarks occurring in these spaces and it's been a welcome to work on these goals of a deeper culturally understanding with some of the Union leaders. One of the projects we are collaborating on, is erecting a place to hang our flags just outside our offices. We are hopeful for this project to come to fruition which will allow us to post and raise our flags in an appropriate manner.

I travelled in Thunder Bay to meet with Marc Miller, former Cabinet Minister for Crown – Indigenous Relations and Northern Affairs Canada. It was an opportunity to meet with him and his staff to discuss some a few concerns. One of those being the ongoing and additional supports for the Indian

Residential School project in relation to Shingwauk Residential School and Wawanosh School for Girls. If there is anything I have taken away from the National conferences I attended, is that this work will take time to complete. With all the impacts from residential school including the work on the areas where these institutions once stood, there are many challenges and specific responsibilities that will be required to be met, if we want to do this properly and effectively. The ongoing request for resources was one area that we discussed.

The other matter that required some attention is the issue of Metis Rights and assertions. This has been an ongoing challenging discussion amongst leadership across Ontario and Canada for that matter. More specifically, as it pertains to Garden River lands, we are concerned with how members of the Metis Nation are identified. We as Indigenous Nations must go through a rigorous sometimes divisive process within our own

communities, whereas it seems potential members of the Metis Nation are accepted without any proper mechanisms in place which ultimately creates concerns for the original title holders of these lands that Metis claim to have ties to. We don't disagree with the fact of granting them certain rights but when it infringes on our traditional lands, then it becomes a problem, including the issues surrounding how the determine their members.

The final matter I brought up was the Brady Landfill in Winnipeg which has been the focus of urging the government of Manitoba to search the landfill for potential women who have been missing. There is provincial and federal jurisdictional debate, however, I urged the Minister in the eyes of Reconciliation, to find a way to make this happen. Many of our women feel that their lives do not matter in this country and by the efforts that has been shown in this country in relation to MMIW, that would seem to be the case. I told the Minister that act of true



Minister Miller, Chief Michelle Solomon, Fort William FN, Regional Deputy Chief Travis Boissoneau and Grand Chief Reg Niganobe from the Anishinabek Nation.

Reconciliation would be to take upon themselves to provide that direction and prove to our people that we are equal. Although Minister was shuffled out of that role as Minister for Crown-Indigenous Relations and Northern Affairs Canada, we are hopeful that the words rung true to him, his staffers, and his predecessor.

The Garden River team met with the City of Sault Ste. Marie's team through the CEDI relationship to talk about one of our proposed initiatives. Transportation and the idea of bringing a route to Garden River. Transportation barriers continue to affect our people and we are hoping that collectively and collaboratively we can solve a long-standing issue here in our community. Cheyenne Nolan from our ERCD department has been working closely with the city's

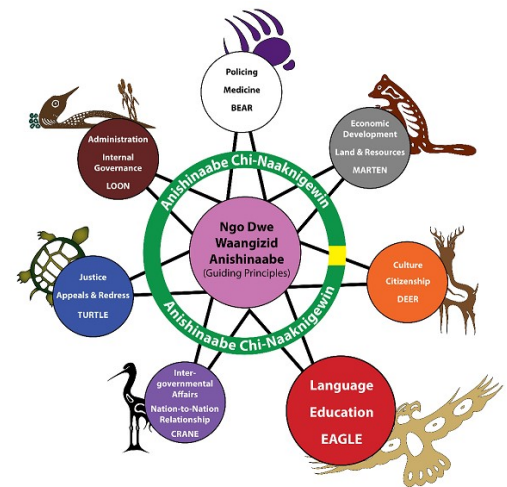
Senior Administrators to explore funding opportunities and determine how we can make this a reality here in Garden River. Commitment from both our Councils is important and we are excited to achieve some of the goals that we identified as Chief, Mayor and our respective Councils.

I want to congratulate those youth from Garden River who represented Team Ontario at the North American Indigenous Games. On behalf of our Council, we are proud of you for representing the province, your community, and your families in a good way. All the best to you in your future sporting endeavours.

On a final note, we'd like to take this opportunity to offer our prayers and thoughts to those families that lost their loved ones

along the way. And we also send our prayers and thoughts to those people that need them.

Miigwetch,
Chief Andy Rickard,
Namay Dodem
Garden River First Nation



Garden River Community Newsletter Submission Deadlines for 2023

◆ **September Newsletter—
Friday, August 25**

◆ October Newsletter—
Friday, September 22

◆ November Newsletter—
Friday, October 27

◆ December Newsletter—
Friday, November 24

**Email submissions to:
irene.gray@gardenriver.ca**

Garden River First Nation Demographics as May 6, 2015★

| Registered with GRFN as of May 6, 2015 | |
|---|------|
| # of Individuals listed as "Band Members" with GRFN as of this date | 2057 |
| # of Individuals listed as "Affiliate" with GRFN as of this date | 739 |
| Total Off-Reserve | 1644 |
| Total On-Reserve | 1152 |
| Total Registered | 2796 |
| 1 st Generation Citizens Registered with GRFN | |
| 1 st Generation Individuals listed as "Band Members" with GRFN | 895 |
| 1 st Generation Individuals listed as "Affiliate" with GRFN | 207 |
| Total 1 st Generation | 1102 |
| 2 nd Generation Citizens Registered with GRFN | |
| 2 nd Generation Individuals listed as "Band Members" with GRFN | 222 |
| 2 nd Generation Individuals listed as "Affiliate" with GRFN | 258 |
| Total 2 nd Generation | 480 |

★ These stats were pulled from the monthly report submitted from the Membership Office.

**Garden River First Nation Demographics
as of July 19, 2023**

| Category | Total 2023 |
|--|------------|
| Total GRFN Registered Indians | 3282 |
| Total GRFN Registered Indians Living On-Reserve | 1143 |
| Total GRFN Registered Indians Living Off-Reserve | 2139 |
| Non Band Members living on reserve (Affiliated) | 59 |
| Total On-Reserve Males | 571 |
| Total On-Reserve Females | 572 |
| Total Off-Reserve Males | 1022 |
| Total Off-Reserve Females | 1117 |
| Total Pre-school (aged 0-4) | 67 |
| Total Children (aged 5-9) | 178 |
| Total Youth (aged 10-19) | 178 |
| Total Young Adult (aged 20-29) | 506 |
| Total Adult (aged 30-54) | 1126 |
| Total Older Adult (aged 55-64) | 453 |
| Total Seniors (aged 65+) | 491 |

**Garden River First Nation
Mission Statement**

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

N’bwaakaawin— Wisdom

Zaagidwin—Love

Mnaadendmowin— Respect

Aakdehewin—Bravery

Gwekwadziwin—Honesty

Dbaadendizin—Humility

Debwewin—Truth



Wiindamaage



Happy 9th
Birthday

Ellie Pine

August 28,2023

from Mom,
Dad, Andrew,
Kaylee
and Adalee



Happy 1st Birthday to our
baby Riv on August 30th!!



Our beautiful, smart,
happy and bossy baby is
ONE! 365 whole days
already of loving you my
girl!!

From: Anaana, Daddy & Big
Sisters Brynn and Lakes!!



Happy 1st Birthday
to our Granddaughter
Riverlee who turns 1 on
August 30th

Love Grandma Tamara
and Poppa Dave



Happy Birthday
to the bestest
Grandson in the
entire world!!
I love you Monty!!
Love Gramma

Happy Birthday
to my greatest
Gramma!
Love you
Gramma!!
Love Monty

Happy Birthday to the
Best Dude ever!! Monty!
Love Mommy, Uncle
Chip, Uncle John Robert,
Aunty Tammy, cousin
Keyia, Tyrone, and
Wiing!

Happy Birthday to the
best Mom/Gramma/
Sister in the world! Have
the greatest birthday
ever! Love Livia, John
Robert, Monty, Chip,
Tyrone & Wiing!

Happy Birthday to
my partner Gage!
Love you, have
an amazing day!



The Day Shawanda Family would like to wish their great aunts Laura Anne (Day) Corbiere and Sandra Day the best birthday ever HAPPY BIRTHDAY AUNTIES. Also we would like to wish our cousin and nephew Isaiah Recollect a very Happy Birthday, along with Zach Day-Andre, Robert Day and Adam Day baa.



FREE EVENT

Carnival NIGHT



Bouncy House | Foam Canon
Bubble Soccer | Balloons
Dunk Tank | Food & Drinks

AUG 5PM-8PM
14 Recreation Centre



Community DAYS 2023



Cultural EVENING

AUG 5PM-8PM
15 Community Centre

Best Bannock Contest – Bring Your Best Bannock – 1st, 2nd, 3rd Prize
Spirits Journey • Drum Teaching • Minnow Races • Traditional Feast



Community DAYS 2023

FREE EVENT

Indigenous FASHION SHOW



AUG 5PM-8PM
16 Recreation Centre

Free Event | Appetizers



Community DAYS 2023

Show us Your Talent!

Talent SHOW



AUG 5PM-8PM
17 Recreation Centre

Karaoke | Lip Sync
1st, 2nd & 3rd Prize
Food & Drinks

Contact Joanne to Preregister Your Talent
adminassistant@gardenriver.org | 705 946 6300



Community DAYS 2023

FREE EVENT

Garden River First Nation

Presents

9th Annual Chief & Council Golf Classic

FRIDAY, August 18th, 2023
SILVER CREEK GOLF COURSE
SHOTGUN STARTS: 9AM
REGISTRATION: 8AM

Team of 4 Players:
\$500

SKINS \$80 per team

HOLE-IN-ONE PRIZE

CLOSEST TO PIN
LONGEST DRIVE

Followed by
Dinner at
Silver Creek
Pavillion

Silver Creek
GOLF COURSE

MENS & MIXED
DIVISION

Contact:

Joanne Perrault
adminassistant@gardenriver.org
Phone: 705-946-6300
Cell: 705-989-2190

REGISTRATION
DEADLINE
AUGUST 11, 2023



Pow Wow Volunteer OPPORTUNITY

AUG
Date: **19/20**

Daily Food Honorarium for Those Who Sign Up
Opportunity for High School Students to Earn Community Hours

Contact Joanne Perrault to Register and For More Information
Call 705-946-6300 or email adminassistant@gardenriver.org

AUG
9



DINNER FOR VOLUNTEERS
5pm @ Community Centre
Registration required



Community
DAYS 2023

REGISTRATION
REQUIRED



Garden River Powwow NIIGAAN ZHAADAA

Let's Go Forward

August 2023

Garden River Ball Fields

19th GRAND ENTRY 12pm & 7pm

20th GRAND ENTRY 1pm

MC: Howard Copenace
Host Drum: Ottawa River
Co-host Drum: Bear Creek
Arena Director: Kevin Syrette
Head Veteran: Ray Cadotte
Head Male Dancer: Raymond Deleary
Head Female Dancer: Sarah McGregor
Head Female Youth: Nevaeh Pine
Head Male Youth: TBD

Dance Categories

| Women's Traditional | Men's Traditional | Mens & Women Golden Age 55+ | Junior Girls & Boys |
|---------------------|-------------------|-----------------------------|---------------------|
| Women's Fancy | Men's Fancy | | Teen Girls & Boys |
| Women's Jingle | Men's Grass | 1st - \$1000 | 1st - \$100 |
| 1st - \$1000 | 1st - \$1000 | 2nd - \$750 | 2nd - \$50 |
| 2nd - \$750 | 2nd - \$750 | 3rd - \$400 | 3rd - \$25 |
| 3rd - \$400 | 3rd - \$400 | | |

Contact

Joanne Perrault
grfnpowwow@gardenriver.org
www.gardenriver.org
GRFN 2023 Powwow

Registration

Youth - \$5
Adult - \$10



MINI MONSTER BINGOS
 All Full Card Specials
 (Excluding the Super) are worth
\$1000
MONDAY
AUGUST 28th
 1:00 3 x \$1000s
 6:30 4 x \$1000s

BINGO
 AS AN APPRECIATION TO THE CUSTOMERS WHO CANNOT MAKE OUR BIG BINGO WE WILL BE HAVING A MINI MONSTER
AUGUST 7TH AT 7PM
4 \$1500 JACKPOTS
\$6/STRIP
ONLINE AND IN HALL

FOR OUR AUGUST PROMOTION WE WILL BE HAVING



BINGO BUDDIES WILL BE CHOSEN BY RANDOM DRAW WHEN ONE WINS THE OTHER WILL RECEIVE SAME AMOUNT REGULAR GAMES ONLY
10:15PM SESSIONS ONLY
 MUST BE A MEMBER TO PARTICIPATE AND YOU MUST HAVE YOUR CARD ON YOU

AUGUST 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---------------------------------------|--|---|--|--|
| last chance... 50/50 | draw date August 7 | 1 MATINEE, PAY AS YOU PLAY & MAIN | 2 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN | 3 MATINEE, PAY AS YOU PLAY & MAIN | 4 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 5 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS |
| 6 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 7 MeGa/Mini MoNsTeR BiNgO | 8 MATINEE, PAY AS YOU PLAY & MAIN | 9 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN | 10 <i>Double Points</i> MATINEE, PAY AS YOU PLAY & MAIN | 11 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 12 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS |
| 13 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 14 MATINEE & MAIN | 15 MATINEE, PAY AS YOU PLAY & MAIN | 16 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN | 17 MATINEE, PAY AS YOU PLAY & MAIN | 18 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 19 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS |
| 20 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS <i>Double Points</i> | 21 MATINEE & MAIN | 22 MATINEE, PAY AS YOU PLAY & MAIN | 23 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN | 24 MATINEE, PAY AS YOU PLAY & MAIN | 25 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 26 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS |
| 27 <i>Night Owl</i> MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS | 28 3x \$1000 Jackpots 1x \$1000 Jackpots online included | 29 MATINEE, PAY AS YOU PLAY & MAIN | 30 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN | 31 MATINEE, PAY AS YOU PLAY & MAIN | | |

BINGO HOTLINE (705) 253-8718 PRESS #1

Mega Monster Bingo Line up



GARDEN RIVER BINGO ENTERPRISE PRESENTS

| | | |
|--|--|---|
| Minis \$5.00 *must purchase* | 1 Line/ 4 corners | \$300.00 |
| Game 1 LIME | 1 Line 2 Lines | \$500.00 \$1000.00 |
| Game 2 (Special) RED \$5.00 | 1 Line Dollar Sign Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 3 AQUA | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| Game 4 (Special) OLIVE \$5.00 | 1 Line Letter B Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 5 WHITE | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| Game 6 (Special) BLACK \$5.00 | 1 Line Letter I Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 7 ORANGE | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| Game 8 (Special) BLUE \$5.00 | 1 Line Letter N Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 9 TAN | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| BREAK TIME | | 30 MINUTES |
| Game 10 (Special) PINK \$5.00 | 1 Line Letter G Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 11 GREY | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| Game 12 (Special) PURPLE \$5.00 | 1 Line Letter O Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 13 BROWN | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| Game 14 (Special) YELLOW \$5.00 | 1 Line Champagne Glass Full Card | \$300.00 \$700.00 \$10,000.00 |
| Game 15 DK. BLUE | 1 Line 2 Lines | \$500.00 \$1,000.00 |
| Game 16 (Jackpot) GREEN \$5.00 | Inside Square Outside Square Full Card | \$2,000.00 \$3,000.00 \$15,000.00 |
| Game 17 (Late Bird) *Must Purchase* \$5.00 | Double Postage 4 Postage Stamps | \$1,500.00 \$6,000.00 |

THANKS FOR COMING!!! COME BACK AGAIN!!

RAFFLE
Time
TICKET
Valid until: August 7, 2023

WIN CASH PRIZE
50/50 SPLIT

August 7, 2023

WINNER WILL BE ANNOUNCED AT OUR MEGA MONSTER BINGO

MeGa MoNsTeR BiNngo

Games • Food • Prizes

MONDAY, AUGUST 7th - 12:30PM

DOORS OPEN AT 8:30AM

TICKETS: \$75/strip ADVANCED / \$100/strip
AT THE DOOR

4 STRIP MINIMUM PURCHASE
RESERVED SEATING AVAILABLE!

FOR MORE INFO PLEASE CALL: (705) 253-8718 EXT. 235
EMAIL: MINIMONSTER@GRFNBINGO.COM



20 Syrette Lake Rd. | Garden River ON | P6A 7A1





This September will be the first Garden River First Nation election in over a century held without the Indian Act. Instead, on an interim basis, the First Nations Elections Act (the “FNEA”) will govern our democratic election of Chief and Council.

With the goal of improving the integrity, transparency, and stability of Ketegaunseebee’s governance, the FNEA is a step away from the Indian Act and towards re-establishing our sovereignty. Unfortunately, the Anishnabek Wiinawaa Enaak Konigewaad (People Governing Each Other) – Ketegaunseebee’s Leadership Selection Law, that we have worked hard creating will not be approved by Indigenous Services Canada by this coming election. ISC requires changes to our law before approval, which will take time and engagement.

While this takes place, current Garden River leadership have, after careful consideration, decided to hold our next election under the FNEA. The biggest benefit of the FNEA means that elections will no longer be held every two years. Instead, with the FNEA, elections will be held every four years until adoption of the final Ketegaunseebee Leadership Selection Law.

The FNEA is a unique, indigenous made solution to the problems of two-year Indian Act elections. Initiated by the Assembly of Manitoba Chiefs and Atlantic Policy Congress of First Nation Chiefs, the FNEA has been adopted by over 85 different First

Nations across the country since it became law in 2015. Close to home, Serpent River First Nation adopted the FNEA in 2021, and it has been a success for the community. Other communities using the FNEA include:

- i. Biigtigong Nishnaabeg
- ii. Serpent River First Nation
- iii. Roseau River Anishinaabe First Nation
- iv. Fort William First Nation
- v. Musqueam Indian Band
- vi. Peguis First Nation
- vii. Biinjitiwaabik Zaaging Anishinaabek
- viii. Nigigoonsiminikaaning First Nation
- ix. Chippewas of Georgina Island
- x. Chippewas of Rama First Nation
- xi. Tla-o-qui-aht First Nations
- xii. Shuswap Indian Band
- xiii. Tsleil-Waututh Nation
- xiv. Mattagami First Nation
- xv. Beausoleil First Nation

The FNEA serves the interests of the entire community. A longer period between elections provides a foundation for our government to practice strategic long-term planning and increase economic development. The stability of longer elected terms allow for stronger negotiation and litigation positions with government and industry, deeper community consultation, and more efficient government. There will be provisions around corrupt activities and penalties for offences allowing more time with our government at work for the community. Two-year election cycles are costly. They encourage short term

thinking, voter fatigue and re-election focused decision making. Leaving a two-year election cycle in the past brings Garden River in line with most of Canada. In 2014 British Columbia banned 3-year municipal elections to manage election costs and encourage consultation and long-term planning. While a two-year term might let you defeat a bad council, it keeps a strong council from achieving its aims, and shields an indifferent council from being properly measured. Ketegaunseebee leadership have a duty to implement the best available election rules for the long-term benefit of our community. While we continue to develop the Ketegaunseebee Leadership Law, the First Nations Elections Act is the best election code available. For more information about the First Nations Elections Act, its creation and the First Nations who are using it, please visit:

<https://www.sac-isc.gc.ca/eng/1323195944486/1565366893158>

<https://laws.justice.gc.ca/eng/acts/F-11.65/FullText.html>

<https://www.sac-isc.gc.ca/eng/1428609749906/156536710389>

Tidbits taken Leadership selection under the First Nation Elections Act (FNEA.)

Qualifications of candidates:

- ⇒ candidates nominated for all positions must be a member of the First Nation
- ⇒ candidates must be at least 18 years of age on the day of the nomination meeting

Rules and procedures for nominations:

- ⇒ a voter can nominate a candidate in writing prior to the nomination meeting or in person by speaking at the meeting
- ⇒ a person can be a candidate for only one

position in the election

- ⇒ a person cannot nominate more candidates than there are positions to be filled at the election
- ⇒ a First Nation may impose a fee of up to \$250 on each candidate that will be refunded if the candidate receives more than 5 per cent of the total votes cast

Offences and penalties:

- ⇒ prohibits corrupt activities during the electoral process such as offering and accepting bribes, purchasing and selling mail-in ballots, obstructing the electoral

process or breaching the secrecy of the vote

- ⇒ persons who breach these prohibitions are guilty of an offence that is punishable by fines and up to five years in prison
- ⇒ elected officials convicted of any of these offences are removed from office and candidates convicted of certain offences are not eligible to run again for five years

Complete information can be found at: <https://www.sac-isc.gc.ca/eng/1323195944486/1565366893158>

Notice of Nomination Meeting

Notice is hereby given that a meeting of the Electors of the Garden River First Nation will be held at the Community Centre on Friday the 11th day of August 2023, from 4:00 p.m. – 7:00 p.m., for the purpose of nominating candidates for the positions of Chief and Councillors on the Band Council of the said Band, for the next ensuing term. There is one (1) position for Chief and eight (8) Councillor positions available.

Important Information About the Nomination of Candidates

1. Any elector may nominate candidates by delivering or sending by mail, fax, or email a completed signed and witnessed nomination and voter declaration form to the Electoral Officer before the time set for the nomination meeting, OR by making a nomination orally at the nomination meeting.
2. Under the First Nations Elections Act, an elector must not nominate more than one candidate for chief position and no more than eight (8) councillors.
3. Under the First Nations Elections Act, a nominee does not become a candidate until they deliver to the Electoral Officer or Deputy EO, by 4:00 p.m. on Monday, August 14, 2023, a signed Candidate Declaration form which can be obtained from the Electoral Officer or Terri Tice, Deputy Electoral Officer (Band Membership).

Important Information About the Election

1. The Election will be held on Tuesday September 19, 2023, at the Community Centre, from 9:00 a.m. until 8:00 p.m.
2. Any elector may vote by mail-in ballot by submitting a **Request for Mail-in Ballot** form to the Electoral Officer, along with a **copy of identification**. Ballots will not be mailed out after Tuesday, September 12, 2023.
3. Any elector may permit the Electoral Officer to release their name to the candidates.

Given under my hand this 17th day of July 2023.



Vaughn Johnston
Electoral Officer

PO Box 309, SSM PO Main
Sault Ste Marie, ON P6A 5L8

Cell/Text: 906.379.8796
Fax: 705.945.1415 (Band Office: Attn Electoral Officer)
Email: vaughn_johnston@hotmail.com

Request for Mail-in Ballot

Information For The Elector

The Band Council Election of the **Garden River First Nation** will be held on **September 19, 2023**. If you wish to vote by mail-in ballot, you must **complete this form** and send it to the Electoral Officer by mail, fax or email. The information appears below.

You must also include a copy of proof of identity, such as a copy of your Certificate of Indian Status, driver's license, health card, or another document that provides your identity. **Do not provide the original document.**

If the Electoral Officer receives this request on or before September 12, 2023, a mail-in ballot package will be sent to you at the address you provided. If you have any questions, please contact the Electoral Officer.

Please note that the closer to Election Day you make your request, lessens the chance of your completed ballot being successfully received by the Electoral Officer.

Vaughn Johnston Box 309, SSM PO Main Cell/Text: 1.906.379.8796
Electoral Officer Sault Ste Marie, ON P6A 5L8 Fax: 705.945.1415 (Band Office)
Email: vaughn_johnston@hotmail.com

I _____, (name of elector) _____ (band number) am a qualified elector of

the Garden River First Nation and do hereby request that a mail-in ballot package be sent to me at

Address _____ Municipality _____ Prov/State _____ Postal/Zip Code _____

Telephone: (____) _____ - _____ Email: _____

For Use by the Electoral Officer only

Request received on: _____ Mail-in Ballot sent on: _____

Type of identification: _____



Plans underway for the first ever Ininzhimo Transitional Housing Project on Ketegaunseebee Garden River First Nation.



Ininzhimo Transitional Housing



For many years Indigenous people across Turtle Island have been discussing ways to protect our women and children in need. The ones who are facing times of vulnerability and/or living in fear of abuse. Women who are escaping an abuser, trafficker, or whatever the case may be, need safe places to retreat to. Places that provide privacy and cultural understanding towards these women and their unique situations. Preferably a place that can recognize and meet their cultural needs while also providing shelter and training (for up to one year). Sometimes a vulnerable person just needs a helping, accepting and protective place to stay while they rebuild their lives and confidence. GRFN has a chance to be the place that provides this space.

Until recently, there was never any real plan or safe place to provide positive assistance to women in need, other than the standard referral to a women's shelters and/or social assistance in Sault Ste. Marie. Often, those shelters are at capacity, and we end up losing our people during their most desperate times. We have no transitional housing in place on-reserve. When our people are turned away from shelters, they get

little help and often give up hope. Sometimes, these women just need low-to-no rent transitional housing with a safe place to stay while they develop a life plan. Perhaps a place with access to cultural activities, traditional learning, work, and childcare.

This is the vision Garden River has for the **Ininzhimo and Transitional Housing Project**. An initiative like this requires a secure facility, with staff who are trained to work with vulnerable sector people. The plan was created and submitted for approval last year. We are proud to announce that this project is about to move forward into the construction phase.

The Ininzhimo Transitional Housing project will break ground following the Labour Day weekend and will be located across the highway from the Community Hall. It is our hope to be able to start housing First Nation women in need from Garden as well as all North Shore First Nations in the late spring of 2024.

The Ininzhimo Transitional Housing program has been envisioned as a substance-free, long-term 14 unit

facility for those who have experienced VAW (Violence against Women). Women, and where applicable, their children will be provided support in a culturally-safe and inclusive environment that allows up to a one year stay. Programming will centre on a holistic, client-focused, and strength-based approach which promotes advocacy and empowerment for woman while maintaining their cultural identity in addition to respecting diversity of Nation, religion, and sexuality. The goal is to foster the healing journey with a focus on developing skills and opportunities for independent living.

The sense of community helps to draw on the strength of growth as a community of care. The strength of a community relies on its ability to help those members who are most in need. A strong caring community is our ultimate final goal.





The GRFN Fire Department—On location providing Fire Safety Information and hands on learning—July, 2023
It's been mentioned that the GRFN Child Care Centre kids thoroughly enjoyed the experience.



The GRFN Fire Department— Receives new fire truck & new extraction tools
(photos courtesy of Sootoday, James Hopkin—July 13, 2023 <https://urlis.net/w1j913h0>)



**Hold the Crown accountable
to their Treaty responsibilities.**

» VISIT OUR WEBSITE FOR HOW YOU CAN HELP

www.robinsonhuron treaty1850.com

It is with great pride that Ketegaunseebee congratulates **Olivia Solomon**, for securing her spot to compete in the **26th Annual Youth Bowling Teen Masters Championships**, being held in Detroit, Michigan, later this summer.

The Youth Bowl Canada Nationals were held this past April in Guelph where Olivia, (who had just turned 17) competed in the Senior division ages 17-21. She placed 4th overall, after going up against some of the best youth bowlers from across the country.

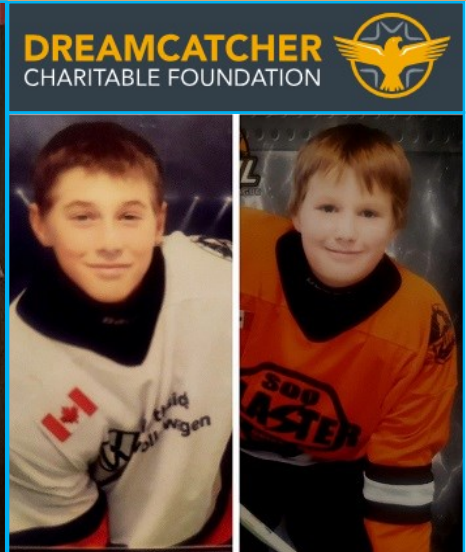
That fourth-place finish ended up getting her an official invite to compete in the 2023 Teen Masters Championships! Olivia was notified about the tournament via Youth

Bowl Canada's official letter which stated she had made the cut and is officially invited to compete in the upcoming event.

No stranger to competition bowling, Olivia has been practicing and competing for several years now. We wish her the best of luck at the Masters competition and look forward to many wins yet to come! We would like her to know that her community stands behind her all the way!

Miigwetch for representing us out there Olivia! We are very proud of you, and we look forward to cheering you on during the final championship games in Detroit, and beyond!

Go Olivia Go!



Isaiah Boissoneau and Jonny Lacasse would like to thank the Dreamcatcher Foundation for sponsoring their 2022-2023 hockey season. **Miigwetch!!**

2023 JEUX AUTOCHTONES de l'Amérique du Nord
HALIFAX - NOUVELLE-ÉCOSSE



North American **INDIGENOUS GAMES 2023**
HALIFAX - NOVA SCOTIA

North American Indigenous Games

Team Ontario. Halifax, Nova Scotia (July 15 -23 ,2023)

Jacob came home with the SILVER in Men's U16 4x400m relay. His team did very well for not practicing together. Journey did her very best! Came out 4th in Women's U16 Javelin, which she now has a new personal best. They both played hard, long days spent at the track, they got to know the transit system very quickly! Hot and humid days, 3 months of rain fell in an HOUR!! Which cancelled the closing ceremonies. Halifax, Nova Scotia was definitely a experience they with never forget! Congratulations to all the Athletes that were selected to represent not only Team Ontario but also Garden River !



GIVER, GIVER, GARDEN RIVER

Thank you / Miigwetch to everyone that helped with the fundraisers we did ! All the small businesses that contributed, GRFN, in town businesses, all our families & friends that helped with the luncheon. Many, many, Miigwetches to all that helped made this trip of a lifetime for them.

Silver Medalists: Mens 16U 4x400 Mark Bail Leland Champagne, Jacob Day, Levi Landry w time of 3:57:95



I want to wish my eldest granddaughter Journey Day and my only grandson Jacob Day, a huge congratulations on their participation in the Northern Indigenous Games 2023 held in Halifax on TEAM ONTARIO. Honorable mention goes Journey who placed 4th in javelin. And Jacob Day who brings home a Silver Medal as his team placed 2nd in the 400m relay. Whether our young people brought home a medal or not, they are all winners for taking the challenge, putting themselves out there and taking this great opportunity to put themselves to the test. Jacob had the experience of having his 15th birthday out in Halifax, and the Saskatchewan Team sang Happy Birthday to him on the city bus. There was a huge storm hit Halifax while they were out there, Halifax was smack in the middle, but they seemed spared from destruction and all our eshkinijig / young people made it home safe, Miigwetch Creator for all of this great experience. Miigwetch to everyone who supported our children, they now have a life experience to remember always.

Congratulations to the Sabre Cats who will play in the Semi Finals and who had a pretty successful season this summer playing football. There are many young fellas from Garden River on their Team: Arthur Solomon 77, Wayne Jones-Reid 61, Jacob Day 16, Steven Day-Nolan 56, Garren Pine 3, Lawrence Ward-Solomon 67, Albert Perreault 22, Dax Billingsley 88, along with other Indigenous Players, Nashoba Moore 8 and Wiingushk Shawana 9 on the Sabre Cats. Go CATS Go.



Congratulations to Nevaeh Pine as well, who brings home a gold for wrestling.

From: Grandma Barb / Misko Asin / Red Stone Aajijjaak N'Dodem / Crane Clan.



REGISTRATION NOW OPEN

CHILD WELL-BEING WORKING GROUP MEETING

August 2-3, 2023 | Virtual or In-Person

Day One: 9:30am-3pm | Day Two: 9am-12pm

The Anishinabek Nation Child Well-Being Working Group is comprised of representatives from the 39 member First Nations of the Anishinabek Nation and six (6) affiliated Anishinabek child well-being agencies. The Working Group holds meetings a minimum of four (4) times per year to discuss child well-being initiatives.

REGISTER ONLINE AT:
tiny.cc/August2023CWBWG

Questions? Contact: **Christine Babinski**, Executive Assistant at christine.babinski@anishinabek.ca

ANISHINABEK CITIZENS ARE WELCOME AND ENCOURAGED TO ATTEND!

WWW.ANISHINABEK.CA



FREE TO GRADE 7 & 8 STUDENTS!

MINO BIMAADIZIWIN SUMMER TRANSITION PROGRAM



AUGUST 14-18, 2023
AT ST. MARYS COLLEGE

THE SUMMER TRANSITION PROGRAM INCORPORATES CULTURAL TEACHINGS, TRADITIONS, & PRACTICES, WHILE PREPARING THE STUDENTS FOR THEIR TRANSITION TO SECONDARY SCHOOL. TRANSPORTATION & MEALS PROVIDED! OPEN TO SELF IDENTIFIED FIRST NATION, METIS, & INUIT STUDENTS IN SSM

SIGN UP BY SCANNING THE QR CODE OR EMAIL KESHA MCLEOD

KESHA.MCLEOD@HSCDSB.ON.CA

[HTTPS://FORMS.GLE/GXRtBZCWDPRBQVKA](https://forms.gle/GXRtBZCWDPRBQVKA)



APS & NOG

GR Trust



Anishinabek Police Services & Nogdawindamin Alternative Care & Kinship

presents

family fun day & bbq

For All Ages

FREE EVENT

Thursday August 24th, 2023

Activities:

- Door Prize
- Fish Pond
- Dunk Tank
- Face Painting
- Bounce House
- Music
- Popcorn
- Food & Drinks
- and Much More!!

Garden River Recreation Center
11:30am - 2:00pm



COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"
 Ph: 705-206-7525
 Email: grfntrust@gmail.com

c/o 6 Shingwauk Street
 Garden River, ON P6A 7B2

"1994 - 2023: Celebrating Community Engagement: Garden River Membership Approved - Trust Funded!"

NOTICE OF VACANCIES & PRIORITY LIST -- OPEN UNTIL FILLED

1. Are you:
 - A) trustworthy and honest?
 - B) over the age of 30 years on commencement of term as Trustee?
2. Can you make:
 - C) time commitment of a minimum of 5 hours per month?
 - E) sound judgments?
3. Would you:
 - F) help others in your role as a Trustee?
 - G) maintain loyalty to the Trustees, AND higher loyalty to the Garden River Band members/beneficiaries, both present and future generations?

If you have answered YES to all of the above, you are invited to submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications*. Successful candidates who meet these qualifications may serve as a Trustee whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Send resume, cover letter to: Alanna Jones, Trust Manager
 Garden River First Nation Community Trust
 c/o 6 Shingwauk Street
 Garden River, ON P6A 7B2
 Email: grfntrust@gmail.com

*NOTES: Meeting criteria s.6.6 of Trust Agreement; and interview process (average 50%+1 interview score); appointments to serve as Garden River Trustee are conditional upon submission:

- a. clear Criminal Reference Check
- b. clear/negative bankruptcy/credit check
- c. signed Code of Conduct
- d. three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email grfntrust@gmail.com.
 Posted June 23, 2023



We are happy to announce that we have some new additions to the team:

- Shelley Busawa – General Labour
- Jackson Zack Coneybeare – Traditional Helper/Facilitator
- Justice Eva – Housing Support Specialist
- Autumn Pichette – Human Resources Admin. Assistant
- Deanna Trudeau – Customer Services Representative/ Scale Operator
- Evan Belleau – Energy advisor

Promotions and New Assignments:

- Tanya Boissoneau – A/Lands and Resources Manager
- Stuart Souliere – Capital Projects Supervisor

Please join us in welcoming them and assist in any way you can.

We know that starting a new job can be challenging, so we want all our new employees to know that we're here to support you.

Welcome to each of you, we know you will do great things and we wish you the best in your new roles!

~~~~~

Aaniin!

I am very excited to be beginning my role as Energy Advisor for Garden River First Nation's Community Development team.

I live in Garden River First Nation with my son and my wife. Conservation advocacy, whether energy or ecological, has always been a firm part of our household discussion and belief system. I am a lover of physical fitness, particularly weight-training. I can

be seen going to or from the gym at the Garden River Rec Centre. An excellent facility I highly recommend everyone checks out if you haven't already. Some folks may know me from my time in local bands. I believe this live music experience gives me a leg up as far as public speaking or communicating.

I received my diploma from the Sault College Business Administration program. This education has outfitted me with knowledge and skills in Accounting, Marketing, Finance, Human Resources, Business Operations, and Communication. I look forward to utilizing the skills I've learned in college and coupling that with the skills developed through past work experience in a way that benefits Garden River First Nation in my capacity as Energy Advisor.

My previous work experience has been with Sault Ste. Marie based small businesses and businesses within Garden River. Thirteen plus years of my work experience has been customer service related. This has given me hands-on experience on the importance of representing oneself professionally, as well as establishing and maintaining relationships and strategic partnerships pivotal to growth. Along with this work experience, I have maintained a small business selling and shipping collectibles from my home since 2018. While not a large-scale operation by any means it enables me to continue to engage in communications with customers in a professional capacity.

My goal is to become the best energy advocate possible for my community. I



look forward to engaging the community in outreach events and working with the community on improving our energy profile. My biggest hope is that through this work we may see a more physically, spiritually, and economically vibrant and healthy Ketegaunseebee.

For information on energy saving programs offered, or updates on community development projects related to energy, reach out to the contact info provided and follow the "Garden River First Nation Energy Awareness" Facebook page, and the @gardenriverercd Instagram page.

Baamaapii

Evan Belleau  
Energy Advisor  
Community Development  
7 Shingwauk Street  
Garden River First Nation  
Garden River, ON P6A 6Z6  
Phone: (705) 946-6300 ext. 225  
ebelleau@gardenriver.org



~~~~~

Aaniin Boozhoo, Robyn Hache indizhinikaaz. Batchewana indoonjiba. Gioozhe indoodaym. Oshawashkobinshiin indigo. Hello, my name is Robyn Hache. I am First Nations woman from Batchewana. I am called blue bird and belong to the Pike Clan.

I am a married mother of 2 children, a son and a daughter. I have a background in Addictions & Mental Health, and Youth Support and Development. For quite some time, I have nurtured a strong passion for working with my ancestral First Nation territories.

Finally, the time has arrived for one's convictions, particularly as a member of the First Nations I take great pride in my current position with Garden River First Nation, Ketegaunseebee, and eagerly anticipate a future filled with significant and transformative contributions to these lands and the community.

(Continued on page 17)

Having witnessed the strength and resilience within out First Nations communities, I am honoured to now have the opportunity to actively contribute to its growth and well-being. With a passion for resilience, I am committed to making a positive and lasting impact on the lives of Garden River First Nation community members, particularly with supporting Indigenous individuals involved in the mainstream criminal justice system. Throughout my career and personal experiences, I have cultivated a strong belief in the power of community engagement and collective action. I firmly believe that by working together, we can overcome challenges, embrace opportunities, and create a future filled with inclusivity, empowerment, and prosperity for all.

In my new role as Justice Worker, I am dedicated to fostering open lines of communication, building meaningful relationships, and actively listening to the needs and aspirations of our community members. By collaboratively designing and implementing initiatives, programs, and projects, we can address pressing issues, unlock potential, and nurture a sense of unity and pride in our shared heritage. I am sincerely grateful for the warm welcome and support extended to me thus far, and I am eager to connect with each of you, forging bonds of trust and understanding. Together, let us embark on this exciting journey of growth and development, fueled by our collective wisdom and the rich tapestry of our community.

Thank you for entrusting me with this important role. I look forward to working alongside you and building a stronger, more vibrant community together.

Chi-Miigwetch—Thank you

Robyn Hache
Justice Worker
Governance Department



As the Justice Manager for the Anishinabek Nation, I have been receiving information from Chiefs of Ontario to pass along to our communities. There's a web page from Chiefs of Ontario in regards to our First Nation Rights at Risk that can be shared within the newsletter.

www.fnrightsatrisk.ca

It has various information, articles and template letters to oppose federal legislation on the Metis government. If this legislation is passed, it will infringe on our First Nations rights. Please view and I hope that we can share it with

our community members as this impacts every First Nation and First Nation individual in Ontario.

There is also the **Robinson Huron report** that was conducted and impacts the surrounding communities; especially Garden River and Batchewana. A lot of our family names are within the report and shows how individuals are using our ancestors to claim Metis status through Metis Nation of Ontario. The Metis Nation of Ontario is also quoted stating in their Assessment Report to the government that Garden River is a metis community, which is completely untrue.

The Corbière-Nolin VMFL is clearly an extended Anishinaabe family. The “Métis” root ancestors for this family are John Corbière and Marie-Madeleine Nolin, both of whom are Anishinaabe born at Garden River First Nation around 1821. Notably, the MNO claims that Garden River First Nation is part of the “Métis Community” in its Assessment Report. The primary reason that the MNO appears to have included the family here is because root ancestor John Corbière signed the 1850 Sault Ste Marie Halfbreed Petition. However, as with the Boissonneau VMFL, John and Marie-Madeleine’s descendants were eventually included as Robinson-Huron beneficiaries because they intermarried with other local Anishinaabeg families such as Boissonneau, Lesage, and Boyer. The thirty-nine individuals over four generations included in the MNO’s Ethnicity Chart were overwhelmingly identified under the category First Nation.

Links to verify information:

Chiefs of Ontario

www.chiefs-of-ontario.org/priorities/justice/rights-assertions/

Robinson Huron Report

www.waawiindamaagewin.com/wp-content/uploads/2023/05/MNO-Report-for-RHW.pdf

Chief McLeod explains opposition to Metis Nation of Ontario receiving

federal self-government legislation

www.youtube.com/watch?v=uQTRE1NCBeo&t=6s

www.fnrightsatrisk.ca

Kristy Jones
Justice Manager
kristy.jones@anishinabek.ca
Anishinabek Nation
www.anishinabek.ca

Did you also know Michael Jackson was part native American?

He was a quarter Chero-HEE-HEE!





Miijim Gaamig Food Bank presents:

Back to School

Prize BINGO

NEW DATE!!
Sunday, August 13, 2023



GR Community Centre
Doors open @ 11 a.m.
Bingo starts @ 1 p.m.
Prize Table
Draws for Bake Table
Canteen will be available



GRFN

Miijim Gaamig
Garden River First
Nation Food House

Hours of Operation

Monday—9 am—4 pm
Tuesday—CLOSED
Wednesday—9 am—4 pm
Thursday—CLOSED
Friday—9am—4 pm

PLEASE NOTE:
LUNCH CLOSURE (12-1pm)

Food bank access is limited to
one visit per month

Further information, please
contact Michelle
@ MIIJIM GAAMIG
(705-946-6300 ext 227)

*Food and Monetary
Donations are always
greatly appreciated

Great things to donate to GRFN-MIIJIM GAAMIG—Food Bank



- Peanut Butter & Jam
- Pasta (dry or canned)
- Pasta Sauce
- Canned Tomatoes
- Tuna or Salmon

Other canned meats: chicken, ham or turkey flakes
Kraft Dinner, Sidekicks, Mr. Noodles

Hot & Cold Cereal

- Canned Soup
- Rice/Flour/Oatmeal
- Coffee (instant or ground)
- Tea
- Juice Boxes



*Donations can be dropped off at Miijim Gaamig
Food Bank located at the GRFN Band Office*

MIIGWETCH FOR YOUR SUPPORT



Recipe of the Month



Ground Turkey Stuffed Shells



- preferred)
- 1 jar of your favourite spaghetti sauce
- 1 table spoon of minced garlic
- 1 cup of Ricotta Cheese
- 1 cup of Mozzarella Cheese divided
- ½ cup of Parmesan Cheese
- 1 cup finely diced red and yellow bell peppers
- 1 small onion finely diced
- Salt and pepper to taste

Directions:

1. Preheat oven to 350 F. Spray a baking sheet with non stick spray
2. Cook pasta according to the directions on the box. Once cooked set aside to cool.
3. Brown ground Turkey along with the

- diced onion, garlic, and bell peppers.
4. Cover the bottom of baking dish with half the spaghetti sauce. Set aside.
5. In a medium bowl, lightly beat one egg. Add the ground turkey mix, ricotta cheese, half the mozzarella cheese, parmesan cheese, and salt and pepper to taste.
6. Using a spoon, stuff each shell with the Turkey mixture
7. Place the stuffed shells in the baking dish closely together
8. Pour the remaining spaghetti sauce over the shells, then cover with the remaining mozzarella cheese.
9. Bake at 350 F for 20-25 minutes or until the cheese is bubbling on the top

by Gary Belleau baa

Ingredients:

- 16 jumbo pasta shells
- 1 pound lean ground Turkey (or beef if

Submitted by: Tamara Musgrove Boissoneau



Garden River First Nation's Ojibway Park Presents...

Ojibway Park For Sale!!

Our Campers are having a yard sale!!

Whats that saying? "one person's trash is another person's treasure"
This is an opportunity for our campers to destash before end of season or simply sell their homemade crafts!



Where? -

Ojibway Park Pavilion

When? -

September 2nd 2023

Time? -

8am-6pm



How to register?

You must be a registered seasonal camper to sell.
\$20.00 for a table & 2 chairs
Registration will be up at the Gatehouse.
Limited spots
Deadline to register: August 25th 2023
What you make from your table is 100% yours to keep.

This Event is open to the Public



We ask on this day, visitors looking to use the beach &/or check out the Yard Sale to stop at the gatehouse with a canned food or non-perishable to gain entry.

All will be donated to our local food bank.



Housing



PRIVATELY-OWNED POWERLINE ASSETS

Know Your Responsibilities

Maintaining the Electrical Equipment on Your Property

If you have an overhead powerline on your property, you may own the assets. You are legally responsible to maintain the electrical equipment on your property—such as poles and overhead wires—in a safe manner and in compliance with the Ontario Electrical Safety Code.

This includes safely maintaining tree growth and plant material around overhead powerlines to avoid potential electrical hazards. If you're not sure how to determine ownership of the powerlines and related equipment, contact your Local Distribution Company for more information.

Electrical Hazards Near Powerlines

DIRECT CONTACT

Contact with overhead powerlines can happen when using tools such as ladders, pole top pruners and other pruning equipment to prune or remove trees. Branches and limbs caught in the powerlines may become conductive.

INDIRECT CONTACT

During tree pruning and maintenance activity, branches, people and equipment in close proximity to the overhead powerlines can conduct electricity. You don't even need to touch a powerline to receive a potentially deadly shock. Electricity can arc (jump) to you and your tools if you get too close.

DOWNED POWERLINES

Energized powerlines can be pulled down by broken branches and limbs. Anyone standing near the downed powerlines is at risk. Always stay at least 10 metres (33 feet) from a down wire.

Getting too close to a powerline can have

lethal consequences.

Understanding Code Requirements

Rule 75-712 of the Code requires owners of privately-owned powerlines to prune and maintain all trees and woody growth so that a minimum clearance of four metres is around the powerlines.

Follow these steps to safely prune trees near powerlines:

- It is strongly recommended that tree-pruning maintenance be completed by a Utility-Arborist who has been trained to prune trees around powerlines.
- If you plan to hire someone other than a Utility Arborist to prune or remove trees near powerlines it is strongly recommended to make arrangements with the Local Distribution Company to have the powerlines safely disconnected at the source prior to starting work and while the work is being performed.



EMPOWERING LIVES, EMBRACING COMMUNITY: TOGETHER TOWARDS A BRIGHTER FUTURE!

NSTC NIIGAANIIN SERVICES IS NOW THE OFFICIAL DELIVERY AGENT FOR ODSP

Big Announcement!

We're thrilled to share that Mamaweswen, The North Shore Tribal Council Niigaaniin Services, is now the official delivery agent for the Ontario Disability Support Program (ODSP) within our eight communities.



Important Update

Starting July 31st, we will issue our very first payment to ODSP recipients. Rest assured, we are dedicated to ensuring a seamless transition for everyone.

Contact Information

If you have any questions or concerns, please contact Hali Solomon, Manager, by emailing odsp@niigaaniin.com or by texting or calling her at (249) 525-7016.



GARDEN RIVER FIRST NATION ENERGY COMMITTEE



Are You A Community Member Interested In Joining The Energy Committee?

Members of the Energy Committee are committed to establishing an ongoing implementation strategy of the Community Energy Plan.

DUTIES & RESPONSIBILITIES

- Update and engage GRFN Community on matters concerning energy
- Participates in dialogue related to energy conservation and efficiency
- Promotes the development of energy sustainability projects
- Collaborate with GRFN departments on Energy
- Provide regular social media interaction

QUALIFICATIONS

- Education or interest in all or any aspect of energy
- Familiar with energy conservation and efficiency
- Able to maintain confidentiality and act in the best interest of GRFN
- Commit to meet once a month (Meetings to start in January 2022)
- Must be 18 years of age to apply

Apply By August 14th, 2023
For More Information Please Contact:

Evan Belleau, Energy Advisor
ebelleau@gardenriver.org
705-946-6300 Ext. 225



Lands & Resources

Boozhoo Ketegaunseebee,

The Department of Fisheries and Oceans (DFO) will be conducting work on the Garden River August 8-14. They will be putting a lampricide chemical in the water called TFM, which is able to kill invasive sea lamprey larvae. This post has a notice about lampricide and a picture of the DFO trucks that will be conducting the work in Garden River. These chemicals do not affect human health, they do not affect the edibility of local fish, they do not cause short or long term environmental damage, and the chemicals break down and are eliminated from the environment within days of the application.

Aaron Jones
Fish & Wildlife Coordinator
Ketegaunseebee (Garden River First Nation)
P: 1 (705) 253-0225 ext. 201
E: AJones@GardenRiver.org
W: gardenriver.org/site/



NOTICE TO GRFN COMMUNITY
The DFO will be conducting invasive sea lamprey treatments in the Garden River August 8-14. Lampricide (TFM) is a chemical that is used to kill invasive sea lamprey. Notes on TFM:

- Does not affect human health
- Does not affect edibility of local fish
- Does not cause short or long term environmental damage

If you have any questions, comments, or concerns about this, please contact Fish and Wildlife Coordinator Aaron Jones at ajones@gardenriver.org or 705 253 0225 ext. 201



CALL OUT

for Elders & Knowledge Keepers

The GRFN Education Unit are seeking Elders/Knowledge Keepers who can:

- ~ Utilize Our Language & Traditions
- ~ Work with K-12 students
- ~ Plan activities
- ~ Share their knowledge & Skills

GRFN Education Unit along with ADSB & HSCDSB will provide our Elder /Knowledge keeper an opportunity to share their language, knowledge and experiences with our students in the classroom from Sept. 2023- June 2024 during 1-2 weekly sessions.



Please send a letter of interest expressing how you meet the requirements; to Charla Whalen @ 48 Syrette Lake Road, GR, ON P6A 7A1; or call 705-946-3933 ext 219 or 705-542-589 email: cwhalen@gardenriver.ca for more information.

Mentor Our Students

Enjoy meaningful time spent with our students

Receive an honorarium

Help provide a safe place to create awareness of our traditions, language & culture

GRFN Education Unit

SAVE THE DATE!

BACK TO SCHOOL BLITZ

WEDNESDAY
AUGUST

23

2 PM - 6 PM



Education/Recreation Centre

48 Syrette Lake Road



Elementary Liaison

REGISTRATION

New Student Enrollment

If your child is born in 2019 (JK) or 2018 (SK), please register them with us today.

How to register:

1. Come in anytime at the Garden River Education Unit
2. Fill out registration papers
3. Provide status card if your child has one
4. Receive a copy of the Elementary guidelines to see what services are provided for your child

Please register with Deanna Jones, Elementary Liaison

I can be reached at 705-946-3933 ext 203 or by email at dejones@gardenriver.ca



AIM Courses Fall 2023

Classes start
September 11, 2023

Earn your OSSD and
be our 50th Graduate!

Teacher Taught Courses:

MEL3E - Mathematics for Work and Everyday Life

- Mondays and Wednesdays 9am – 12pm

NBE3C - English: Understanding Contemporary First Nations, Métis, and Inuit Voices

- Tuesdays and Thursdays 9am – 12pm

LNOBO - Ojibwe Level 2

- Tuesdays and Thursdays 5pm – 8pm

**Independent/Teacher-led courses
available as well.**

Come in or call: Adults in Motion (705) 946 – 3933
48 Syrette Lake Road, Garden River, ON, P6A 7A9

Post Secondary

From the Post-Secondary Counsellor:

I hope that you are all enjoying your summer and that you are getting all rejuvenated for the new year. With the high number of eligible applicants each year along with the limited post-secondary budget and uncertainty of the future of post-secondary sponsorship, it remains very important to maintain your higher priority for sponsorship. It is easiest to do this by:

- first, seriously consider your educational goals before choosing your eligible program and school and then by
- attending every class, completing your course work on time, studying and maintaining passing grades while you are enrolled.

For all of my post-secondary students, I apologize in advance to the students send their required documents and information in advance or on time - all the time.... but for the rest of you, you will have to get used to my continuous reminders. I will again be that 'nagging little voice' that you hear reminding you *constantly* throughout the school year about your responsibilities as a sponsored student. I know that most of you do not need to be reminded but for most, a gentle reminder, here or there, is more than welcome for the rare (or frequent) times that something does slip your mind because of your hectic daily schedules.

By now, you should have all received your "Acceptance Letters and/or Welcome Back letters/emails and sent me a copy. The Fall 2023 schedule/timetable should be available soon on school portals for college students - check your portal regularly so that you review and have enough time to clear up any issues before your classes start. For university students, you should have had to select and complete your registration for your Fall and Winter courses.

Please email me when your schedule is posted and/or when you have completed your registration so that I can print a copy for your file here.

Even though I communicate regularly with

you either in person, over the phone or by email, I have found that reminders are still very much necessary for some.

Therefore, mostly for the benefit of ALL OF THE FIRST YEAR STUDENTS (*and for those continuing students that forget to send the required info to me*) I will still be sending out emailed reminders to help everyone remember that they have to fulfill their responsibilities for sponsorship from Garden River.

FIRST DEPOSIT FOR FULL-TIME STUDENTS FOR SEPTEMBER 2023:

Provided that you have submitted all of your required documentation AND you are a Full-Time student, your **first deposit for the month of September 2023 will be made as scheduled on Friday, August 25th, the last Friday of the month.**

Depending on your personal information and allowance category, it will include:

- ★ **your September** monthly living allowance to help cover your rent, personal expenses, childcare, etc (this is based on your individual allowance category)
** please note this will be different for students living in residence*
- ★ **books/supplies advance** (\$400 total for first semester)
please keep your receipts in a safe place so that you can submit for a reimbursement if you spend over \$400
- ★ **regular travel** (\$80/week/month to help cover your monthly bus passes, parking pass/permits, etc).
NOTE: if your school charges a bus pass on your tuition bill, it is your responsibility to pay this directly at the school using this regular travel assistance that you are receiving
- ★ **seasonal travel** (one-way bus fare) for students that are moving out-of-town to attend school.

REMINDERS:

- if you are **claiming dependents on**

your monthly living allowance (a spouse and/or children), you must submit your latest **Child Benefit Summary** that is released in late July to verify your allowance category (may be sent to you via email or available on your online account). If you do not submit this form, you will be automatically given an **allowance equivalent to single student** until you have submitted the necessary documentation. Adjustments will not be made retroactively.

- To all **CONTINUING STUDENTS** that **DID NOT ATTEND FULL-TIME** throughout the summer and that move from their permanent address to attend school, we will automatically provide **\$300** to either move your belongings back to school and/or to help pay for your storage costs over the summer (must not be enrolled through summer).
- Moving assistance is available to all fulltime students in their first year and upon graduation that require a u-haul type moving truck/van/trailer rental to move their personal belongings to their school address and back home. You will need to submit 3 estimates in advance and to receive prior approval.
- For **students that remain in their hometown**, they are eligible to receive a **one time \$100 moving assistance** when/if they move locally for school purposes and when proof of move is submitted.
- If, at any time, you **want to change your educational plans by either revising your schedule or you transferred programs or schools, or whatever changes you have made**, it is required that you communicate with me first so that I can review your new plan and reassess your sponsorship accordingly.
- You **must maintain full-time** hours (check with the Registrar's Office if you are unsure) to be **eligible for your monthly allowance**. Please check your registration carefully.
- **Please read/review your copy of the GRFN PS Operating Guidelines (given or sent to you when you applied for sponsorship or available online at our website)** thoroughly as they outline your

responsibilities as a sponsored postsecondary student.

- If you have a **documented disability (temporary or permanent)**, it is your responsibility to self-identify with the school early - before classes start and follow their process (i.e. submit required documentation) in order to qualify for disability or accessibility support services. If your disability has been documented by and diagnosed by a qualified professional, and you are seeking academic accommodation through the school, it is required that you self-identify and meet with the Disability or Accessibility Services office ASAP. It is essential that you make your school aware of your disability related educational needs or changes in your disability-related educational needs as soon as possible because many of the additional support services to help you achieve academic success require some time before they can be put in place.
- If you have a **documented disability** and you qualify for disability or accessibility support services from your school, you must also inform the GRFN Education Unit for consideration for **GRFN PS Operating Guidelines, section 1.16 Students with Special Educational Needs and Student with Disabilities**.
- Please call in, or email me with your **new address, cell phone number, and your school email address**.
- Have you provided me with your **student portal login/password**? It is the preferred method to submit your official and required school documentation.

As post-secondary sponsorship is only an assistance, I cannot stress enough the importance of saving some of your own money or applying to as many scholarships/bursaries/awards as you can to help offset the additional expenses that you will have throughout the school year.

Sponsored students are allowed to work, full or part-time, as long as your work schedule does not interfere with attending your classes and completing your school work on time.

Sponsored students are **allowed to and are encouraged to apply to as many scholarships/bursaries/ awards** as you can get. Please know that receiving **scholarships/bursaries/awards** will not affect your sponsorship eligibility ... it is essentially free money in your pocket to help you cover your daily living expenses that are over and above your sponsorship monies or to help you get ahead financially or have a savings account for those unexpected costs that always come up. Trust me when I say that you will not be disappointed when you get selected for one or more.

A great place to start your search for **scholarships/bursaries/awards** is at www.indspire.ca. You simply have to complete one application and they do all the work searching for ones that match you. Your school should have lists with scholarships/bursaries/awards.

Here in Ontario, OSAP is also another real opportunity to access extra monies to help you cover costs not covered by your sponsorship. There are student loans and GRANTS available from OSAP. We encourage you to apply to the **"GRANTS ONLY" option** because grants are **non-repayable** as long as you are a successful student. GRFN will not help anyone pay back student loans. *Caution: if you leave your studies or are not successful, the grants will convert to a student loan.*

Please know that there are **no advances of sponsorship monies** to help you out until the next deposit and there is no extra assistance for socializing costs or daycare services... the monthly allowance that you will be receiving is the maximum allowed for your personal allowance category.

Have you changed your mind about attending this Fall 2023?

If you have already been accepted into a program, you are responsibility to officially withdraw from the school before any fees are charged and to ALSO inform me. GRFN is NOT responsible for any fees charged if you simply "do not show" or "do not start" your studies. If you do not withdraw officially, you will be held responsible for any fees charged.

PLEASE REMEMBER THAT HELP IS AVAILABLE!!!

There are all types of support systems out there for any problems (academic or personal) (small or big) that could affect your academic success. All you have to do is ASK for help from a **family member, a friend, your school appointed academic advisor, the Indigenous/ Native Student Counsellor at the school and your very own Garden River Post-Secondary Education Counsellor - me!**

Assistance is available but you must take the **first step and ask for help as soon as you start experiencing problems please do not wait.**

The longer you wait to ask for help, the more likely that your problem will start to snowball and that little problem will soon become a "mountain" instead of a "little hill".... ask quickly.

AND PLEASE ALWAYS REMEMBER THAT THERE ARE NO SILLY QUESTIONS!! IF YOU DON'T KNOW ANSWER FOR SOMETHING, JUST ASK!!

I truly look forward to working with you this coming school year by assisting, supporting and helping you to ensure you have a positive and successful experience at college/university.

I can be reached at either 1-866-518-7806 or (705) 946-3933 ext. 202 or by email at am-jones@gardenriver.ca.



Anne Marie Jones
Post-Secondary Counsellor

Words of Wisdom that can be used everyday.

Ask yourself throughout the day, "What's important now?"

We often do what we feel like doing at the moment – even if that behaviour isn't in our long-term interests.

To fight this tendency, ask yourself, "What's important now?"

The answer will usually be clear.

The Garden River First Nation Resource Centre/Public Library's

Services include:

- Book lending
- Printing services (*free for students*)
- Reading; craft; kids programs
- GRFN Archives
- Home of the GRFN Community Monthly Newsletter

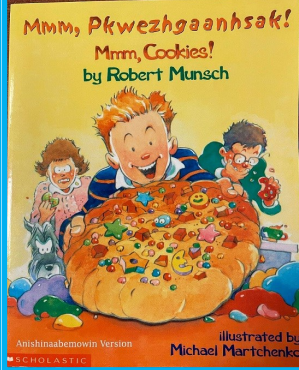
Additional Info:

- The VR Console/Computer has approx. 30 games available
- Ontario Parks Permit—2 parking passes that can be loaned out
- Free Wifi Available to students & community members
- 3D Printer—small single colour requests can be printed for a fee
- Printing, blinding, laminating is available.

Appointments:

can be set up for library usage after regular hours — for homework, VR games, printing, wifi — must be scheduled at least 2 days in advance.

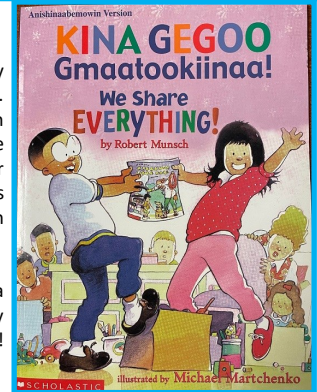
Email: irene.gray@gardenriver.ca
Or Call: 705-946-3933 ext. 210



August's Featured Books

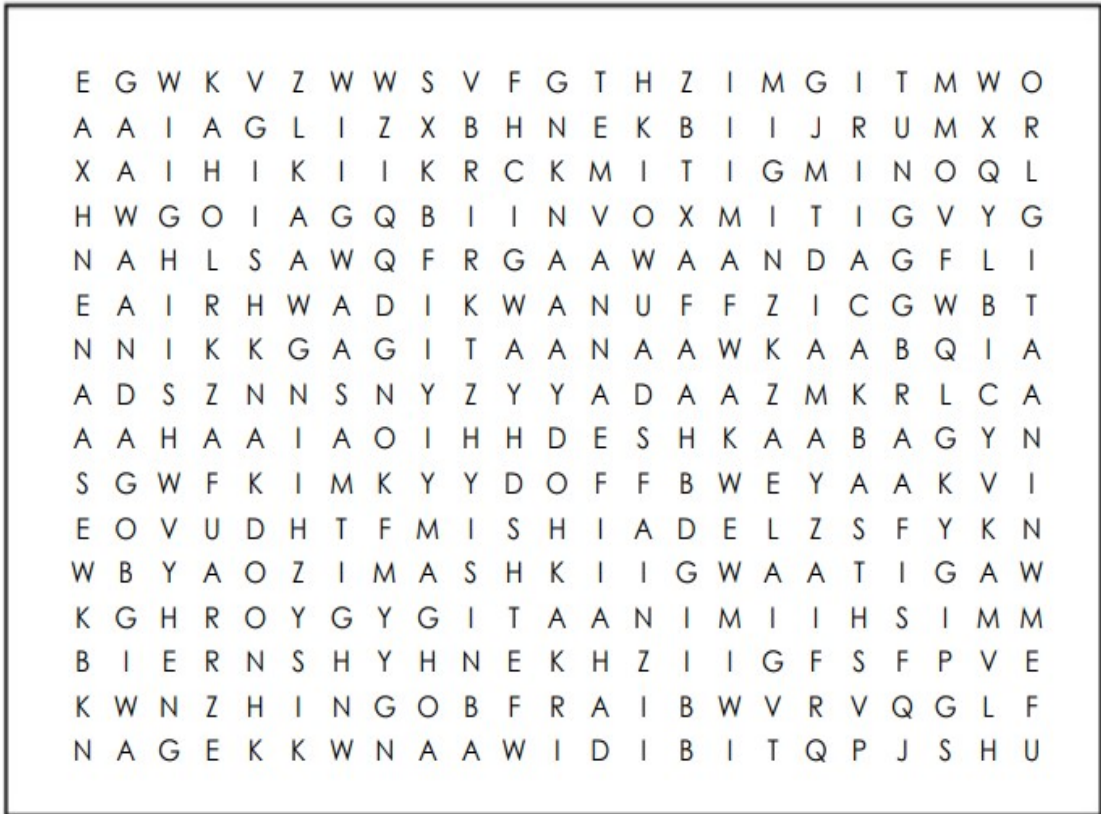
We Share Everything! Robert Munsch. It's the very first day of kindergarten and Amanda and Jeremiah have a problem. They want to read the same book. They want to play with the same blocks. The teacher wants them to share everything, but when Amanda and Jeremiah take their teacher's advice, the whole class is in for a hilarious surprise! Anishinaabemowin version with English translation.

Mmm, Cookies! Robert Munsch. When Christopher finds a bunch of play clay in the basement he makes a play clay cookie and goes looking for someone to eat it! YUCK! Anishinaabemowin version with English translation.



These native content books and quite a few more are available for borrowing at the GRFN Public Library. Which is located in the

Mitigoog ~ Trees



Find the following words in the puzzle.
Words are hidden ↑ ↓ → ← and ↘ .

- BAAKWAANAATIG - sumac
- BKWESAANENH - woodchip
- BWEYAAK - white ash
- DIKWAN - branch
- ESHKAABAG - new leaf
- GAAWAANDAG - spruce
- GAAWAANDAGOBGIW - spruce gum
- GIISHKNAKDOONH - stump

- GIIZHKENH - cedar
- JIIBKENH - root
- MASHKIIGWAATIG - tamarack
- MISHI - firewood
- MISHIIMINAATIG - apple tree
- MITIG - tree
- MITIGMIN - acorn
- MTIGMIZH - oak

- NAGEK - bark
- NIIB - elm
- NINAATIG - maple tree
- TIBIDIWAAN - log
- WIIGHIISH - basswood
- WIIGWAASAMTIG - birch tree
- ZAADAY - poplar tree
- ZHINGWAAK - pine tree
- ZHINGOB - balsam tree

Anishinaabemowin Words for the Month:

Nimkaage
s/he is waving

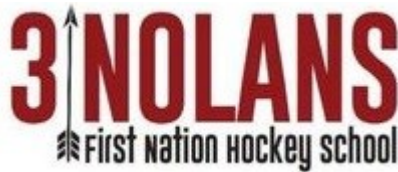


Baapi
s/he is laughing



Gindaasa
s/he is reading





“Hockey Skills Development Camp”

Hosted by former NHL hockey player Brandon Nolan and former NHL hockey player and 3X Stanley Cup Champion Jordan Nolan

August 5th and 6th, 2023 @ Northern Community Centre Hockey School hosted by Garden River First Nation

PARTICIPANTS SCHEDULE

- Group A** (7-9 year olds)
- Group B** (10-12 year olds)
- Group C** (13-15 year olds)

Saturday August 5th

- Group A 8:30 am-9:30 am
- Group B 9:30 am-10:30 am
- Group C 10:30 am-11:30 am
- BREAK
- Group A 12:30 pm—1:30 pm
- Group B 1:30 pm—2:30 pm
- Group C 2:30 pm—3:30 pm

*ROUNDTABLE DISCUSSION @ Garden River Recreation Centre 6:30 pm—8:00 pm

Sunday August 6th

- Group A 8:30 am-9:30 am
- Group B 9:30 am-10:30 am
- Group C 10:30 am-11:30 am
- BREAK

- Group A 12:30 pm—1:30 pm (scrimmage/game)
- Group B 1:30 pm—2:30 pm (scrimmage/game)
- Group C 2:30 pm—3:30 pm (scrimmage/game)

*Each ice session will be 50 minutes long.

SCHEDULE SUBJECT TO CHANGE

Attention Members

Effective Monday, July 4, 2023, our hours of operation will be the following:

Monday—Friday 7 am—9 pm & Saturday—Sunday 9 am—4 pm

| Garden River Member Prices | | | | |
|----------------------------|----------|----------|----------|---------|
| Membership | 1 year | 6 months | 3 months | 1 month |
| Adult (18+) | \$248.00 | \$170.00 | \$94.00 | \$34.00 |
| Elders (55 +) | \$241.00 | \$144.00 | \$78.00 | \$29.00 |
| Junior (14-17) | \$225.00 | \$154.00 | \$82.00 | \$31.00 |



GROUP FITNESS CLASSES

| TUESDAYS | THURSDAYS | SATURDAYS |
|--|--|----------------------------------|
| YOUTH 5:30PM - 6:30PM | YOUTH 5:30PM - 6:30PM | LATIN DANCE 10:00AM - 10:45AM |
| BEGINNER/ INTERMEDIATE 6:30PM - 7:30PM | BEGINNER/ INTERMEDIATE 6:30PM - 7:30PM | |



STARTING TUESDAY, APRIL 18
RUNNING INDEFINITELY



Be Tick Smart

A blacklegged tick (also called a deer tick) is a tiny bug, about the size of a sesame seed which feeds on blood. Blacklegged ticks are commonly found in woodlands, tall grasses and bushes. They cannot fly. They move about the ground slowly and settle on tall grasses and bushes until they attach themselves to a person or animal passing by. Ticks are most active in spring and summer.



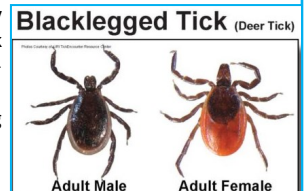
- Perform a careful self-inspection for ticks after being in the woods or tall grass. Pay special attention to areas such as your scalp, ankles, armpits, groin, naval and behind your ears and knees.
- Use a mirror to check the back of your body or have someone else check it for you.
- YouTube: Enjoy the outdoors, without a tick: <https://youtu.be/jbg6ap09CPE>.

Tick Submitting and Identification GRWC

1. Put the tick in a secure container.
2. Bring the tick to the GRWC for identification. If the tick cannot be brought to the office within one week of removal, the tick may be placed in a freezer until drop off.
3. Complete a Tick Submission Form at GRWC office.

Tick Removal

1. If the tick is attached, use fine-tipped tweezers or tick removal tool to grasp the tick as close to your skin as possible. Do not use your fingers.
2. Pull the tick straight out, gently but firmly making sure to remove the entire tick (including the head). Don't squeeze it—avoid crushing the tick's body.
3. Thoroughly clean the bit site with rubbing alcohol and/or soap and water.



G'Naadmaagoom

To continue practicing safe social distancing - Most programs will be on a virtual platform.

Off reserve band members are encouraged to participate!

| STAFF CONTACT INFORMATION | HOW TO REGISTER FOR A PROGRAM | PROGRAM INCENTIVES/DRAWS |
|---|--|--|
| <p>KH - Kiana Hill – khill@grcfs.ca/705-989-8189 x222</p> <p>MP – Marie T. Pine – mtpine@grcfs.ca/705-971-7116 x214</p> <p>SN—Stevie Nolan—snolan@grcfs.ca/705-989-7770 x221</p> <p>HB—Hailey Bryan—hbryan@grcfs.ca/705-542-9717 x201</p> <p>BC – Belinda Camara – bcmara@grcfs.ca/ 705-542-9200 x202</p> <p>KM - Kelly Musgrove – kmusgrove@grcfs.ca/705-987-1645 x206</p> | <p>Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!</p> <p style="text-align: center;"><u>**PLEASE REGISTER ONE DAY IN ADVANCE AS SPACES ARE LIMITED**</u></p> | <p>PROGRAMS – Participants will receive an incentive for every program they attend.</p> <p>FAMILY CHALLENGES – Every family that participates will receive an incentive.</p> <p>LEARNING ACTIVITIES (LA) – Each family that participates in the Learning Activities will receive an incentive</p> |



G'NAADMAAGOOM

Garden River Child and Family Services VIRTUAL Program Calendar August 2023 Phone: (705) 450-5071

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday/ Sunday |
|---|--|---|---|---|---------------------|
| <p>Please Note: Virtual participants will not be let in Zoom more than 5 minutes after program start time</p> <p>(LA) = Learning Activity</p> | <p>1</p> <ul style="list-style-type: none"> ● BC/KM – Teddy Bear Picnic 4:30 Parents/Caregivers & Children 0-6 ● HB – Personal Wellness 4:30 Youth 7-12 Years ● KH/MP – Cycles of Abuse 5:00 In Person Parents/Caregivers of Children 0-12 | <p>2</p> <ul style="list-style-type: none"> ● BC/KM – Story & Song 4:30 Parents/Caregivers & Children 0-6 ● HB – Workout Wednesday 4:30 Youth 7-12 Years ● MP—Nurturing Ourselves 4:30 Youth 13-24 Years | <p>3</p> <ul style="list-style-type: none"> ● BC/KM– LA: Ajidamoo Parents/Caregivers & Children 0-6 ● HB – Peer Pressure 4:30 Youth 13-24 ● KH/SN – Lunch & Learn 10:00 am In Person *must call to register | <p>4</p> <ul style="list-style-type: none"> ● KH – Family Fun Challenge *due by noon | <p>5/6</p> |
| <p>7</p> <ul style="list-style-type: none"> ● KH – LA: Family Fun Challenge *register by 4:30 pm | <p>8</p> <ul style="list-style-type: none"> ● BC/KM – Opposites: Up/Down 4:30 Parents/Caregivers & Children 0-6 ● HB – Communication 4:30 Youth 7 -12 Years ● KH/MP – Caring for Aging Parents In Person 5:00 Parents/Caregivers of Children 0-12 | <p>9</p> <ul style="list-style-type: none"> ● BC/KM – Story & Song 4:30 Parents/Caregivers & Children 0-6 ● HB – Workout Wednesday 4:30 Youth 7-12 Years ● SN– Just Bead It 10:00 In Person *location tbd | <p>10</p> <ul style="list-style-type: none"> ● BC/KM– LA: Bineshiinh Parents/Caregivers & Children 0-6 ● HB – Internet Safety 4:30 Youth 13-24 ● KH/SN – Lunch & Learn 10:00 am In Person *must call to register | <p>11</p> <ul style="list-style-type: none"> ● KH – Family Fun Challenge *due by noon | <p>12/13</p> |
| <p>14</p> <ul style="list-style-type: none"> ● KH – LA: Family Fun Challenge *register by 4:30 pm | <p>15</p> <ul style="list-style-type: none"> ● BC/KM – Nature’s Paintbrush 4:30 Parents/Caregivers & Children 0-6 ● HB – Positive Self-Talk 4:30 Youth 7-12 Years ● KH/MP – Body Confidence 5:00 In Person Parents/Caregivers of Children 0-12 | <p>16</p> <ul style="list-style-type: none"> ● BC/KM – Story & Song 4:30 Parents/Caregivers & Children 0-6 ● HB – Workout Wednesday 4:30 Youth 7-12 Years ● MP—Beautiful Me 4:30 Youth 13-24 Years ● SN– Just Bead It 5:30 In Person *Location tbd | <p>17</p> <ul style="list-style-type: none"> ● BC/KM– LA: Miigwans Parents/Caregivers & Children 0-6 ● HB – Recognizing Our Strengths 4:30 Youth 13-24 ● KH/SN – Lunch & Learn 10:00 am In Person *must call to register | <p>18</p> <ul style="list-style-type: none"> ● KH – Family Fun Challenge *due by noon | <p>19/20</p> |
| <p>21</p> <ul style="list-style-type: none"> ● KH – LA: Family Fun Challenge *register by 4:30 pm | <p>22</p> <ul style="list-style-type: none"> ● BC/KM – Opposites: Sink/Float 4:30 Parents/Caregivers & Children 0-6 ● KH/MP – Challenging Behaviours 5:00 In person Parents/Caregivers of Children 0-12 | <p>23</p> <ul style="list-style-type: none"> ● BC/KM – Story & Song 4:30 Parents/Caregivers & Children 0-6 ● MP – Meaning of Friendship 4:30 Youth 13-24 ● SN– Just Bead It 5:30-7:30 Virtual | <p>24</p> <ul style="list-style-type: none"> ● BC/KM– LA: Omakakii Parents/Caregivers & Children 0-6 ● KH/SN – Lunch & Learn 10:00 am In Person *must call to register | <p>25</p> <ul style="list-style-type: none"> ● KH – Family Fun Challenge *due by noon | <p>26/27</p> |
| <p>28</p> <ul style="list-style-type: none"> ● KH – LA: Family Fun Challenge *register by 4:30 pm | <p>29</p> <ul style="list-style-type: none"> ● BC/KM – Apple Sorting 4:30 Parents/Caregivers & Children 0-6 ● HB – Back to School 4:30 Youth 7-12 Years ● KH/MP – Jealousy 5:00 In person Parents/Caregivers of Children 0-12 | <p>30</p> <ul style="list-style-type: none"> ● BC/KM – Story & Song 4:30 Parents/Caregivers & Children 0-6 ● HB – Workout Wednesday 4:30 Youth 7-12 Years ● MP – Jealousy 4:30 Youth 13-24 ● SN– Family Culture Night 5:30 Virtual | <p>31</p> <ul style="list-style-type: none"> ● BC/KM LA: Mishiiimin Parents/Caregivers & Children 0-6 ● HB – Positive Body Image 4:30 Youth 13-24 ● KH/SN – Lunch & Learn 10:00 am In Person *must call to register | | |

BUILDING STRONG FAMILIES AND COMMUNITIES FOR OUR CHILDREN

BUFFALO RIDERS

10 WEEK PROGRAM

A 10-week intervention program for youth ages 10-13 & 14-18 that addresses substance misuse for populations at risk or engaged in harmful behaviour. It uses cultural teachings about resiliency, risk and protective factors.

MONDAYS 5-7PM

STARTING SEPTEMBER 18TH AND ENDING NOVEMBER 27TH, 2023

Incentives Meal Provided Registration Open Until Sept 4th

TO REGISTER, CONTACT STEVIE NOLAN

EMAIL: SNOLAN@GRFCS.CA
CALL: 705.450.5071 EXT 221

Made with PosterMyWall.com

TRIPLE P PARENTING PROGRAM

For information and registration please contact:
Alicia Tousignant 705-450-5071 x218
Lana Grawbarger 705-450-5071 x226

EVERY THURSDAY FOR 8 WEEKS
SEPT. 14- NOV. 2/23
5-7 PM
IN-PERSON MEAL & INCENTIVE PROVIDED

Registration required

On-reserve transportation available

Made with PosterMyWall.com

JUST BEAD IT

PARENT & CAREGIVER

BEAD GROUP

SNACKS - IN-PERSON TUTORIALS -
- INCENTIVES - SUPPORT -

Beading is a cultural art form that holds great significance for Indigenous communities. Beading is a means of recording and translating cultural knowledge, and of promoting wellness & healing.

Wednesday August 9th 10am-12pm *IN PERSON*

Wednesday August 16th 5:30-7:30pm *IN PERSON*

Wednesday August 23rd 5:30pm *VIRTUAL*

Please contact Stevie Nolan for more information & to register
Email: snolan@grcfs.ca
Call: 705.450.5071 ex 221

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Dan Pine Healing Lodge

Appointment Booking

Boozhoo Everyone,

I would like to bring to your attention the preferred method of booking appointments at the Dan Pine Healing Lodge Traditional Health clinics. This method ensures efficient and streamlined communication. Kindly noted in the below guidelines:

Appointment Booking Options

- Call: 1-705-946-5710 ext. 228—if there is no answer leave a voicemail and a staff member will return the call.
- Email: dphlinfo@grhc.ca—monitored by multiple staff.

Avoid contacting DPHL staff directly: It is important to note that our staff at the DPHL emails are not monitored by all staff members. Therefore please refrain from sending appointment related messages directly to DPHL staff.

Voicemail Response:

- If a patient or staff leaves a voicemail regarding an appointment, our staff will promptly return the call. Calls will be returned based on the order in which they are received.

These guidelines are designed to ensure effective communication and timely response to appointment inquiries. By adhering to these procedures, we can better serve our patients and streamline the appointment booking process.

Thank you for your cooperation and attention to this matter. Should you have any questions or require further clarification please reach out to the coordinator of the Dan Pine Healing Lodge.

Adora Nawagesic
Coordinator
705-946-5710 ext 208

DAN PINE HEALING LODGE
200 ANISHINABE POINT ROAD,
GARDEN RIVER, ON P0S 1C0
TELEPHONE: 705-946-5710

Laurie Souliere;
Intake Worker: ext. 228
Terry Williston;
Program Support Worker: ext. 212
Kimberly Pelletier;
Traditional Helper/Trainer: ext. 215
Adora Nawagesic;
Coordinator: ext. 208


Website:
www.grwc.ca/dan-pine-healing-lodge/
Email:
dphlinfo.@grhc.ca



Dan Pine Healing Lodge

MEN'S NIGHT

LEAD BY GERRARD SAGASSIGE



Join us for an evening of Traditional men's teachings, concluding with a warm meal.

Thursday August 2, 2023 6:00pm to 8:00pm


SUPPER PROVIDED, PRE-REGISTER FOR MEAL

To Register: Call 705-946-5710 Ext 228 or email dphinfo@grhc.ca

DAN PINE HEALING LODGE

TRADITIONAL HEALTH HEALER

GERRARD SAGASSIGE



THURSDAY & FRIDAY
AUGUST 3 & 4 2023
AUGUST 17 & 18 2023

BY APPOINTMENT ONLY


200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO BOOK AN APPOINTMENT:
CALL 705-946-5710 EXT. 228
OR EMAIL [DPHINFO@GRHC.CA](mailto:dphinfo@grhc.ca)

DAN PINE HEALING LODGE

TRADITIONAL MENTAL HEALTH HEALER

WILLARD PINE



BY APPOINTMENT ONLY

TUESDAY
AUGUST 1, 8, 15, 22, 29, 2023


200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO BOOK AN APPOINTMENT:
CALL 705-946-5710 EXT. 228
OR EMAIL [DPHINFO@GRHC.CA](mailto:dphinfo@grhc.ca)

DAN PINE HEALING LODGE

TRADITIONAL HEALTH HEALER

PATRICIA TOULOUSE



WEDNESDAY
AUGUST 23, 2023

BY APPOINTMENT ONLY


200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO BOOK AN APPOINTMENT:
CALL 705-946-5710 EXT. 228
OR EMAIL [DPHINFO@GRHC.CA](mailto:dphinfo@grhc.ca)

DAN PINE HEALING LODGE

NANDA-GIKENDAN

TRADITIONAL SKILL BUILDING



Discover Traditional skills, Share Wisdom and Connect at the Dan Pine Healing Lodge!

LEARN NEW TRADITIONAL SKILLS
ENGAGE IN MEANINGFUL CONVERSATIONS
SHARE YOUR WISDOM

JOIN US AT THE DAN PINE HEALING LODGE, WHERE THE SPIRIT OF LEARNING AND CONNECTION COMES ALIVE!

WHETHER YOU ARE AN EXPERT OR BEGINNER, IMMERSE YOURSELF IN HANDS-ON WORKSHOPS WHERE YOU'LL MASTER SKILLS LIKE BEADING, SEWING, WEAVING & MANY MORE!

PREVIOUSLY: SUPERWOV, BEADING, AND TEA AND TALK

MONDAY AUGUST 7, 14, 21, 28
2023 1PM TO 3PM

200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO SIGN UP AND FIND OUT MORE: CALL 705-946-5710 EXT. 228 OR EMAIL [DPHINFO@GRHC.CA](mailto:dphinfo@grhc.ca)

DAN PINE HEALING LODGE

NANDA-GIKENDAN

TRADITIONAL CLAY & POTTERY
TWO PART PROGRAM



Discover Traditional skills, Share Wisdom and Connect at the Dan Pine Healing Lodge!

LEARN NEW TRADITIONAL SKILLS
ENGAGE IN MEANINGFUL CONVERSATIONS
SHARE YOUR WISDOM

PART 1 WEDNESDAY, AUGUST 16TH 1PM - 4PM
PART 2 WEDNESDAY, AUGUST 23RD 5PM-8PM

200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO SIGN UP AND FIND OUT MORE: CALL 705-946-5710 EXT. 228 OR EMAIL [DPHINFO@GRHC.CA](mailto:dphinfo@grhc.ca)

DAN PINE HEALING LODGE

The Journey of Grief

MONTHLY AFTERCARE WELLNESS CIRCLE

For Past Participants

Welcome back to the aftercare wellness circle for past participants of the 8-week program.

Join us at the Dan Pine healing Lodge to continue the conversations, healing & staying connected with one another.

Highlights

Nurturing Connections: Foster meaningful relationships with fellow participants who understand your journey.

Healing Hearts: Receive ongoing support and guidance as you navigate the grieving process.

Together: Share experiences, wisdom and comfort in a safe and compassionate space.

Features

Variety of Topics
Guest Speakers
Cultural Teachings
Therapeutic exercises, creative arts, mindfulness practices, and more.

200 Anishnawbe Point Rd, Garden River, ON
1705-946-5710 Ext 228
dphinfo@grhc.ca

WEDNESDAY AUGUST 30TH, 2023 5:30PM TO 8:00PM
SUPPER PROVIDED, PRE-REGISTER FOR MEAL

DAN PINE HEALING LODGE

QUILL WORKSHOP WITH CHEYANNE MANITOWABI

HAPPENING AUGUST 21ST & 22ND 5:00 - 8:00PM AT THE DAN PINE HEALING LODGE 200 ANISHNAWBE POINT RD. GARDEN RIVER, ON



Cheyanne Manitowabi is an Ojibwe Odawa Anishinaabe kwe from Wiikwemkoong on minido minis also known as Manitoulin Island. She is a second degree Midewiwin from the 3 fires Midewiwin lodge in Wisconsin. Cheyanne specializes in work with birchbark. She has been building a relationship with that tree for over 10 years now. She started off beading on bark and in recent years she has expanded to quill work and caribou tufting. Cheyanne has a passion for natural materials and wants to share her knowledge on traditional art styles.

TO SIGN UP AND FIND OUT MORE: CALL (705)946-5710 EXT. 228 OR EMAIL [DPHINFO@GRHC.CA](mailto:dphinfo@grhc.ca)

August 2023 Calendar

| Sunday | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|--|--|---|----------|
| | | 1 WILLARD PINE – TRADITIONAL HEALTH | 2 | 3 GERRARD SAGASSIGE – TRADITIONAL HEALTH MEN'S NIGHT 6:00PM – 8:00PM | 4 GERRARD SAGASSIGE – TRADITIONAL HEALTH | 5 |
| 6 | 7 NANDA-GIKENDAN – TRADITIONAL SKILL BUILDING 1:00PM-3:00PM | 8 WILLARD PINE – TRADITIONAL HEALTH | 9 | 10 BFA AFTERCARE – FOR PAST PARTICIPANTS OF BFA ONLY 5:30PM- 8:00PM | 11 | 12 |
| 13 | 14 NANDA-GIKENDAN – TRADITIONAL SKILL BUILDING 1:00PM-3:00PM | 15 WILLARD PINE – TRADITIONAL HEALTH | 16 NANDA-GIKENDAN – TRADITIONAL POTTERY ART PART 1 COLLECTING CLAY 1:00PM - 4:00PM | 17 GERRARD SAGASSIGE – TRADITIONAL HEALTH | 18 GERRARD SAGASSIGE – TRADITIONAL HEALTH | 19 |
| 20 | 21 NANDA-GIKENDAN – TRADITIONAL SKILL BUILDING 1:00PM-3:00PM QUILL WORKSHOP FROM 5:00PM – 8:00PM | 22 WILLARD PINE – TRADITIONAL HEALTH QUILL WORKSHOP FROM 5:00PM – 8:00PM | 23 PATRICIA TOULOUSE – TRADITIONAL HEALTH LUNCH & LEARN WITH PATRICIA TOULOUSE 12:00PM – 1:00PM NANDA-GIKENDAN – TRADITIONAL POTTERY ART PART 2 5:00PM - 8:00PM | 24 | 25 | 26 |
| 27 | 28 NANDA-GIKENDAN – TRADITIONAL SKILL BUILDING 1:00PM-3:00PM | 29 WILLARD PINE – TRADITIONAL HEALTH | 30 JOURNEY OF GRIEF – 5:30PM – 8:00PM | 31 BFA AFTERCARE – FOR PAST PARTICIPANTS OF BFA ONLY 5:30PM- 8:00PM | | |

NOTICE: FOR ALL APPOINTMENTS & PROGRAM SIGN UPS CONTACT: Laurie Souliere at dphinfo@grhc.ca or 705-946-5710 ext. 228



National Aboriginal Day Recap



The famous “This is Indian Land” bridge - the original painters were acknowledged during an onsite ceremony. June 21, 2023
(Photos courtesy of Facebook—Garden River First Nation page)



National Aboriginal Day festivities held at Ojibway Park, June 21, 2023
(Photos courtesy of Facebook—Garden River First Nation page)



MEMBERSHIP OFFICE NEWSLETTER



The Membership Office is experiencing a higher-than-normal volume of phone and email inquiries. We appreciate your patience as we try to navigate through these busy times.

BAND MEMBERSHIP

The Membership Office is currently processing band membership applications. Please go to <https://www.gardenriver.org/site/membership/> to print the application. Complete all areas, sign and return with the supporting documentation to the Membership Office. The Membership Committee members are Peter Jones, Chair, Deb Belleau-Shawanda, Cindy Belleau-Jones and Terri Tice as technical support.

The process to determine membership is strictly based on family lineage. The committee follows the Membership Code and the 2007 Membership Code Work Plan. The work plan allows for 1st and 2nd generation and transfer applicants to be taken to the committee and processed. Once approved by the committee, the applicant is taken to the Chief and Council for ratification. The Chief and Council reserves the right to deny an application. If the application is denied, the applicant can request the Membership Tribunal to review the application. The members of the Membership Tribunal are Candace Zack-Coneybeare, James Solomon and Gary Boissoneau.

Please contact the Membership Office of any change in your address

REGISTRATION

Upon successful registration through ISC, the Membership Office receives confirmation that you are registered with Garden River First Nation. The letter received outlines the details of your registration ie, registry number 199 ..., category 6(1), 6(2), details of lineage. At that time, a status card will be issued to you which states you are registered with Garden River First Nation. As per the Citizen Registry Regulations, aka Membership Code, Garden River First Nation determines who its members are. You are affiliated with Garden River until you go through the process of applying to become a band member.

Citizen Registry Regulations (aka The Membership Code)

The Membership code is currently under review. Future dates of community consultations will be posted on social media and posted around the community.

SUMMER OFFICE HOURS/ CONTACT INFORMATION

Monday—Thursday 8:30 am—4:30 pm closed for lunch 12-1; Fridays 8:30 am—12:00 pm.

For more information please call Terri Tice, IRA at 705-946-6300 ext. 246, email ttice@gardenriver.org or visit our website at: <https://www.gardenriver.org/site/membership/>



The GRFN Transfer Station located at 216 Noonday Drive is

OPEN

TUESDAY, 9 am—5 pm
WEDNESDAY, 9 am—5 pm
THURSDAY, 9 am—5 pm
FRIDAY, 9 am—12:30 pm
(Summer Hours)
SATURDAY, 9 am—5 pm

**CLOSED SUNDAY AND MONDAYS
&
CLOSED FOR LUNCH EACH DAY
(12-1)**



Dial *677
or
1-888-310-1122

For non urgent matters

EVIL

POLICE SERVICE

IF YOU SEE IT REPORT IT

1-888-310-1122
1-800-222-TIPS(8477)

"Our communities are suffering at the hands of outsiders taking advantage of our people. We are plagued by drugs, gangs, shootings, overdoses, and violence. Let's not forget that these same people are responsible for taking away young women from our communities for human trafficking. These people prey on us because we have been silenced by our own fears. Police need actionable information."

If you see it, report it.
You will remain anonymous, but your information will not go unheard."

What is actionable information?

DO

- Call a dispatcher
- Alert Crime Stoppers
- File a police report
- Provide first hand info

POLICE SERVICE

DON'T

- Call the Band Office
- Tell info for a friend
- Wait too long to call
- Post on social media



Wild Rice Moon August 2023

Minoomini Giizis

Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.

Miigwetch for your understanding.

September 2023 Newsletter

Submission Deadline:
Friday, August 25, 2023

GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator
GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1
Phone: 705-946-3933 Ext 210, Fax: 705-946-0413
Email: irene.gray@gardenriver.ca Website: <https://urlis.net/xvdb0>



Colour Me!

Drop off at the GRFN Public Library

| | |
|-------|--|
| Name | |
| Age | |
| Phone | |

