



Ketegaunseebee - The Creator's Garden

Garden River First Nation Community Newsletter



Leaves Changing Colour Moon
Waabaabagaa-giizis



Nbwaakaawin
Wisdom

To cherish knowledge is to know wisdom.



Zaagidwin
Love

To know love is to know peace.



Mnaadendmowin
Respect

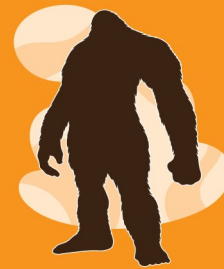
To honour all of the creation is to have respect.



Aakdehewin
Bravery

Bravery is to face the foe with integrity.

The Seven Grandfather Teachings



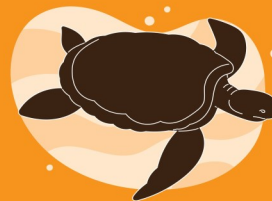
Gwekwadziwin
Honesty

Honesty in facing a situation is to be brave.



Dbaadendizin
Humility

Humility is to know yourself as a sacred part of the creation.



Debwewin
Truth

Truth is to know all these things.



Sahkahjewaosa

Ketegaunseebee
Bring Our Children
Home Initiative
Bigii Weh Wok



Aanii/Boozhoo Elders, Youth and fellow Citizens!

The fall season is upon us, but we also have been fortunate to enjoy a bit of the warm weather and beautiful days. The month of August was a busy one, busy in the sense that we had a lot of community planned events happening in Garden River. The committee worked extremely hard organizing and coordinating the powwow and all the other events leading up to it. Much appreciation and acknowledgement go out to each one of them who remained committed and dedicated to planning and coordinating these activities in our community.

We have been meeting with several banking institutions to preliminary discuss the potential options of providing services to Garden River once the settlement funds are distributed to the First Nation. It is imperative to discuss options with various institutions as it would be ideal to present our members with good information. At the end of the day, we want to ensure that we go through a thorough process that allows for members to provide their input, both for our off-reserve and on-reserve membership and have potential options for consideration.

We kicked off the week of community celebrations with a Carnival Day for families and kids at the Garden River Recreation Centre. Bouncy houses, bubble soccer, dunk tank, foam cannon, balloons, food, and drinks were offered to those who attended. I was dunked a few times in the water, not as much as I would have

thought ;). Tuesday was our Cultural Evening which featured teachings on the Spirits Journey, Drum, and other water. We also had minnow races and a feast to cap off the day. A Best Bannock contest also took place, Sid Jones came out on top with his cloud like creation of goodness. He remains the Bannock Champ for a year and will hold that title until 2024. Wednesday featured an Indigenous Fashion Show which saw several designers both locally and from other communities showcase them. Following this day was the Talent Show which had several performers including myself with Councilor Cindy Belleau-Jones singing, "Islands in the Stream". Kenny and Dolly were ready to take down the competition but little Carter Syrette-Boissoneau was victorious in his debut. All and all it was a good evening filled with a lot of laughs and entertainment. The next day was the Annual Chief and Council Golf Tournament which saw several teams come out to support the event. The weekend followed with the Powwow for Garden River. A tremendous week with a lot of good events planned by the committee. Acknowledgement and appreciation go out to the committee members who pulled the volunteers together along with the community for a little fun and entertainment.

A special meeting was held in Garden River, the north shore communities, and the province to discuss the potential energy projects that will be awarded to a successful partner in the coming months. Garden River has joined forces with 7 other communities to bid on a Transmission Line Project

from Sault Ste. Marie to Sudbury. The details are preliminary at this point however, the structure of the relationship of the communities is exciting. The province is excited to work with the communities and we are hopeful that we are successful in establishing that partnership.

Another meeting followed between the communities and Hydro One to talk about the project and the potential opportunities that could be available to our communities. We are quite excited for the potential partnership with an established entity. We will notify the community of the status of this opportunity as we progress in negotiations.

A Robinson Huron Annuities meeting was held for two in Sault Ste. Marie, on August 31st and September 1st, 2023 which brought together the 21 Chiefs and Councils, Litigation Management Committee, Spokespersons for the Annuities and Legal team to have a in-depth discussion. The purpose of the meeting was to go over the Agreement in Principle which was provided to the Chiefs a week prior.

Based on the concerns and questions from our own membership, including our leadership, we took the position of proposing more time to discuss the agreement amongst communities. The agreement is going to be finalized in late November, early December and we saw that as an opportunity to discuss amongst the communities the areas which were contentious, on the advice of our legal representatives, including former Mizinawe representation Justice Harry LaForme. With the

proposed settlement of 10 billion, we do not object to this, however, we see an opportunity to talk a bit more on the sections that pertain to community distribution. A community of our size would not benefit as much as a community with a smaller population, which would create an unfair balance in terms of the distribution. We are trying to think about the interests of our annuitants in Garden River. We appreciate the work that has been done thus far and perhaps our leaders some time ago didn't anticipate the amount being 10 billion and now that we do, we really need to sit down and discuss fair and equitable distribution to communities. The other item that we brought to light was the age factor, within the agreement it does list the age factors which seem to be areas that have not been made known to our members or communities. These two sections should have been communicated more than they have been as it's a very important factor to not be considered.

As mentioned prior, we were only provided the document a week before the discussion, which didn't allow for communities to do our due diligence in reading through the agreement. The other matter that was concerning is the legal fees and the percentage taken off the top from the 10 billion. Our Council has asked about legal fees as in most cases, legal costs and those associated would be covered by the other party (Canada/Ontario), however in this case, it is not, which means that the 10 billion covers the costs of our legal fees and other items. The projected amount that would come off the top is significant, as the Chief I asked for an understanding,

breakdown, and other information regarding the financials. This was not provided and continues to be something that we should be privy to. Out of the 21 communities, Garden River opposed the agreement on those areas but had proposed to allow for more time to discuss the items. It was a vote that we felt was rushed without any real consultation. They only needed 16 out of the 21 communities for the agreement to be approved.

Atikameksheng Anishnawbek abstained from the vote as they were trying to include a clause into the agreement that protect their current ongoing land claim process. Their request was denied and opposed by Chiefs. We have time as the agreement will be made official late November, early December, any opposition we took, would not stall the proposed settlement. The other requirement in this process is that they require 21 BCR's from each of the communities, which we haven't provided one yet as we feel this could be an opportunity to have a discussion amongst communities and its leadership. We understand the magnitude of this agreement, but we need to be careful and concise when we are agreeing to this, as a community I think back to the stories that was shared with me about Chief Shingwaukonse, who was the last one to sign the Treaty. He felt enormous pressure from the other communities including the government to sign the treaty of 1850 and was quite sad about it.

There is old Anishinaabe song that has been passed down from generation to generation here in Garden River that Chief Shingwaukonse sang after he

signed on to the 1850 treaty, which signified a sad and somber moment. Sad in the sense that he didn't feel good about it, having no choice and feeling the pressures of the government of the time and some of our communities. I believe he wanted much more for our people but wasn't afforded some of those things. In a way, this feels a bit like what Chief Shingwauk was feeling at the time of Treaty.

Our position is to ensure that we are careful and considering all aspects, if this agreement was developed 12-13 years ago, we need to revisit some of these sections to see if it's still applicable and relevant today. That is what we are asking, and we do have time as the agreement is not official until later this year. We want the best for our people and communities, and we feel that this isn't the best. We have felt the pressures from the Litigation team, from the communities and the other leadership but at least we can say we stood our ground and voiced our position of wanting better. In the end, we will continue to speak about these things with hopes that we have some resolution or at least willingness to meet us halfway. I am proud of our Council for their leadership and continuing to speak our truth, it's been difficult and stressful but important to stand on our principle.

We do have copies of the Agreement in Principle that can be picked up at the Band office. If you want a copy, please call 705-946-6300.

In closing, I want to say Chi-Miigwetch to all of you for taking the time to read over my reports. It has been a very busy and

challenging two years, however it's been rewarding to see the changes within. We have been so accustomed to following a certain way but it's important to understand and realize that we need to change. Change in how we govern, change in how we operate as a community and above all, change on how we administer programs and services to our

community. Our members expect the best and should be afforded the best. We all need to strive for that.

On that note, enjoy the cooler temperatures and the changing of the seasons. It's been an honour and a privilege to serve as your Gimaa and I look forward to seeing the community progress.

Miigwetch,
Chief Andy Rickard,
Namay Dodem
Garden River First Nation



GRFN Information



Garden River First Nation

Legislative Assembly of Ontario

GRFN's Day at Queen's Park

May 18, 2023; Toronto, ON



Mr. Sol Mamakwa: Meegwetch, Speaker. Remarks in Anishiniimowin. This morning—it's a good morning— I'm going to speak a little bit of my language, our Creator-given language.

Remarks in Anishiniimowin.

I say thank you to the community of Garden River First Nation, the Ojibways. It's not every day that we get to speak our language in this place. This morning, I was gifted with this eagle feather, and then for me to speak a little bit of my language in this place—meegwetch.

Ms. Marit Stiles: It's an honour to introduce the people of Garden River First Nation, who are here at Queen's Park with their chief, council and elders. Please welcome Chief Andy Rickard, Darwin Belleau, Cindy Belleau-Jones, Brandi Nolan, Trevor Solomon, Chris Thibodeau, Dan Tice, Albert Williams, Terry Belleau, Nevaeh Pine, and Darrell Boissoneau.

I'd also like to recognize, from the Anishinabek Nation, regional Deputy Grand Council Chief Travis Boissoneau as well as the CAO of Garden River, Jauvonne Kitto.

Welcome to Queen's Park.

Mr. Michael Mantha: It's hard to follow the member from Kiiwetinoong in speaking the language, but I'm going to make my attempt: *Remarks in Anishiniimowin.* That was my attempt at thanking everybody, thanking the Creator for bringing us together. And we're all amongst friends here.

I am proud to introduce, as the member for Algoma–Manitoulin, Ogiima Andy Rickard. The councillors were introduced a little bit earlier: cultural manager and pipe-carrier Darrell Boissoneau; regional Deputy Grand Council Chief Travis Boissoneau; drummers Nathan Roy, Isaiah Cada, Jayden Wemigwans and Wayne Moberley; and the jingle dancer, Nevaeh Pine.

Welcome to Queen's Park. Enjoy your day.

The full Queen's Park write-up can be found at: https://www.ola.org/sites/default/files/node-files/hansard/document/pdf/2023/2023-05/18-MAY-2023_L080.pdf Under INDIGENOUS AFFAIRS



Get your **Garden River Licence Plate**

CONTACT:
Administration
705 946 6300
info@gardenriver.org

**Ready for Distribution
Sept 13th, 2023**

Plates **ONLY** available through the
Garden River First Nation
Band Administration Office.



\$90.⁰⁰

Accepted Payments:
Email transfer (preferred), cash, cheque, or debit



3RD ANNUAL

Trunk OR Treat

WEDNESDAY OCT 25th STARTS 5pm

WELLNESS CENTRE PARKING LOT

CALLING ALL DEPARTMENTS!!!

SAVE THE DATE

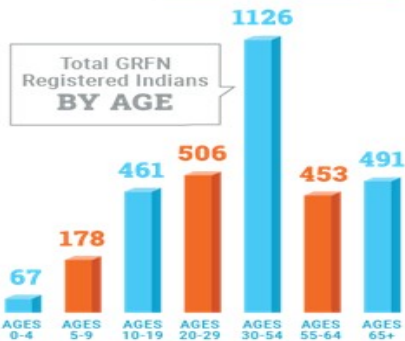
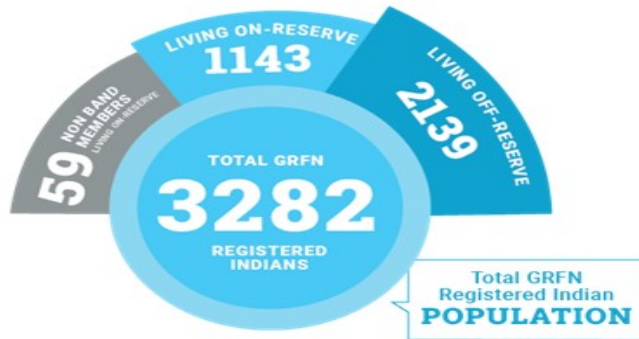
REGISTER FOR YOUR SPOT !!

RSVP at your own risk : 705-946-5710
sbelleau@grhc.ca ext267
jthibault@grhc.ca ext 251
lperreault@grhc.ca ext 229



Garden River First Nation DEMOGRAPHICS

As of July 19, 2023



REGULAR HOURS

Starting Tuesday, September 5, 2023

Mon — Fri, 8:30 am to 4:30 pm

Closed for lunch—12:00 pm—1:00 pm

Looking for

The Schedule of Remuneration & Expenses and Attendance for Chief & Council?

Find it online

www.gardenriver.org/site/schedule-of-remuneration-and-expenses-for-chief-and-councillors/



Looking for

Audited Financials & Schedules?

Find it online

www.gardenriver.org/site/audited-financials-schedules/



Call out for Youth from Gr.11 - Age 25
Garden River First Nation
Youth Members for a

Youth Council

Currently looking for 12 Youths Willing to Learn and Willing to fight for a cause.

#IndigenousYouthRise

Email: youthcouncil@gardenriver.org

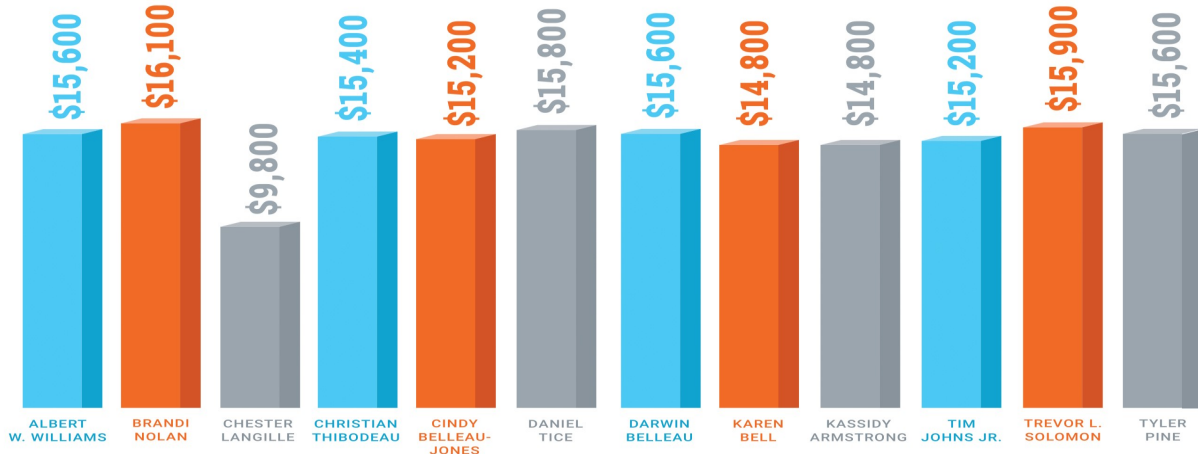




CHIEF & COUNCIL WAGES, HONORARIUM & EXPENSES

March 31, 2023

Chief & Council WAGES & HONORARIUM

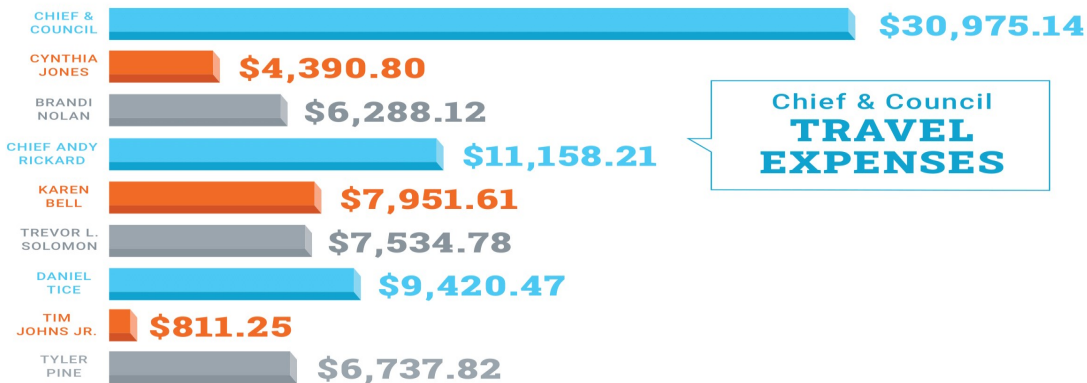


CHIEF WAGES
\$78,784.29

CHIEF BENEFITS
\$8,076.00

COUNCIL TOTAL
\$179,800.00

CHIEF ANDY RICKARD
\$86,860.29



Chief & Council TRAVEL EXPENSES

TOTAL TRAVEL EXPENSES
\$85,268.20

CHIEF & COUNCIL WAGE & EXPENSES TOTAL
\$351,928.49



New Hire Quarterly Report Quarter 1 - March 2022

Department	# of new staff	Indigenous		GRFN Band Member		% Band Members
		Yes	No	Yes	No	
Aggregates	6			6		100%
ASETS	3			3		100%
Administration	7			7		100%
Finance	4	1	1	2		50%
Governance	1			1		100%
Housing	2			2		100%
Human Resource	2			2		100%
Niigaaniin	3			3		100%
C&F	21		2	19		90%
CCC	17	1		16		94%
Community Dev	4			4		100%
Education - AIM	5			5		100%
Education	18	1		17		94%
Education School (Elementary)	5	3		2		40%
Emergency Services	9	1		8		89%
Highway Division	18	1	1	16		89%
Healing Lodge	3	1		2		67%
L&R	5			5		100%
Ojibway Park	1			1		100%
Public Works	11	1		10		91%
Rec Centre	3		1	2		67%
Wellness Centre	33	4		29		88%
TOTAL	181	14	5	162		90%



New Hire Quarterly Report Quarter 2 - June 2022

Department	# of new staff	Indigenous		GRFN Band Member		% Band Members
		Yes	No	Yes	No	
Aggregates	6			6		100%
ASETS	3			3		100%
Administration	4			4		100%
Finance	7	1	1	5		71%
Governance	1			1		100%
Housing	4			4		100%
Human Resource	4			4		100%
Niigaaniin	3			3		100%
C&F	19	1		18		95%
CCC	17	2		16		94%
Community Dev	3			3		100%
Education - AIM	5			5		100%
Education	22	4		18		82%
Education School (Elementary)	6	3	1	2		33%
Emergency Services	9	1		8		89%
Highway Division	14	1		13		93%
Healing Lodge	5	2		3		60%
L&R	5			5		100%
Ojibway Park	8			8		100%
Public Works	12	1		11		92%
Rec Centre	3		1	2		67%
Wellness Centre	33	4		29		88%
TOTAL	193	20	3	171		89%



New Hire Quarterly Report Quarter 3 - September 2022

Department	# of new staff	Indigenous		GRFN Band Member		% Band Members
		Yes	No	Yes	No	
Aggregates	6	1		5		83%
ASETS	7			7		100%
Administration	11	1	1	9		82%
Finance	6	1	1	4		67%
Governance	2			2		100%
Housing	6		1	5		83%
Human Resource	4			4		100%
Niigaaniin	4			4		100%
C&F	17			17		100%
CCC	16	3		13		81%
Community Dev	3			3		100%
Education - AIM	5		1	4		80%
Education	11	1		10		91%
Education School (Elementary)	7	4	1	2		29%
Emergency Services	14	2		12		86%
Highway Division	11			11		100%
Healing Lodge	4	2		2		50%
L&R	8			8		100%
Ojibway Park	7			7		100%
Public Works	12			12		100%
Rec Centre	7		1	6		86%
Wellness Centre	32	4		28		88%
TOTAL	200	19	6	175		88%



New Hire Quarterly Report Quarter 4 - December 2022

Department	# of new staff	Indigenous		GRFN Band Member		% Band Members
		Yes	No	Yes	No	
Aggregates	5			5		100%
ASETS	3			3		100%
Administration	13	1	1	11		85%
Finance	8	1	1	6		75%
Governance	2			2		100%
Housing	4		1	3		75%
Human Resource	4			4		100%
Niigaaniin	4			4		100%
C&F	19		1	18		95%
CCC	17	2		15		88%
Community Dev	2			2		100%
Education - AIM	5		1	4		80%
Education	24	3		21		88%
Education School (Elementary)	8	4	1	3		38%
Emergency Services	10	2		8		80%
Highway Division	22	4	2	16		73%
Healing Lodge	4	2		2		50%
L&R	8	1		7		88%
Public Works	12			12		100%
Rec Centre	6		1	5		83%
Wellness Centre	35	5		30		86%
TOTAL	215	25	9	181		84%



New Hire Quarterly Report
Quarter 5 - March 2023

Department	# of new staff	Indigenous		GRFN Band Member		% Band Members
		Yes	No	Yes	No	
Aggregates	5			5		100%
ASETS	3			3		100%
Administration	13		1	12		92%
Finance	8	1	1	6		75%
Governance	3			3		100%
Housing	5		1	4		80%
Human Resource	4			4		100%
Niigaaniin	4			4		100%
C&F	20		1	19		95%
CCC	16	1		15		94%
Community Dev	3			3		100%
Education - AIM	5		1	4		80%
Education	24	4	1	18		75%
Education School (Elementary)	8	4	1	3		38%
Emergency Services	10	2	1	7		70%
Highway Division	22	5	2	15		68%
Healing Lodge	5	2		3		60%
L&R	7	1		6		86%
Public Works	12			12		100%
Rec Centre	7		1	6		86%
Wellness Centre	33	6		27		82%
TOTAL	217	26	11	179		82%



New Hire Quarterly Report
Quarter 6 - June 2023

Department	# of new staff	Indigenous		GRFN Band Member		% Band Members
		Yes	No	Yes	No	
Aggregates	5			5		100%
ASETS	4			4		100%
Administration	23		2	21		91%
Finance	8	1	1	6		75%
Governance	3			3		100%
Housing	2			2		100%
Human Resource	4			4		100%
Niigaaniin	3			3		100%
C&F	16	1		15		94%
CCC	17	1		16		94%
Community Dev	8		1	7		88%
Education - AIM	4		1	3		75%
Education	22	6	1	15		68%
Education School (Elementary)	8	4	1	3		38%
Emergency Services	10	2	1	7		70%
Highway Division	14	3		11		79%
Healing Lodge	5	2		3		60%
L&R	7	1		6		86%
Ojibway Park	8			8		100%
Public Works	10			10		100%
Wellness Centre	32	6		26		81%
Bingo	28	5	8	15		54%
TOTAL	241	32	16	193		80%



Wiindamaage



September 30
Happy Birthday Grandma Pam!
We love you and wish you the best day.
Love Hunter, Tessa, Sophie, Napoleon, Sebastian, Logan, Alexander and Dimitri

Happy 36th birthday to Brian Gregoire.
September 1st!!
Love from the Syrette gang!
Also a very special happy 1st birthday to Jude Kegan Gregoire - Van Luvan.
September 23rd!! All the love from the Syrette, Gregoire and Van Luvan gang!

Happy September Facebook Birthdays
Deanna T.; Joanne P.; Christopher J.; Deb W.; Joshawa P.; Nicole D.; Cynthia R.; Barry W-P.; Cheyenne J.; Deb B.; Kadin B.; Mike J.; Al W.; Chester L.; Dakota S.; Frank B.; Shelby L.; Becca S-B.; Kimiiwan I.; Carolyn J.



Recipes



Tomato Beef Barley Soup

By Tamara Musgrove-Boissoneau
This was a favourite that I used to make for my late Father in law Joe Boissoneau.
Charlotte would make fry bread to go with it.

- ½ teaspoon of basil
- ½ teaspoon of rosemary
- Salt and pepper to taste

Ingredients:

- 2 pounds of beef ribs
- 3 Tablespoons of Olive Oil
- 3 Tablespoons of minced garlic
- 1 large white onion
- 4 stalks of celery
- 4 large carrots
- 1 can of diced tomatoes
- 1 can of Tomato paste
- 8 cups of beef stock
- 1 cup of barley
- 4 cups of water

Directions:

1. In a large dutch oven brown the beef ribs in the olive oil.
2. Add in and saute the chopped onion, garlic, celery, and carrots until soft
3. Add the beef stock, tomato paste and diced tomatoes and water
4. Add the basil, rosemary, and salt and pepper
5. Once it reaches a boil, turn down the heat to low and simmer for 2-3 hours
6. Remove the beef from the rib bones and add to the soup

7. Bring to a boil again and add the barley and cook for 20 minutes until barley is soft

Quick Dinner Rolls

Ingredients:

- 2 cups of flour
- 1 cup of milk
- 4 tablespoons of mayonnaise

Directions:

1. Preheat oven to 350°
2. Grease muffin pan
3. In medium bowl, stir together flour, milk and mayo.
4. Spoon into greased muffin cups
5. Bake 15 minutes in oven until nicely puffed and brown.



BAND COUNCIL RESOLUTION

Indian and Northern Affairs Canada / Affaires indiennes et du Nord Canada. Note: The words "from our Band funds" "capital" or "revenue" whichever is the case, must appear in all resolutions requesting expenditures from Band Funds.

Chronological no. R# 2023-2024- 113 File reference No.

Cash free balance Capital account \$ Capital Account \$

GARDEN RIVER FIRST NATION

Date of duly convened meeting: Day 01 Mo 08 Year 2023 Province ON

QUALIFICATIONS OF CANDIDATES POLICY AMENDMENT

Whereas, Garden River First Nation currently operates without a policy in the Human Resources Policy and Procedures that relates to employees and the Chief and Council election process which allows for employees to be nominated and if successful, proceed with employment and as elected officials Garden River First Nation at the same time; And whereas, Garden River First Nation strives to move forward with self-governance and sovereignty; And whereas, Garden River First Nation is now under the First Nation Elections Act effective September 19th, 2023; Therefore be it resolved that, Chief and Council support the development of an amendment to the current policy that will outline the process of nominations, elections and employment and that no elected official of Garden River First Nation shall be paid a salary for service as an employee of the First Nation. Further be it resolved that the amendment to the Human Resources Policies and Procedures shall be approved, enforced and administered to the Election date of September 19th, 2023. This amendment will be included in the Garden River First Nation Human Resources Policies and Procedures: Section 9; Qualifications of Candidates.

Quorum: Andy Rickard (Chief), Brandi Nolan, Tyler Pine, Dan Tice, Trevor Solomon, Cindy Belleau-Jones, Chester Langille, Chris Thibodeau, Albert Williams, Cassidy Armstrong, Karen Bell.

FOR DEPARTMENT USE ONLY. Table with columns for Expenditure, Authority, Source of Funds, and Signatures.

GARDEN RIVER FIRST NATION

The below Candidates will have their names appear on the Ballot for the Sept 19, 2023 Poll.

CANDIDATES for CHIEF: Bell, Karen; Belleau, Deborah M.; Belleau, Terry A.J.; Rickard, Andy; Sayers, Paul

CANDIDATES for COUNCILLOR and CANDIDATES for COUNCILLOR. Lists names of candidates for various councilor positions.

Please note I had missed Nichole Belleau. Here acceptance was emailed on Sun, Aug 13/23. August 14, 2023 Date

GARDEN RIVER FIRST NATION Notice of Election

Notice is hereby given to the electors of the Garden River First Nation that a poll will be held to elect a Chief and eight (8) Councillors on Tuesday, September 19, 2023, from 9 a.m. to 8 p.m. at the Community Centre.

Any elector may vote by mail-in ballot by submitting a Request for Mail-in Ballot form, which can be obtained from the Electoral Officer, along with a copy of identification, by September 12, 2023. This form is also available on the Band's website.

All ballots cast at this election will be counted at the Community Centre immediately following the close of the Poll on Tuesday, September 19, 2023.

Given under my hand this 14th day of August 2023

Vaughn Johnston, Electoral Officer, Box 309, SSM PO Main, Sault Ste Marie, ON P6A 5L8

Cell/Text: 1.906.379.8796 Email: vaughn_johnston@hotmail.com

Request for Mail-in Ballot

Information For The Elector

The Band Council Election of the Garden River First Nation will be held on September 19, 2023. If you wish to vote by mail-in ballot, you must complete this form and send it to the Electoral Officer by mail, fax or email. The information appears below.

You must also include a copy of proof of identity, such as a copy of your Certificate of Indian Status, driver's license, health card, or another document that provides your identity. Do not provide the original document.

If the Electoral Officer receives this request on or before September 12, 2023, a mail-in ballot package will be sent to you at the address you provided. If you have any questions, please contact the Electoral Officer.

Please note that the closer to Election Day you make your request, lessens the chance of your completed ballot being successfully received by the Electoral Officer.

Vaughn Johnston, Electoral Officer, Box 309, SSM PO Main, Sault Ste Marie, ON P6A 5L8. Cell/Text: 1.906.379.8796 Fax: 705.945.1415 (Band Office) Email: vaughn_johnston@hotmail.com

I am a qualified elector of the Garden River First Nation and do hereby request that a mail-in ballot package be sent to me at

Address, Municipality, Prov/State, Postal/Zip Code, Telephone, Email

For Use by the Electoral Officer only

Request received on: Mail-in Ballot sent on: Type of identification:



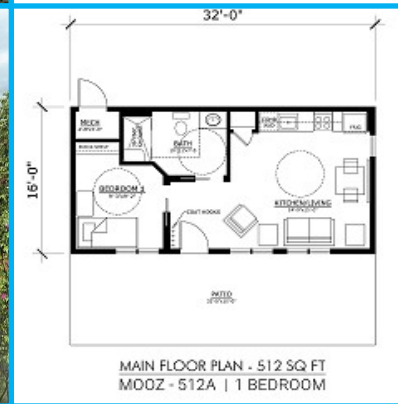
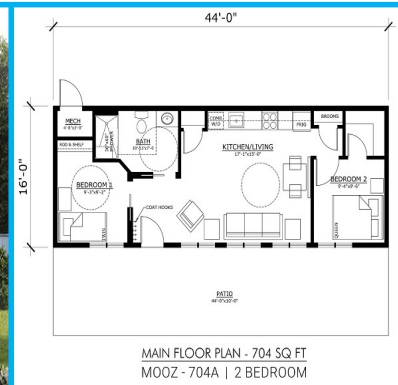
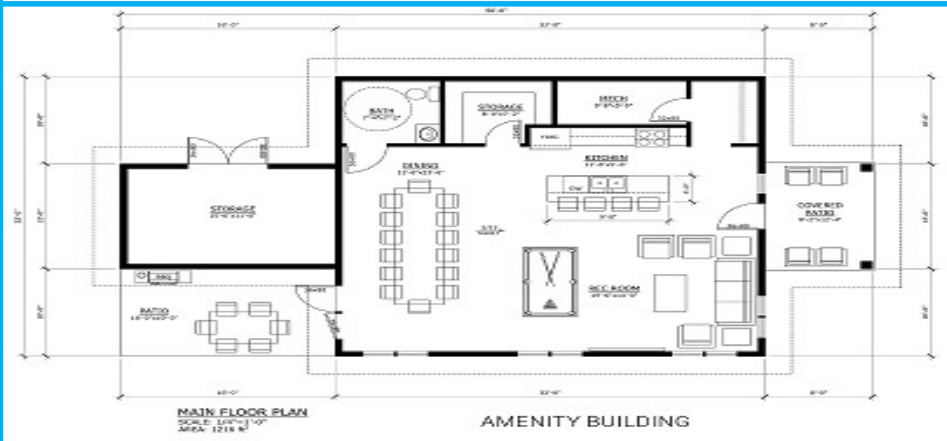
Garden River First Nation 'Niin Wigwamis' (My Little Home) Development – Project Summary

Since it began operating, the Garden River First Nation housing department has held the vision of utilizing innovative housing solutions to meet the diverse needs of community members. In the 10-Year Capital Housing Plan (Strategic Plan), one of the priorities that emerged included the development of housing to support Garden River's single population. Since early 2020, the housing department has worked toward solidifying a housing strategy to meet the need of our single population through developing *Niin Wigwamis*, a tiny home initiative.

The vision of *Niin Wigwamis* is to construct ten (10) 'tiny homes' (apx. 550 sqft) units of Garden River territory; each home will be affordable, accessible, constructed using green building materials and renewable energy technologies, and co-designed with an Indigenous architect and GRFN Youth. It is that the ten (10) units will be stand-alone dwellings and set-up as a rental model. The lot location is located on the North side of Belleau Lake Road. The primary demographic of members benefitting from these homes include young professionals seeking independence, young couples starting their lives, individuals or couples desiring less space or downsizing, and single parents with one child.

We have developed a Memorandum of Understanding with Habitat for Humanity (Sault affiliate) to co-design an 'Indigenized' Educational Module to assist new tenants/homeowners of *Niin Wigwamis* with aspects of home maintenance, budgeting and estate planning (wills and power of attorney) once they are moved in. We have also developed a draft MoU with *Nogdawindamin Family & Community Services* to make serving Indigenous at-risk Youth along the north shore of Lake Huron the provision of safe, culturally appropriate and affordable housing opportunities a priority. This collaboration also includes Sault College to explore opportunities that assist with enhancing education, knowledge and skills regarding construction of *Niin Wigwamis* through a pre-apprenticeship program.

We would like to dedicate this initiative to the



seventh generation. Planning is about the future. We hope that the *Niin Wigwamis* Project will lead us to environmentally sustainable, safe, inclusive and equitable housing solutions that serves the well-being of generations to come.

Thank you,
The Garden River First Nation Housing Team



Miigwetch!

The GRFD attended the Annual Fire Conference and election for the Ontario Native Fire Fighters Society. Cain Nolan was elected onto the board to represent our area in regards to fire issues. We also got to take part in the training provided to all the fire fighters that attended. Thanks to the Six Nation Fire Department for the great hospitality and putting on a good conference. Stay tuned for more updates!!

Regards,
Tim Johns Jr
GRFD Fire Chief/CEMC



A Firefighter, a Sheriff, and a Paramedic are trying to get into heaven... St. Peter greets them and tells them regardless of their heroic acts, they'll need to be able to count to ten to get into heaven. The Sheriff goes first. He hauls out his Colt .45 and counts the shots, "1, 2, 3, 4, 5, 6, 7... Let me try again!" So he reloads, "1, 2, 3, 4, 5, 6, 7... Nope, I only got 7 shots." So the Paramedic steps up, "I can do this." He gets into CPR position, "1 and, 2 and, 3 and, 4 and, 5... 1 and, 2 and, 3 and, 4 and, 5... Nope, CPR only goes in rounds of five." The firefighter reluctantly goes next... "1, 2, 3, 4, 5, 6, 7, 8, 9, 10" "That's amazing!" St. Peter declares, "You're the first all week. Can you count any higher?" "Sure, 10, jack, queen, king."



ANNOUNCEMENT

Safe Community Project Zero Campaign selects Garden River as recipient.

Congratulations to Training Officer Cain Nolan and councilors, Trevor Solomon and Tim Johns for helping Garden River Fire Department (GRFD) and Ketegaunseebee on being selected for the 2023 Safe Community Project Zero Campaign. Safe Community Project Zero provides selected fire departments in the Enbridge Gas Inc. service areas with free combination smoke/carbon monoxide (CO) alarms for distribution to individuals in selected communities, with a focus on those who are deemed high-risk. This may include the elderly, people with disabilities or those with financial challenges. This year, Garden River was among the selected communities.

Did you know that smoke and CO detectors expire? Their ability to detect smoke and/or carbon monoxide particles significantly weakens over the years. CO/Smoke alarms should be installed in a central location outside each separate sleeping area, on every level of the home. Test your CO/Smoke alarm every month and replace the detector according to the manufacturer's instructions.

As a recipient of the 2023 Safe Community Project Zero campaign, based on the population of Garden River, the GRFD will receive 84 Kidde Canada 10-year, worry-free combination smoke/CO alarms. The retail value of the alarms is approximately \$5,000.00! Once received, these alarms will be distributed to the elderly, disabled and most vulnerable members of the community first, and then to other citizens while supplies last. Miigwetch to the GRFD for all that you do, we look forward to receiving some new detectors into the homes of those that need them most. Fire Prevention Saves Lives!

Thank You,

Tim Johns Jr
Garden River Fire Chief / CEMC

OJIBWAYS OF ROBINSON-HURON TREATY OF 1850





Congratulations



Congratulations to Cain Nolan!

Ketegaunseebee would like to wish a very proud and heartfelt congratulations to Cain Nolan on recently being appointed to the board of the Ontario Native Fire Fighters Society (ONFFS).

ONFFS has been in existence for over 30 years and their mission is to provide all Ontario First Nations with a well-trained professional organization, to prevent, or safely minimize loss of life and property from fire and other emergencies, at the highest level within the resources available.



We here at GRFN always knew Cain Nolan operated at the highest levels of fire safety and prevention, and we are proud that a group as prestigious as ONFFS has also officially recognized one of our own, as one of their best.

Chi-Miigwetch to Cain and all our brave fire fighters at GRFD for your hard work, dedicated service, and constant professionalism.



Community Days



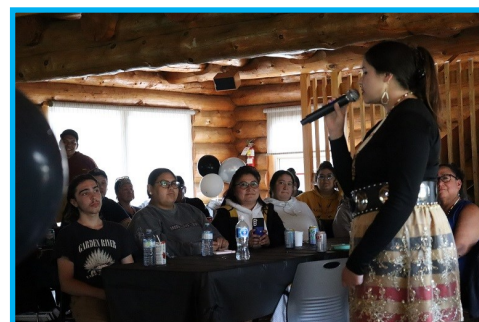
Community Days was a fantastic success!

Community Days.

This past August Ketegaunseebee held its annual **Community Days** events leading up to the Golf Classic on Aug 18th and into Powwow on Aug 19th, 20th. This year there was a kids **Carnival Night** on Monday Aug 14th. Chief Andy was in the dunk tank, there was a foam party, and the kids had a blast playing in the bouncy houses. Hot dogs and hamburgers were enjoyed by all who attended! All that fun made for an excellent way to enjoy sunny Monday evening.



Wednesday was the **Indigenous Fashion Show** at the Recreation Centre and for one night on the rez, it felt just like Paris Fashion Week! All the designers showcased their best outfits and the models all looked stunning! Appetizers and fancy outfits were enjoyed by all who attended that night.



Boissoneau had the crowd clapping along and took home the first-place prize for his awesome rendition of 'Every Little Thing' by Russell Dickerson.

Way to go Carter!

A great day for golf was had by all Golf Classic.



Tuesday was **Cultural Day** at the Community Centre with minnow races and the best bannock contest. Syd Jones won first place and bragging rights when the three judges picked Syd's as the 'best of the bunch' during a blind taste test.



Algoma's Got **Talent Night** at the Community Hall took place on the 17th with singing, dancing, and any kind of talent you could think of showed up to show off their skills. Carter

August 18th was the **9th Annual Chief and Council 9th Annual Silver Creek Golf Classic**. Teams came from all around the district to try their skill and luck at coming in under par at the spectacular Silver Creek Golf Course greens! A little windy but it was a perfect day after a previous day of constant rain. The sun and clouds came out and the tournament went off without a hitch. A fifty-thousand-dollar hole in one prize on the 9th hole was NOT won that day, but some golfers did get very close to it. A big "Miigwetch" to all who participated or sponsored this event. We hope to see everyone out again next year.



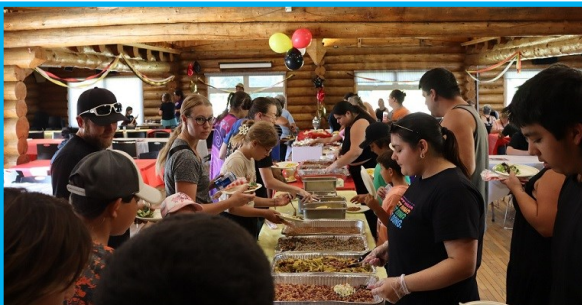
Powwow was enjoyed by all attendees.
Powwow 2023.



August 19th and 20th saw the annual Ketegaunseebee Powwow take place on the ball field and it looked to be one of the biggest ones so far. The heartbeat drums were nice and loud, the dancers came out in full force with their beautifully intricate regalia. Prizes were awarded to best male and female dancers as well as best drum group. Food vendors were busy feeding all the hungry attendees and craft vendors showed up to sell their gorgeous jewelry and clothing items. To those that were unable to attend this time around, we hope you can make it out next year. Huge thanks to all the grounds keepers and powwow committee members who put in so many work hours to ensure that the powwow was enjoyed by all.



Chi-Miigwetch to all involved!





TEAM CUSW.



Just want to give a special shout out to the young men that represent GRFN. I had the opportunity to coach 13u Baseball. And these young men displayed character, respect, and community.

Some boys from GRFN include:

Coach Darryl Williams (Bud) & Coach Douglas Belleau

Players- Brandon Boissoneau-Johns, Easton Foster (Boissoneau), Gram Williams, Cain Sayers-Pine, Ashlyn Rickard, Kade Jones (missing from picture), Landon Belleau, Angus Bell, Chance Jones, Jack Wesselius (Neveau), Shamus Cochrane, Malakai Cripps, Keegan McCauley.

World Rivers' Day

September 24th—Celebrating The Rivers

It's about increasing awareness of the importance of the rivers.

Let's all hop in our jiiman (canoe) and go for a spin making an offering to the river for living their responsibilities!

Take a photo and we can share them in the GRFN Newsletter.

Submitted by Susan Chiblow



Miigwetch!!

After a lot of reflection and conducting ceremony I decided to withdraw my name from the elections for council. I want to thank Molly Zack and Tia Caraballo for the nomination.

Miigwetch, Sue Chiblow

Garden River Community Newsletter Submission Deadlines for 2023

♦ **October Newsletter—
Friday, September 22
By 4 p.m.**

- ♦ November Newsletter—
Friday, October 27
- ♦ December Newsletter—
Friday, November 24

Email submissions to:
irene.gray@gardenriver.ca



Human Resources



We are happy to announce that we have some new additions to the team:

August 4, 2023

- ↳ Natalie Belleau – Mental Health and Addictions Manager
- ↳ Andrew Mallett – Capital Projects Director
- ↳ James Roach – By-Law Officer
- ↳ Robyn Hache – Justice Worker
- ↳ Jonathan Boissoneau – General Maintenance
- ↳ Megan Levielle – Home and Community Care RPN
- ↳ Christine McEwan – Home and Community Care Coordinator
- ↳ Danielle Hill - PSW

Promotions and New Assignments:

- ↳ Jessica Belleau – Home and Community Care Program Supervisor

August 23, 2023

- ↳ Jamie Lewis - Lands and Resources Officer
- ↳ Ron Thibault – Wellness Driver

Promotions and New Assignments:

- ↳ Jessica Kennedy – Business Coordinator
- ↳ Simon Solomon – Lead Hand/ Working Foreman

Please join us in welcoming them to the team and assist in any way you can.

We know that starting a new job can be challenging, so we want all our new employees to know that we're here to support you.

Welcome to each of you, we know you will do great things and we wish you the best in your new roles!

Human Resources



Ketegaunseebee Garden River First Nation Announcement

TO: Residents of Garden River First Nation
 FROM: GRFN Administration
 DATE: Effective July 1st 2023
 RE: Minimum Wage Raise

As of April 1st 2023, the Federal minimum wage is quoted on the Government of Canada website as **\$16.65 per hour** worked. On that same day, the Ontario provincial minimum wage is quoted as **\$15.50 per hour** worked.

A recent motion put forth has been officially approved to raise the minimum wage on Ketegaunseebee to **\$18.50 per hour**.

This change takes effect July 1st 2023.



GRFN Staff Highlight

John Grawbarger
GRFN Transfer Station

The Garden River Transfer Station would like to thank John Grawbarger for all the work he has been putting in at the Transfer Station bins. Sorting, stacking, packing, whatever it takes to keep the trash flowing John has been there, helping to make it happen. The Garden River Transfer Station officially started August 17, 2021, and that was also the day that the landfill officially closed. The dump had been in operation since the early 60s but was deemed too close to the river and had to be shut down after years of overuse. It was putting the surrounding area in danger of leaching pollutants into the lands and waters. The solution was to build a Transfer Station that would allow us to sort and separate anything that could be recycled or reused. This method of sorting, separating, and transferring seems to be working and has considerably reduced the amount of trash that the community sends to the municipal landfill. Ketegaunseebee would like to give an extended thanks to all the staff at the Transfer Station who work hard to help us to reduce our environmental impact as a community.





Seasonal Closure October 14, 2023

Keep an eye on our Fb page for updates for next years season!

(Ojibway Park The Sun Sets Here)

Home of Laughing Water Beach



Housing



Carbon Monoxide (CO)

- Death

What is carbon monoxide? Gas produced during combustion

Perform regular appliance maintenance and inspections ~ this includes fuel-burning:

Who is at risk? Anyone is at risk

- furnaces
- fireplaces
- stoves
- water heaters
- Dryers

Typical sources of carbon monoxide are (but not limited to):

- ☒ Heating appliances (furnace, gas water heater)
- ☒ Fireplaces/Wood stoves
- ☒ Cars
- ☒ Cooking and household appliances (gas stove, barbecue, gas dryer)
- ☒ Gas powered generators
- ☒ Gas powered equipment (lawnmower, snow blower)
- ☒ Cigarettes

Examine propane and natural gas powered appliances, such as:

- stoves
- dryers
- heaters
- Refrigerators

Carbon monoxide has:

- △ NO smell
- △ NO taste
- △ NO colour

They should be checking for:

- leaks
- cracks
- blocked vents
- improper installations
- poor connections of gas lines to:
 - appliances
 - Vents

Health effects of CO:

- ◇ Low concentration
 - Dizziness/confusion
 - Headaches
 - Chest pain
- ◇ High concentration
 - Loss of consciousness
 - Coma

Keep snow/ice/debris off exhaust vents.

To prevent CO poisoning:

- Check smoke – Carbon Monoxide detectors regularly replace if out dated.
- Remove and replace batteries in smoke

– Carbon Monoxide detectors when you change the daylight savings time in your clocks.

- Clean chimney
- Don't use barbecue or power generator indoors
- Don't idle car or run gas-powered equipment in garage

What to do if alarm sounds:

- ↳ Leave immediately
- ↳ Call 9-1-1
- ↳ Do not re-enter

For more information:
healthy Canadians@indoorAir
air@hc-sc.gc.ca

Greg Solomon
Construction Maintenance Coordinator
Housing Department
7 Shingwauk Street
Garden River First Nation
Garden River, ON P6A 6Z6
Phone: 705.946.6300 Ext. 289
gsolomon@gardenriver.org





WELCOME BACK TO ANOTHER SCHOOL YEAR!



On behalf of all the staff at the Education Unit, welcome back to another school year! We extend our best wishes to all the students and staff for the 2023-2024 school year. We appreciate all the support that families and community members provide for all students as they continue their learning journey!



Elementary Liaison

Back to School Blitz

The Education Unit held its "Back to School Blitz" on Wednesday, August 23, 2023. This event was extremely well attended. We had over 270 students come to the event, along with many of their family members. It was great to see so many community members coming out to this event.

Several different booths were set up from different departments and community partners to share information with the community. We also had donations from different local businesses for draws for our students. We had approximately 30 students winning prizes.

We would like to thank all the GRFN departments and community partners who set up booths to share information with students and families. We would also like to thank the many community partners for providing donations for our draws.

We look forward to a wonderful school year.

Connie Traves
Education Manager

Secondary Liaison

REGISTRATION

New Student Enrollment

If your child is born in 2019 (JK) or 2018 (SK), please register them with us today.

How to register:

1. Come in anytime at the Garden River Education Unit
2. Fill out registration papers
3. Provide status card if your child has one
4. Receive a copy of the Elementary guidelines to see what services are provided for your child

Please register with Deanna Jones, Elementary Liaison I can be reached at 705-946-3933 ext 203 or by email at dejones@gardenriver.ca

GRFN EDUCATION UNIT

BACK to SCHOOL

YOU GOT THIS!

GOOD LUCK AND BEST WISHES FOR A GREAT AND SUCCESSFUL NEW SCHOOL YEAR TO ALL STUDENTS!

AIM Courses Fall 2023

Classes start
September 11, 2023

Earn your OSSD and
be our 50th Graduate!

Teacher Taught Courses:

MEL3E - Mathematics for Work and Everyday Life

- Mondays and Wednesdays 9am – 12pm

NBE3C - English: Understanding Contemporary First Nations, Métis, and Inuit Voices

- Tuesdays and Thursdays 9am – 12pm

LNOBO - Ojibwe Level 2

- Tuesdays and Thursdays 5pm – 8pm

**Independent/Teacher-led courses
available as well.**

Come in or call: Adults in Motion (705) 946 – 3933
48 Syrette Lake Road, Garden River, ON, P6A 7A9

Adults in Motion Teacher Taught classes begin Monday September 11, 2023.

Drop by or call the Education Unit to register for courses, (Teacher Taught or Independent Learning Booklets.) Earn your Ontario Secondary School Diploma this year and be our 50th AIM Graduate!

Come in; see our new classrooms, and the courses we have to offer.



Post-Secondary News ... September 2023

Aaniin and Welcome to the new school year 2023/2024!

Some of you are new to college and university while the rest of you are returning/continuing students. There will be a lot of “frosh and welcome back” type activities happening the first week or maybe even all of September BUT that does not mean that you are excused from attending classes.

As a sponsored student in college and university, I just wanted to take this time to remind all of you that it remains of the utmost importance to be a **RESPONSIBLE STUDENT** by:

- attending all of your classes on time (even if only online)
- by completing & submitting all of your required course work on time
- by studying for every quiz/test/exam
- by writing all quizzes/tests/exams on the day scheduled
- and just as importantly, by actively participating in all of your classes ... believe it or not, active participation (answering questions, asking questions, participating in class discussions, turning on your camera, etc) helps you to be successful.

Being a responsible student and being successful every semester, will help you keep your higher priority for continued and future sponsorship.

As you know, sponsorship is never guaranteed for the length of your program.... **you are required to RE-APPLY every school year and your priority will be reassessed at that time based on your success.**

Please remember to read/review the online copy of the GRFN PS Operating Guidelines thoroughly as they outline your responsibilities as a postsecondary student.

IMPORTANT Reminders:

..... to all students, you should have already provided me with your login/password to your **online student account** so that I can print and review

your official schedule

..... if, at any time, you have to **change your educational plans by either by adding or dropping a course or more OR you decided to change/transfer programs OR whatever changes you have made**, you **MUST** notify me so I can review and then print out your revised schedule

..... if you decide to not start or to withdraw from your program fully, there is a deadline that you must do it by so that there are no tuition fees charged. There is a formal process to withdraw at your school - you cannot just stop attending.

..... you must **maintain a full-time registration with a “normal fulltime course load and credits”** (check with the Registrar’s Office if you are unsure) **to be eligible for your continued monthly allowance**. NOTE: GRFN does not use the student loans definition nor the special needs definition to determine the minimum number of courses/credits to be full-time.

..... **DID YOU MOVE?** Make sure you call or email me with your new address, phone, cell # and/or email address ASAP

..... Budget your money wisely!

..... *Check and see if your bank has student accounts so you don't pay any fees.* You will usually need to bring a copy of your schedule as proof that you are student.

..... Cell phone plans for students are usually much cheaper.

NEW COLLEGE AND UNIVERSITY STUDENTS!!!

Your school and this office regards you as an adult and we will not be able to communicate with your parents about your academic work and responsibilities unless you give written permission to do so.

I encourage you to be your own best advocate by handling your own student responsibilities with my office, the school AND to also communicate with your parents / family about your “real” progress in school.

Do you have a Documented Disability?

If you have been diagnosed by a qualified healthcare professional in the past or recently, there may be extra supports and resources for you at your school if you **SELF-IDENTIFY** as per the school’s policies. You will have to provide a copy of your latest **psychological-educational assessment or if a medical condition, your doctor may have to complete a special form**. Please make an appointment with the Accessibility Office or Student Services department right away to get the process started. It will be helpful to bring a copies of your most recent documentation so that they can work on your individualized plan to put “necessary supports, modifications and accommodations” in place for you to remove or lessen any barriers that you may face for your success.

Accommodations are determined by the recommendations within the documentation from your qualified healthcare professional. By saying “supports, modifications and accommodations”, it means things like a modified curriculum or classroom environment, modified quizzes/tests/ exams or extra time to write quizzes/tests/exams or a quiet room to write these or other extra resources and supports at the school like a note taker, or regular appointments with a tutor or with the Accessibility Office.

Definitions:

MODIFICATION usually means a change in what is being taught to or expected from the student. Making an assignment easier so the student is not doing the same level of work as other students is one example of a modification.

An **ACCOMMODATION** is a change that helps a student overcome or work around the disability. Allowing a student who has trouble writing to give his answers verbally is an example of an accommodation. This student is expected to know the same material and answer the same questions as fully as the other students but doesn’t have to write the answers to show that s/he knows the information.

If you qualify for Accessibility Services for a documented disability or medical reason

with your college or university, you may be eligible for an additional year of full-time GRFN post-secondary sponsorship. Please contact me to discuss this more.

ADJUSTING: BEAT THOSE HOMESICK BLUES

Going to college or university can be a bittersweet experience. On the one hand, this opportunity to strike out on your own is a step toward independence. On the other hand, leaving your friends and loved ones can be difficult.

As first year students adjust to their homesickness, it's natural to feel that way, of course. But rather than let those emotions overwhelm you, check out these tips from students who have been in your shoes.

- **Familiar Surroundings.** Surround yourselves with things that remind you of home.
- **Get Involved.** Another way to tackle those homesick blues is to take advantage of campus clubs and organizations. Joining an organization is a great way to meet fellow students. From intramural sports teams to computer gaming clubs, your school is sure to have a variety of organizations to choose from.
- **Be patient.** Above all, give yourself time to get used to your new surroundings. It takes a while to make new friends and become accustomed to your college/university life.
- **PHONE CALLS, FACE TIME or VIRTUAL MEETINGS** I encourage you to check out all the options to stay in touch with your loved ones at home in the most economical way. I am sure that even though you can text/message them, they would appreciate seeing your lovely and handsome face once and awhile. Most cell providers have special "STUDENT" packages... make sure you ask for the best package for you.

TIPS TO GUIDE YOU TO A SUCCESSFUL YEAR!

HIT THE BOOKS

Your *first semester at college or university really does count* and attending all of your classes and finishing all of your course requirements is not a suggestion, it is *expected of you as a responsible sponsored student*. This does not mean that you have to spend every waking hour at the library or bonding with your professors. It simply means that you need to attend every class and then plan time every day to study, do your homework, complete your readings before class and to review your notes.

Studying for one to two hours a day is a much more sane option than studying for endless hours the night before an exam. Cramming does not work. No matter how many cups of coffee or energy drinks you drink during an all-night study session, the chances of remembering the material are far less than if you **paced yourself over a few days or weeks when studying and you really do better with a good night's rest...get some sleep.**

NEVER UNDERESTIMATE THE IMPORTANCE OF DOING WELL IN ALL OF YOUR COURSES...all poor and fail grades will negatively affect your overall gpa. And if you didn't know, in order to graduate you must have a specific gpa or you won't be allowed to graduate until you raise your overall gpa.

Give yourself a chance and GIVE YOUR BEST EFFORT to your academic work. This **may sound pathetically obvious**, but you will have a lot of conflicting demands on your time and there will be many temptations. **The surest way to keep your future academic and career options wide open is to have a good academic record when you complete your studies** (whether it is a certificate, diploma, undergraduate degree, or graduate studies).

If you aren't into studying alone, get a **study buddy**. While study groups are not for everyone, going over test material with a few friends might help you discover ideas or arguments you hadn't noticed before.

For those of you who prefer peace and quiet, don't be embarrassed to tell your friends you want to go solo. Simply find a room or another space where people don't gather.

The main idea is to **figure out which style of studying works for you and stick with it**. ALSO, if you are confused about anything discussed in class, **don't be afraid to ask questions in classes or talk to your professor** about it during his or her office hours. Don't wait until it is too late to ask for help. No matter how you end up studying, **don't slack off. Failing grades count in college and university**—professors rarely drop test grades. Besides, **if you slack off now**, you may find yourself in the real world earlier than you expected - without the certificate, diploma or degree that you hoped to complete.

Most of all, don't sweat it. Your school years are supposed to be one of the most memorable times in your life. So enjoy life, take advantage of every opportunity.

Tips from Garden River graduates & former students:

- ✓ **GO TO CLASS!** (Trust me on this one)...I messed up by thinking I could miss whenever I wanted to.
- ✓ Learn to take proper notes and how to write better! Go to those "how to" sessions at your school....use the Writing Lab to review your papers well in advance of the deadline to submit. Improving these skills while in school will definitely help you when you start your career or if you decide to move up to your next level of education.
- ✓ Don't be afraid to access Student Services on-campus. They are there to help you.
- ✓ If you walk a long distance at night, take advantage of your campus Walk Home / on-campus security program.
- ✓ Although you may want to fit in as much partying this year as possible, you **don't HAVE to go out every time** people ask you. It's okay, and often necessary, to spend your free time or a Saturday night or entire weekend studying.
- ✓ **Keep on top of your readings.** Two hundred pages of 'dry boring' readings spread out over a couple days or a week is a lot easier on your eyes and brain than reading those same 200 pages the night before your class, tests, mid-term or exam.
- ✓ Get to know your city and check out the different local events.
- ✓ **BUDGET!** Live within your means...don't overspend!!
- ✓ **Residence too noisy?** Library too

stuff? Head to a local café and treat yourself to a latte, coffee, or tea while you are reading.

- ✓ Instead of grabbing a chocolate bar when you get test or exam munchies, go for a piece of fruit or some light popcorn instead.
- ✓ Mom and Dad, your siblings, your cousins, gramma & grampa, your aunts & uncles & old friends miss you. **Call them once in a while.**
- ✓ **Have respect for yourself and your body.**
- ✓ You've probably already heard that your marks may or will drop. This is likely. What makes this even more brutal is you'll never work so hard for such low marks. You will invest blood, sweat and tears in what you think is a brilliant essay and end up getting a disappointing mark. **Don't get discouraged.** If this happens, visit your professor during the advertised office hours, make an appointment with the Writing Lab to review your work and get their recommendations and tips. Once you learn how to write at this new level of school and once you know what each professor expects from you, your marks will steadily improve if you reach out for help and advice.

ALWAYS BELIEVE IN YOURSELF !

If you ever need help along the way, **PLEASE DON'T EVER BE AFRAID TO ASK FOR HELP.** There are many people ready to help, but you have to take the first step and ask.

ISC ACADEMIC ACHIEVEMENT SCHOLARSHIPS

The second release of the ISC *Academic Achievement Scholarships* will be on **September 29th, 2023. To be eligible you must have been:**

- a full-time student that was enrolled and sponsored by the GRFN Post-Secondary program full-time from September 2022 to April 2023 in an academic program if you attended during the Summer 2023, your grades will be factored into your overall gpa calculation
- must have achieved an overall average of "B-" or higher for the

entire year based on your school's grade scheme

- **Your official final grades (no temporary or incomplete grades) to be provided no later than September 15th.**
- Reminder: one year GAS programs and other preparation type programs are ineligible.

Other Scholarships, Bursaries, Awards and OSAP Grants

As a Garden River sponsored student at college or university, please know that you are allowed to apply for and receive as many scholarships, bursaries, awards and OSAP Grants. We encourage you to apply to as many as you can.

OSAP Grants are non-repayable as long as you are a successful student. If you abandon or withdraw from your studies or are unsuccessful, your grant may be converted to a student loan and you will have to pay that back.

Please know that although you are allowed to apply for student loans that GRFN will not help you pay back any student loans.

Check the POST-SECONDARY pages of the GRFN Education website...I have provided links for search engines and specific scholarships, bursaries and awards. Your school should also have lists of specific scholarships, bursaries and awards (sometimes they include this information right on your student portal) along with all the other information available online via a simple google search.

Trust me when I say that it is well worth it to just APPLY, APPLY, APPLY!!

Pay close attention to the application deadlines, the requirements and supporting documentation required.

I recommend that you take some time now before you get too busy to write yourself a great biography/short essay about yourself, save it and then just revise it for each new one that you apply for.

It is important to remember that the committee in charge of selecting the winners **DO NOT KNOW YOU PERSONALLY.** You must introduce and describe yourself to show them that you would be a great candidate. Highlight positives in your life as well as any struggles that you have overcome or are still

struggling with.

IMPORTANT: All colleges and universities receive money for an **Indigenous Post-Secondary Education and Training Bursary** from the Ministry. If you anticipate experiencing or you start to have financial difficulties throughout the school year, please inquire about this bursary right away. This could be help for unexpected expenses or emergencies like to help you replace a dead laptop or something else that you did not save for. You will need to submit proof of your personal financial situation, confirmation of sponsorship, child care benefit, etc along with estimates for repairs needed or new equipment and receipts for your rent, phone, utilities, etc. with your application.

If you ever have any questions or concerns, please never hesitate to contact me. I enjoy receiving both the **"I am doing great calls/emails" as much as the "I need help" calls/emails. So, please keep in touch regularly.**

I can always be reached toll-free at 1-866-518-7806, or locally at (705) 946-3933 ext. 202 or by email at amjones@gardenriver.ca or send me a virtual meeting request or if you are in the area, feel free to make an appointment here at my office.

I look forward to working with you. Good Luck this school year!

Anne Marie Jones
Post-Secondary Counsellor



*****IMPORTANT*****

PLEASE HAVE FUN and PLEASE BE RESPONSIBLE !

For all new students to the post-secondary level (and some returning students), remember that throughout this exciting time when you will be meeting new friends, experiencing your new freedom (from under your parents'/guardian's house rules) and the many new challenges, **EFFECTIVE TIME MANAGEMENT** and **PRIORITIZING** will help you to juggle your school work/studying and your family/social life.

It is important to be involved in school and social activities but you must **always remember** that along with all of these new experiences, you are a **sponsored post-secondary student** and as such **you have a responsibility to Garden River and yourself to attend all of your classes (even those nasty early morning classes or late ones), to complete and submit ALL of your assignments on time, to write every quiz and test, and of course, to write your final exams as scheduled.** It is never an option to pick and choose which classes you want to attend and which assignments, quizzes/tests/exams you want to do - Garden River expects you to do all of them.

As a sponsored post-secondary student, it is also **your responsibility** to report:

- if you change your mind about starting your studies,
- if you make any changes to your schedule/registration and
- if anything interferes with you attending your classes as scheduled and/or
- if anything interferes with you finishing and submitting your required school work on time

Please do not wait until it is too late to report this and to ask for help.

For full-time students, please remember that you must carry enough courses/credits to be eligible for the monthly living allowance. We use the "normal full-time course load" not the student loans definition to determine the proper full-time course load.

From Anne Marie, your GRFN Post-Secondary Counsellor

GRFN Public Library aka Resource Centre

The Garden River First Nation Resource Centre/
Public Library's

Services include:

- Printing, blinding, laminating is available.
- Book lending
- Printing services **(free for students)**
- Reading; craft; kids programs
- GRFN Archives

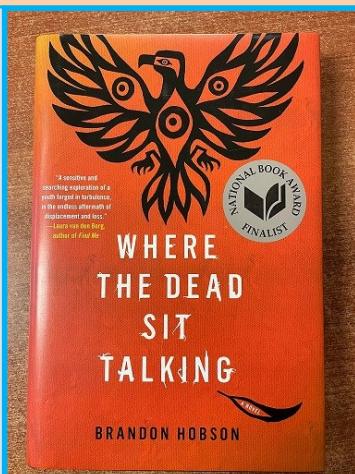
Home of the
GRFN Community Monthly Newsletter

Additional Info:

- Free Wifi Available to students & community members
- Ontario Parks Permit—2 parking passes that can be loaned out
- The VR Console/Computer has approx. 30 games available
- 3D Printer — small single colour requests can be printed for a fee

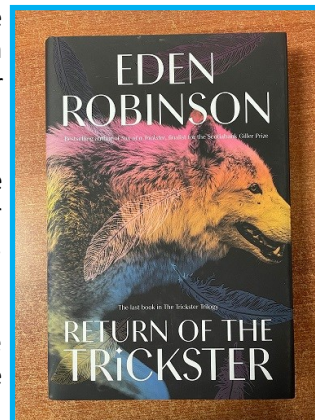
Email:
irene.gray@gardenriver.ca
Or Call:
705-946-3933 ext. 210

September's Featured Books



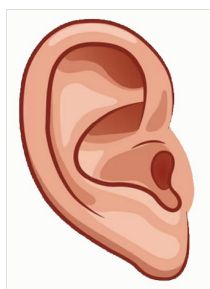
Where The Dead Sit Talking. *Brandon Hobson.* Set in rural Oklahoma during the late 1980s, *Where the Dead Sit Talking* is a startling, authentically voiced and lyrically written Native American coming-of-age story. With his single mother in jail, Sequoyah, a fifteen-year-old Cherokee boy, is placed in foster care with the Troutt family.

Return of the Trickster. *Eden Robinson.* In the third book of her brilliant and captivating Trickster Trilogy, Eden Robinson delivers an explosive, surprising and satisfying resolution to the story.



These native content books and quite a few more are available for borrowing at the GRFN Public Library. Which is located in the Education/Recreation Centre building at 48 Syrette Lake Road.

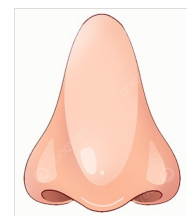
Anishinaabemowin Words for the Month:



towaag—ear



shkiizhig—eye



jaanzh—nose

Story Time in the Park

Miigwetch to Ojibway Park, the staff, the campers and especially the kids; for making the Story Time in the Park a success!! Miigwetch to the Thinking Rock Community Art Initiative as well for their participation!

The kids and parents enjoyed the different crafts, snacks and a few actually looked at the books!

The crafts that were created: bird feeders; fireflies; rock painting; tie-dye shirts; stepping stones to name a few—all materials, snacks and books were provided. Mother nature provided quite a few materials as well, for which I am grateful for.

The snacks were a variety of fresh fruit, berries with bottled water available as well.

We are making plans to return for the 2024 summer season to provide the Story Time in the Park with new and updated crafts! At this point, we are considering a different day, Friday mornings at 9 am seem to be a hit or miss with people getting up early.

If you have any suggestions of what other crafts that could be offered, or activities, please email me at: irene.gray@gardenriver.ca with the subject title "Ojibway Park Summer 2024"

Miigwetch! ~ Irene

"H" words

B A G Q I J W M W C O X T W G Z W R
 W W N A D K F I A I R M C I B I I P
 N A D D A A V D I A I G A W W C I W
 S O A G A K A C F S B J X A A L Y D
 I V O K I W A W V A A I I K B C A U
 M E Z N A I E A I X A G T T Q S K E
 Y W N G D A G N B N F N E A W Q W F
 M I M I A A I E J I K M I N K A A K
 H I B A G A M G E I S C V I D S A P
 C N V Z A O Z F A I G H M M N A N U
 I A J J C R K O H N A E I T Z O M V
 G I C H I M I I K A N A W I X D O C

Find the following words in the puzzle.
 Words are hidden → ↓ and ↘ .

AABITA - half
 AANIIN - hello
 ANDAWENJIGE - hunts
 DAAWIN - home
 ENIGOK - hard
 GAAKAABISHII - hawk

GAAZO - hides
 GICHIMIHKANA - highway
 GIIGE - heals
 NOONDAM - hears
 OMAA - here
 WAKAAIGAN - house

WIJITWAA - helps
 WIIN - him/her
 WIISAGENDAM - hurts
 WIYAKWAAN - hat

BOOK SCAVENGER HUNT

Check your bookshelf!



NAME:

EMAIL:

How many of these things can you find pictures of?

- Sun, Moon or Stars
- A House
- A Picture of a Cat or Dog
- Insects or Butterflies
- A Wild Animal
- Something Funny
- Food

How many of these types of books can you find?

- A Fairy Tale
- A Book with Rhymes
- A Book with a Red Cover
- A Book about Friends
- A Book you haven't Read

Seek, find, check off, complete, scan, email to irene.gray@gardenriver.ca by September 30, 2023 (12 noon) to be added to the wheel of names for a \$20.00 Big Arrow Gift Certificate courtesy of Garden River Resource Centre/Public Library



Resource Centre Facebook Page

The Resource Centre's Facebook page has a lot to offer to our community. You can sign up for the GRFN Email list, where I send out the newsletter as well as pertinent information on behalf of the GRFN. In the Photo Album section you can find books to read. (either Featured Books or Native Content Shelves) Enjoy stories being read to you. (Storytime, readings by Irene). And view the latest program postings as well! It is also, where the GRFN Community Newsletter is first posted when it becomes available!

New programs are in the works for this fall/winter months: guest presenters, reading challenges, books, possibly evening/weekend programs, the reformatting of "Self-Care through Literature and Art".

Make sure you "like" the page to ensure you don't miss out! ~ Irene



GARDEN RIVER OCTOBER SLO-PITCH Tournament



OCT 13-15
GARDEN RIVER BALL FIELDS
\$500/TEAM
• GUARANTEED 4 GAMES
• DIVISIONAL RESEEDING
AFTER ROUND ROBIN

CO-ED RECREATION TOURNAMENT
5X5 FORMAT \$125 DEPOSIT DUE

TO SIGN UP:

CMORETTIN@GRFNREC.COM - (705) 946-4006 EXT. 221

RBILLINGSLEY@GRFNREC.COM - (705) 946-4006 EXT. 204

Attention Members

Effective Monday, July 4, 2023, our hours of operation will be the following:

Monday—Friday 7 am—9 pm & Saturday—Sunday 9 am—4 pm

Garden River Member Prices

Membership	1 year	6 months	3 months	1 month
Adult (18+)	\$248.00	\$170.00	\$94.00	\$34.00
Elders (55 +)	\$241.00	\$144.00	\$78.00	\$29.00
Junior (14-17)	\$225.00	\$154.00	\$82.00	\$31.00



GROUP FITNESS CLASSES

TUESDAYS	THURSDAYS	SATURDAYS
YOUTH 5:30PM - 6:30PM	YOUTH 5:30PM - 6:30PM	LATIN DANCE 10:00AM - 10:45AM
BEGINNER/ INTERMEDIATE 6:30PM - 7:30PM	BEGINNER/ INTERMEDIATE 6:30PM - 7:30PM	



STARTING TUESDAY, APRIL 18
RUNNING INDEFINITELY



WOMEN'S 2023 HALLOWEEN SLO-PITCH TOURNAMENT

3 GAMES GURANTEED
CANTEEN-BEER GARDENS
12 TEAM TOURNAMENT

\$350.00 ENTRY FEE
AND REGISTRATIONS
DUE BY FRIDAY
SEPTEMBER 22ND

SEPTEMBER 29TH—1ST

1ST PLACE - \$1,200
2ND PLACE - \$500

**DON'T FORGET TO COME IN YOUR
BEST TEAM
COSTUMES!**

**FOR MORE INFORMATION OR TO REGISTER YOUR TEAM,
PLEASE CONTACT: LAURA BOISSONEAU-HOLZWARH**

LAURABOISSONEAU@GMAIL.COM



MEMBERSHIP OFFICE NEWSLETTER



The Membership Office is experiencing a higher-than-normal volume of phone and email inquiries. We appreciate your patience as we try to navigate through these busy times.

BAND MEMBERSHIP

The Membership Office is currently processing band membership applications. Please go to <https://www.gardenriver.org/site/membership/> to print the application. Complete all areas, sign and return with the supporting documentation to the Membership Office. The Membership Committee members are Peter Jones, Chair, Deb Belleau-Shawanda, Cindy Belleau-Jones and Terri Tice as technical support.

The process to determine membership is strictly based on family lineage. The committee follows the Membership Code and the 2007 Membership Code Work Plan. The work plan allows for 1st and 2nd generation and transfer applicants to be taken to the committee and processed. Once approved by the committee, the applicant is taken to the Chief and Council for ratification. The Chief and Council reserves the right to deny an application. If the application is denied, the applicant can request the Membership Tribunal to review the application. The members of the Membership Tribunal are Candace Zack-Coneybeare, James Solomon and Gary Boissoneau.

Please contact the Membership Office of any change in your address

REGISTRATION

Upon successful registration through ISC, the Membership Office receives confirmation that you are registered with Garden River First Nation. The letter received outlines the details of your registration ie, registry number 199 ..., category 6(1), 6(2), details of lineage. At that time, a status card will be issued to you which states you are registered with Garden River First Nation. As per the Citizen Registry Regulations, aka Membership Code, Garden River First Nation determines who its members are. You are affiliated with Garden River until you go through the process of applying to become a band member.

Citizen Registry Regulations (aka The Membership Code)

The Membership code is currently under review. Future dates of community consultations will be posted on social media and posted around the community.

OFFICE HOURS/ CONTACT INFORMATION

Monday—Friday 8:30 am—4:30 pm
closed for lunch 12-1;

For more information please call Terri Tice, IRA at 705-946-6300 ext. 246, email ttice@gardenriver.org or visit our website at: <https://www.gardenriver.org/site/membership/>



The GRFN Transfer Station located at 216 Noonday Drive is

OPEN

TUESDAY, 9 am—5 pm
WEDNESDAY, 9 am—5 pm
THURSDAY, 9 am—5 pm
FRIDAY, 9 am—5 pm
SATURDAY, 9 am—5 pm

CLOSED SUNDAY AND MONDAYS
&
CLOSED FOR LUNCH EACH DAY
(12-1)





CANCER AWARENESS PAR 3 CHIP & SIP

**FRIDAY, SEPTEMBER 22ND, 2023
4PM SHOTGUN START
9 HOLES**

THEME: PINK FLAMIGO PARTY

INCLUDES: GREEN FEES, CART, 2 DRINK TICKETS EACH, PASTA & MEATBALL DINNER

\$70.00 PER GOLFER

DONATIONS ALSO ACCEPTED

**SPONSORSHIP
OPPORTUNITIES ALSO
AVAILABLE**

**TWO PERSON SCRAMBLE
FORMAT**

GOLFING IN GROUPS OF 8

**DONATION WILL BE MADE TO:
CANADIAN CANCER SOCIETY**

**EMAIL PRESBOISSONEAU@GMAIL.COM
TO REGISTER TODAY!**



Miijim Gaamig



Great things to donate to GRFN-MIIJIM GAAMIG Food Bank

- ☉ Peanut Butter & Jam
- ☉ Pasta (dry or canned)
- ☉ Pasta Sauce
- ☉ Canned Tomatoes
- ☉ Tuna or Salmon
- ☉ Other canned meats: chicken, ham or turkey flakes
- ☉ Kraft Dinner, Sidekicks, Mr. Noodles
- ☉ Hot & Cold Cereal
- ☉ Canned Soup
- ☉ Rice/Flour/Oatmeal
- ☉ Coffee (instant or ground)
- ☉ Tea
- ☉ Juice Boxes

Money and Food Donations are greatly appreciated and can be dropped off at Miijim Gaamig Food Bank located at the GRFN Band Office

MIIGWETCH FOR YOUR SUPPORT

Further information, please contact
Michelle
@ MIIJIM GAAMIG
(705-946-6300 ext 227)



GRFN Miijim Gaamig Garden River First Nation Food House

Hours of Operation

Monday—9 am—4 pm
Tuesday—CLOSED
Wednesday—9 am—4 pm
Thursday—CLOSED
Friday—9am—4 pm

PLEASE NOTE: LUNCH CLOSURE (12-1pm)

Food bank access is limited to one visit per month



**WE WILL
BE EXTENDING OUR
AUGUST PROMOTION**



**BINGO BUDDIES WILL BE CHOSEN BY RANDOM DRAW
WHEN ONE WINS THE OTHER WILL RECEIVE SAME AMOUNT
REGULAR GAMES ONLY
12:45PM AND 10:15PM SESSIONS
FRIDAYS, SATURDAYS, AND SUNDAYS
MUST BE A MEMBER TO PARTICIPATE AND YOU MUST
HAVE YOUR CARD ON YOU**

GRFNBEE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfbingo.com or come visit us at the promotions desk. Thank you!

MINI MONSTER BINGOS

WEDNESDAY

SEPTEMBER 27TH

3/\$1000 @ 12:45PM
4/\$1000'S AT 6:30PM

GRFNBEE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfbingo.com or come visit us at the promotions desk. Thank you!

BINGO

pay as you play

**SESSION ADDED
ON MONDAY
SEPTEMBER 4TH**

**COME ON
CALLER
BINGO
★ MAKE ME ★
HOLLER**

GRFNBEE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfbingo.com or come visit us at the promotions desk. Thank you!

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BINGO Buddies	Buddies friday saturday sunday 12:45pm and 10:15pm	Autumn			1 Night Owl MATINEE, PAY AS YOU PLAY & MAIN	2 Night Owl MATINEE, PAY AS YOU PLAY & MAIN
3 NOONLINE Night Owl MATINEE, PAY AS YOU PLAY & MAIN	4 Pay as you Play added 3:15-5:15 LABOUR DAY MATINEE & MAIN	5 PAID TO SCHOOL MATINEE, PAY AS YOU PLAY & MAIN	6 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN	7 MATINEE, PAY AS YOU PLAY & MAIN	8 Night Owl MATINEE, PAY AS YOU PLAY & MAIN	9 Night Owl MATINEE, PAY AS YOU PLAY & MAIN
10 NOONLINE Night Owl MATINEE, PAY AS YOU PLAY & MAIN Double Points	11 MATINEE & MAIN	12 MATINEE, PAY AS YOU PLAY & MAIN	13 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN	14 MATINEE, PAY AS YOU PLAY & MAIN	15 Night Owl MATINEE, PAY AS YOU PLAY & MAIN	16 Night Owl MATINEE, PAY AS YOU PLAY & MAIN
17 NOONLINE Night Owl MATINEE, PAY AS YOU PLAY & MAIN	18 MATINEE & MAIN	19 MATINEE, PAY AS YOU PLAY & MAIN	20 Double Points FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN	21 MATINEE, PAY AS YOU PLAY & MAIN	22 Night Owl MATINEE, PAY AS YOU PLAY & MAIN	23 Happy Fall Night Owl MATINEE, PAY AS YOU PLAY & MAIN
24 NOONLINE Night Owl MATINEE, PAY AS YOU PLAY & MAIN	25 MATINEE & MAIN	26 MATINEE, PAY AS YOU PLAY & MAIN	27 FREE STRIP DAY 3x \$1000s 1245pm 4x \$1000s 630pm MATINEE, PAY AS YOU PLAY & MAIN	28 MATINEE, PAY AS YOU PLAY & MAIN	29 Night Owl MATINEE, PAY AS YOU PLAY & MAIN	30 Night Owl MATINEE, PAY AS YOU PLAY & MAIN

BINGO HOTLINE (705) 253-8718 PRESS #1



**GARDEN RIVER
WELLNESS CENTRE**



Monday @ Noon

(starting Sept. 11th)

Chair Yoga

Instructor: Vicki Young
@ Rec Centre Gym

EVERYONE WELCOME!!

SELENA BELLEAU 705-946-5710 EXT 267

ELDERS 65+ SEPTEMBER 2023

12 | **SOCIAL**
TUES | 12 @ COMM. CENTRE

20 | **LUNCHEON**
WED | 11:30 @ COMM. CENTRE

26 | **SOCIAL/BINGO**
TUES | 12 @ COMM. CENTRE



**GARDEN RIVER
WELLNESS CENTRE**

SELENA BELLEAU 705-946-5710 EXT 267

G'Naadmaagoom



G'NAADMAAGOOM
Garden River Child and Family Services
Building Strong Families and Communities for our Children

Presents:

Family Swim Night

EVERY SATURDAY • 5-6 PM

Starting Sept 16th, 2023 to March 30th, 2024

At the John Rhodes Community Centre

*There will be no swimming October 28th, December 23rd
& 30th, January 6th, and February 3rd*

Rules for swimming at the John Rhodes:

- *Under 7 years of age*: ✓ All children must be directly supervised by an adult, within arms reach.
✓ Limit is 2 children to 1 adult.
- *Children 7-9 years*:
✓ Children must pass facility test to swim alone. If they do not pass, they must be supervised by an adult.
✓ Limit 4 children to 1 adult.
- *Children 10 years and over*:
✓ Able to swim alone.



**For more information contact:
Melissa Grawbarger @ 705.450.5071 ext 205**

WWW.GRCFS.CA


Most programs are on Zoom. Cameras are to remain on for duration of program.

Off reserve band members are encouraged to participate!

STAFF CONTACT INFORMATION	HOW TO REGISTER FOR A PROGRAM	PROGRAM INCENTIVES/DRAWS
<p>KH - Kiana Hill – khill@grcfs.ca/705-989-8189 x222</p> <p>MP – Marie T. Pine – mtpine@grcfs.ca/705-971-7116 x214</p> <p>SN—Stevie Nolan—snolan@grcfs.ca/705-989-7770 x221</p> <p>BC – Belinda Camara – bcamara@grcfs.ca/ 705-5987-1645 x202</p> <p>KM - Kelly Musgrove – kmusgrove@grcfs.ca/705-987-1645 x206</p>	<p>Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!</p> <p>**PLEASE REGISTER ONE DAY IN ADVANCE AS SPACES ARE LIMITED**</p>	<p>PROGRAMS – Participants will receive an incentive for every program they attend.</p> <p>FAMILY FUN CHALLENGES – Each family that participates will receive an incentive.</p> <p>LEARNING ACTIVITIES (LA) – Each family that participates in the Learning Activities will receive an incentive</p>

G'NAADMAAGOOM

Garden River Child and Family Services VIRTUAL Program Calendar September 2023 Phone: (705) 450-5071

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<p>Please Note: Virtual participants will not be let in Zoom more than 5 minutes after program start time</p> <p>(LA) = Learning Activity</p>		<p>*Reminder- Early Years Drop In is open Tuesdays to Thursdays~ Please contact Kelly or Belinda for hours and information</p>		<p>1</p> <p>KH – Family Fun Challenge</p> <p>* Submissions for August 31 due by noon</p>	<p>2/3</p>
4	5	6	7	8	9/10
STAFF PLANNING/PROFESSIONAL DEVELOPMENT					
11	<p>12</p> <p>BC/KM – LA: Full/Empty Parents/Caregivers & Children 0-6</p> <p>MP – Meditation & Breathing 4:30 Youth 7-12</p>	<p>13</p> <p>MP—Valuing Time 4:30 Youth 13-24</p>	<p>14</p> <p>BC/KM– LA: Anishinaabemowing—Mitig Parents/Caregivers & Children 0-6</p>	15	16/17
18	<p>19</p> <p>BC/KM – LA: Outdoor Obstacle Course Parents/Caregivers & Children 0-6</p> <p>KH—Intergenerational Trauma 5:00</p> <p>In person *Must call to register Parents/Caregivers of Children 0-12</p> <p>MP – Bullying Awareness 4:30 Youth 7-12</p>	<p>20</p> <p>MP – Anxiety & Depression 4:30 Youth 13-24</p> <p>SN– Just Bead It 5:00 In Person *must call to register</p>	<p>21</p> <p>BC/KM– LA: Anishinaabemowin—Dagwaagin Parents/Caregivers & Children 0-6</p> <p>KH/SN – Lunch & Learn 10:00 In Person *must call to register</p>	22	23/24
25	<p>26</p> <p>BC/KM – LA: Orange Shirt Design Parents/Caregivers & Children 0-6</p> <p>KH– Blended Families 5:00</p> <p>In person *Must call to register Parents/Caregivers of Children 0-12</p> <p>MP – Creation Story 4:30 Youth 7-12</p>	<p>27</p> <p>MP – Gaslighting 4:30 Youth 13-24</p> <p>SN– Family Culture Night 5:30 Virtual</p>	<p>28</p> <p>BC/KM LA: Anishinaabemowin—Aniibiish Parents/Caregivers & Children 0-6</p> <p>KH/SN – Lunch & Learn 10:00 In Person *must call to register</p>	29	<p>30</p> <div data-bbox="1409 1717 1572 1822" style="text-align: center;">  </div> <p>Family Swim Saturday 5-6 @ John Rhodes</p>



DAN PINE HEALING
LODGE
TRADITIONAL HEALTH HEALER

GERRARD SAGASSIGE



THURSDAY & FRIDAY
SEPTEMBER 7,8 2023
WEDNESDAY & THURSDAY
SEPTEMBER 20,21 2023 BY APPOINTMENT ONLY

200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO BOOK AN APPOINTMENT:
CALL 705-946-5710 EXT. 228
OR EMAIL DPHLINFO@GRHC.CA



DAN PINE HEALING
LODGE
TRADITIONAL HEALTH HEALER

PATRICIA TOULOUSE



WEDNESDAY
SEPTEMBER 27, 2023 BY APPOINTMENT ONLY

200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO BOOK AN APPOINTMENT:
CALL 705-946-5710 EXT. 228
OR EMAIL DPHLINFO@GRHC.CA

Dan Pine Healing Lodge

MEN'S NIGHT

LEAD BY GERRARD SAGASSIGE ON SEPTEMBER 7TH
LEAD BY JACKSON ZACK-CONEYBEARE & TERRY
WILLISTON ON SEPTEMBER 21ST



Join us for an evening of Traditional men's teachings,
concluding with a warm meal.

Thursday, September, 7 & 21 2023 6:00pm to

8:00pm
SUPPER PROVIDED, PRE-REGISTER FOR MEAL

To Register: Call 705-946-5710 Ext 228
or email dphlinfo@grhc.ca



DAN PINE HEALING
LODGE
TRADITIONAL MENTAL HEALTH HEALER
**WILLARD
PINE**



BY APPOINTMENT ONLY

TUESDAY
SEPTEMBER 5, 12, 19, & 26 2023

200 ANISHNAWBE POINT RD, GARDEN RIVER, ON

TO BOOK AN APPOINTMENT:
CALL 705-946-5710 EXT. 228
OR EMAIL DPHLINFO@GRHC.CA

SEPTEMBER 2023

NOTICE: FOR ALL APPOINTMENTS & PROGRAM SIGN UPS CONTACT: Laurie Souliere at dphinfo@grhc.ca or 705-946-5710 ext. 228

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 OFFICE CLOSED: LABOUR DAY	5 WILLARD PINE – TRADITIONAL MENTAL HEALTH	6	7 GERRARD SAGASSIGE – TRADITIONAL HEALTH MEN'S NIGHT 6:00PM – 8:00PM	8 GERRARD SAGASSIGE – TRADITION- AL HEALTH	9
10	11 NANDA – GIKENDAN TRADITIONAL SKILL BUILDING 1:00PM – 3:00PM	12 WILLARD PINE – TRADITIONAL MENTAL HEALTH	13 JOURNEY OF GRIEF - (OPEN TO ALL) 5:30PM- 8:00PM	14 BFA AFTERCARE – 5:30PM-8:00PM	15	16
17	18 NANDA – GIKENDAN TRADITIONAL SKILL BUILDING (MOCCASIN MAK- ING) 5:00PM-8:00PM	19 WILLARD PINE – TRADITIONAL MENTAL HEALTH	20 GERRARD SAGASSIGE – TRADITIONAL HEALTH	21 GERRARD SAGASSIGE – TRADITIONAL HEALTH MEN'S NIGHT 6:00PM – 8:00PM	22 AUTUMN EQUINOX FEAST	23
24	25 NANDA – GIKENDAN TRADITIONAL SKILL BUILDING (MOCCASIN MAK- ING) 5:00PM-8:00PM	26 WILLARD PINE – TRADITIONAL MENTAL HEALTH	27 PATRICIA TOU- LOUSE – TRADI- TIONAL HEALTH LUNCH & LEARN 12:00PM- 1:00PM JOURNEY OF GRIEF - (OPEN TO ALL) 5:30PM-8:00PM	28 BFA AFTERCARE – 5:30PM-8:00PM	29	30 ORANGE SHIRT DAY NATIONAL RECONCILA- TION DAY

DAN PINE HEALING LODGE

The Journey of Grief

MONTHLY AFTERCARE WELLNESS CIRCLE

Open to All

Journey of Grief is now open to everyone and not just past participants.

Highlights

Nurturing Connections: Foster meaningful relationships with fellow participants who understand your journey.

Healing Hearts: Receive ongoing support and guidance as you navigate the grieving process.

Together: Share experiences, wisdom and comfort in a safe and compassionate space.

Features

Variety of Topics
Guest Speakers
Cultural Teachings
Therapeutic exercises, creative arts, mindfulness practices, and more.

200 Anishinawbe Point Rd, Garden River, ON

1705-946-5710 Ext 228

dphinfo@grhc.ca

WEDNESDAY, SEPTEMBER 13TH, 2023 5:30PM TO 8:00PM
WEDNESDAY, SEPTEMBER 27TH, 2023 5:30PM TO 8:00PM
SUPPER PROVIDED, PRE-REGISTER FOR MEAL



DAN PINE HEALING LODGE

NANDA-GIKENDAN

TRADITIONAL SKILL BUILDING



Discover Traditional skills, Share Wisdom and Connect at the Dan Pine Healing Lodge!

**LEARN NEW TRADITIONAL SKILLS
ENGAGE IN MEANINGFUL CONVERSATIONS
SHARE YOUR WISDOM**

JOIN US AT THE DAN PINE HEALING LODGE, WHERE THE SPIRIT OF LEARNING AND CONNECTION COMES ALIVE!

WHETHER YOU ARE AN EXPERT OR BEGINNER, IMMERSE YOURSELF IN HANDS-ON WORKSHOPS WHERE YOU'LL MASTER SKILLS LIKE BEADING, SEWING, WEAVING & MANY MORE!

MONDAY SEPTEMBER 11TH 2023
1PM TO 3PM

MONDAY SEPTEMBER 18TH & 25TH 2023
5PM TO 8PM
FOR MOCCASIN MAKING

200 ANISHINAWBE POINT RD, GARDEN RIVER, ON
TO SIGN UP AND FIND OUT MORE: CALL 705-946-5710 EXT. 228 OR EMAIL DPHINFO@GRHC.CA

BEAUTY FROM ASHES AFTERCARE WELLNESS CIRCLES

THIS PROGRAM IS FOR PAST PARTICIPANTS OF THE
BEAUTY FROM ASHES PROGRAM



NOW HAPPENING TWO TIMES PER MONTH
IN PERSON AT THE DAN PINE HEALING LODGE
A ZOOM LINK CAN BE PROVIDED IF NEEDED.

SEPTEMBER 14, 2023

&

SEPTEMBER 28, 2023

5:30PM - 8:00PM

200 ANISHINAWBE POINT ROAD
CONTACT (705)946-5710 EXT. 228

OR

EMAIL DPHINFO@GRHC.CA TO REGISTER

Garden River First Nation Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.



Aakdehewin
Bravery

Gwekwadziwin
Honesty

Dbaadendizin
Humility



COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"

Ph: 705-206-7525
Email: grfntrust@gmail.com

c/o 6 Shingwauk Street
Garden River, ON P6A 7B2

"1994 – 2023: Celebrating Community Engagement:
Garden River Membership Approved – Trust Funded!"

NOTICE OF VACANCIES & PRIORITY LIST -- OPEN UNTIL FILLED

1. Are you:
 - A) trustworthy and honest?
 - B) over the age of 30 years on commencement of term as Trustee?
2. Can you make:
 - C) time commitment of a minimum of 5 hours per month?
 - E) sound judgments?
3. Would you:
 - F) help others in your role as a Trustee?
 - G) maintain loyalty to the Trustees, AND higher loyalty to the Garden River Band members/beneficiaries, both present and future generations?

If you have answered YES to all of the above, you are invited to submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications*. Successful candidates who meet these qualifications may serve as a Trustee whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Send resume, cover letter to: Alanna Jones, Trust Manager
Garden River First Nation Community Trust
c/o 6 Shingwauk Street
Garden River, ON P6A 7B2
Email: grfntrust@gmail.com

***NOTES:** Meeting criteria s.6.6 of Trust Agreement; and interview process (average 50%+1 interview score); appointments to serve as Garden River Trustee are conditional upon submission:

- a. clear Criminal Reference Check
- b. clear/negative bankruptcy/credit check
- c. signed Code of Conduct
- d. three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email grfntrust@gmail.com.



Nogdawindamin’s Ganawedamin Inwewinan Anishinaabemowin Bimaadiziimagad Project

Language and cultural identity are vital in addressing overall family wellness, safety, and healing. Nogdawindamin is committed to ensuring appropriate and community-specific Anishinaabemowin and cultural resources are available and embedded in services wherever possible to support holistic wellness.

The project is a grassroots initiative and Nogdawindamin has been successful in bringing together key community individuals to form a Regional Anishinaabemowin Steering Committee. The committee works alongside Nogdawindamin project’s resource team to guide and assist each community in determining fluency and language loss levels through a language survey and needs assessment questionnaire. The links and QR Codes to the survey and questionnaire. Your participation in completing the survey and questionnaires will help the Committee and Nogdawindamin develop a language revitalization strategy and create an inventory of language resources within child welfare service delivery as well as community-based activities.

Your community Regional Anishinaabemowin Steering Committee members are Barbara Nolan and Lynne Pine and Nogdawindamin’s Anishinaabemowin Project Development Lead is Marjorie Southwind. Please reach out to your committee representatives for more information.

Miigwetch,

Marjorie Southwind
Anishnaabemowin Project Development Lead
53 Kokoko Road
Sagamok Anishnawbek First Nation
ON POP1P0
Phone (705)862-2633
Fax (705) 865 – 1340
masouthwind@nog.ca

Links:
Anishinaabemowin Survey link
[Anishinaabemowin Survey](#)
Needs Assessment Questionnaire link
[Anishinaabemowin Needs Assessment Questionnaire](#)



**GANAWEDAMIN INWEWINAN
ANISHINAABEMOWIN BIMAADIZIIMAGAD
PROJECT**

Anishinaabemowin Survey (Garden River First Nation)

Anishinaabemowin Asset Mapping and Needs Assessment (Garden River First Nation)

Please cover codes one at a time to ensure you can open the links.



Notices



SAVE THE DATE

WEDNESDAY, SEPTEMBER 20, 2023
9:30 A.M. (EST)

The Chiefs of Ontario is formally inviting all First Nations Leadership, technicians, and grassroots people to attend a demonstration on Wednesday, September 20, 2023, in Ottawa, ON, to oppose the passing of Bill C-53.

PARLIAMENT HILL

OTTAWA, ONTARIO

FOR MORE INFORMATION, PLEASE VISIT
FNRIGHTSATRISK.CA

Dial *677
or
1-888-310-1122

For non urgent matters

EVIL

IF YOU SEE IT REPORT IT

1-888-310-1122
1-800-222-TIPS(8477)

"Our communities are suffering at the hands of outsiders taking advantage of our people. We are plagued by drugs, gangs, shootings, overdoses, and violence. Let's not forget that these same people are responsible for taking away young women from our communities for human trafficking. These people prey on us because we have been silenced by our own fears. Police need actionable information.

If you see it, report it.
You will remain anonymous, but your information will not go unheard."

What is actionable information?

DO

- Call a dispatcher
- Alert Crime Stoppers
- File a police report
- Provide first hand info

DON'T

- Call the Band Office
- Tell info for a friend
- Wait too long to call
- Post on social media



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.

Miigwetch for your understanding.

October 2023 Newsletter
Submission Deadline:
Friday, September 22, 2023.

GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator
GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1
Phone: 705-946-3933 Ext 210, Fax: 705-946-0413
Email: irene.gray@gardenriver.ca Website: <https://urlis.net/xvdb0>



Colour Me!

Drop off at the GRFN
Public Library

Name

Age

Phone

Leaves Changing Colour Moon
Waabaabagaa-gizis

